



The Brahm Dutt Blue Bells Public School Bulletin

Abhivyakti

Of the Students, By the Students, For the Students

Issue-1 June-July
2025

Rhythms of Sustainability Echo Through Nrityanjali 2025!

The school hosted Nrityanjali 2025 – Rhythms of Sustainability, an inter-school dance competition that celebrated the Performing Arts with purpose. Themed around the UN Sustainable Development Goals, the event saw enthusiastic participation from 28 schools across the region. The programme began with a welcome address by the Officiating Principal Ms. Roopali Kudesia, followed by the Lighting of the Lamp and a Ganesh Vandana. A green welcome was extended to dignitaries and judges highlighting the school's commitment to eco-consciousness. Students from Classes I to XII presented thematic performances based on Sustainable Development Goals like Life Below Water, Climate Action, Life on Land, Clean Water and Sanitation, and Global Partnerships. Each dance reflected creativity, awareness, and a call to action. The Chief Guest, Dr. Saroj Suman Gulati, Director, Blue Bells Group of Schools, and Guest of Honour, Dr. Aman Bathla, the fastest piano player in the world, addressed the gathering and shared words of encouragement. A short film on Dr. Bathla's journey was also presented. Winners were felicitated during the Prize Distribution ceremony, and all participants were applauded for their efforts. The event concluded with a Vote of Thanks by Ms. Meenakshi Malhotra, Primary Wing Leader. The event concluded with a heartfelt reminder to carry forward the rhythm of sustainability in daily life.



Laurels At Recent MUNs

A team of ten students from our school participated in the DPSG MUN Conference Palam Vihar Gurugram held on 22nd and 23rd July 2025.

We are proud to announce that 4 students received Special Mentions, 1 blue-bellian received a Verbal Mention, and 1 received Best Delegate, across various committees.

Similarly, students of the showcased exceptional diplomatic acumen at CONFERENCIA 25, the third inter-school edition of the Model United Nations hosted by DAV Public School, Sector-49, Gurugram.

Yatharth Gaur of Class XB represented UNHRC and was awarded High Commendation 1 for his impactful contributions to the committee discussions. He was also felicitated with a cash prize of ₹2000/-.

Elsa and Kashvi, representing Palestine in the United Nations Security Council (UNSC), received a Verbal Mention for their commendable diplomacy and collaborative spirit.

The school congratulates these young delegates for their thoughtful representation, clarity of expression, and global perspective.



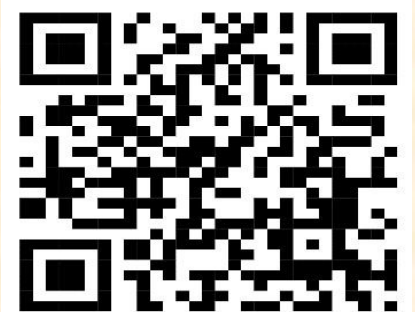
Enlightening Orientation Session Held at BDBBPS

The school hosted the Orientation Programme for the parents and students of Class XI on July 05, 2025. The event familiarised students and parents with the school's ethos, academic structure, co-scholastic offerings, and expectations for the senior secondary years. The programme commenced with a welcome address by the School Leader, Ms. Roopali Kudesia.

The session included detailed presentations on subject combinations, internal assessment structure, examination pattern, and the support systems in place to ensure a smooth transition to senior school.

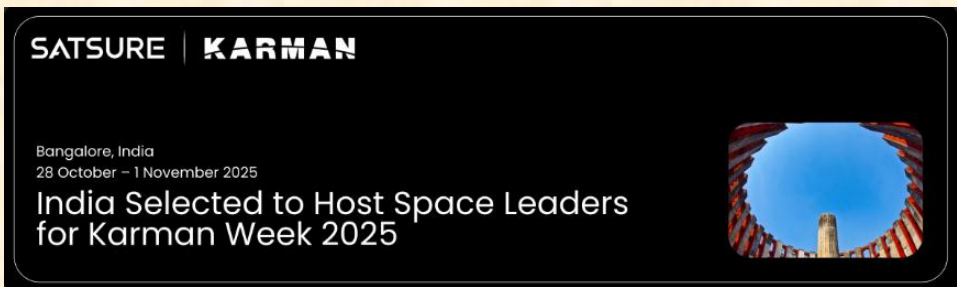
Under the inspirational leadership of Dr. Alka Saxena, Associate Director, Social & Emotional Learning, BBGS, an interactive session on the topic 'Resilience & Growth Mindset' was organised by Ms. Chetna Vashisht, Associate Psychologist from My Peegu.

The orientation successfully concluded with an interactive Q&A session, setting a positive tone for the year ahead.



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Bengaluru To Host International Space Leadership Meet Karman Week 2025 In October



This year’s selected delegation includes representatives from Axiom Space, Airbus, the Saudi Space Agency, the UK Space Agency, and the Kenya Space Agency. The Karman Week 2025, an annual gathering of 15 global space leaders, will take place in Bengaluru in October. The event, a flagship event of the Karman Project, aims to promote peace and cooperation in space. This year's delegation includes representatives from Axiom Space, Airbus, the Saudi Space Agency, the UK Space Agency, and the Kenya Space Agency. The event will be hosted by SatSure, aiming to connect global leaders with India's pioneering space technologies and mission-oriented ecosystem. India's Karman Week marks a significant milestone in 2025's outer space affairs, featuring the 100th launch from its primary spaceport, the Global Conference on Space Exploration in New Delhi, a docking maneuver between two satellites in orbit, and ISRO astronaut Shubhanshu Shukla's groundbreaking mission as the first Indian to visit the International Space Station.

Reduce Age Of Consent From 18 To 16, Supreme Court’s Order



Senior advocate Indira Jaising has urged the Supreme Court to reduce the statutory consent age from 18 to 16 years, arguing that the current law criminalizes consensual romantic relationships among adolescents and violates their constitutional rights. Jaising, a lawyer assisting the top court in the Nipun Saxena vs Union of India case, has filed written submissions challenging the criminalization of sexual activity involving adolescents aged 16-18 under the Protection of Children from Sexual Offences Act and Section 375 of IPC, arguing it violates their constitutional rights. Jaising argues that the legal framework misunderstands the distinction between consensual relationships between adolescents and abuse, ignoring their autonomy, maturity, and capacity to consent, and that not all sexual acts involve coercion. Jaising urged the top court to declare consensual sex between 16 and 18 as not a form of abuse and to exclude it from Pocso and rape laws. She also called for a review of mandatory reporting obligations under Section 19 of Pocso, which discourage adolescents from seeking safe medical care. Jaising argued that denying adolescents the ability to make informed choices about their bodies violated Articles 14, 15, 19 and 21 of the Constitution.

Voting Age To Be Lowered To 16 By Next General Election



The UK government plans to lower the voting age for 16 and 17-year-olds at the next general election, as part of a new Elections Bill. Other changes include expanding voter ID to UK-issued bank cards, transitioning to automatic voter registration, and tightening rules on political donations. The UK government plans to lower the voting age to 16 across the country, marking the largest change to the electorate since 1969. This would allow eligible voters to be directly added to the electoral register through

better data sharing between government agencies, ensuring that the minimum voting age remains at 18. This would be the largest change since the 1969 reduction. The National Union of Students has praised the government's decision to lower the voting age for 16 and 17-year-olds, calling for easy voter registration, the removal of voter ID laws, and the promotion of political literacy in schools and colleges. The exact implementation method remains unknown.

Chikungunya Returns: WHO Warns Of Global Risk From Mosquito-Borne Virus Epidemic



The World Health Organization (WHO) has issued a warning for global action to contain the resurgence of the chikungunya virus, a mosquito-borne illness that caused a major international outbreak two decades ago, with new cases reported across the Indian Ocean region, Southeast Asia, and Europe. WHO medical officer Diana Rojas Alvarez reports that 5.6 billion people in 119 countries are at risk of chikungunya infection, causing high fever, joint pain, and long-term disability, with no approved treatment and rapid mosquito transmission. Rojas Alvarez emphasized the resurgence of the 2004-2005 chikungunya epidemic, which infected nearly half a million people and spread to several continents. The current outbreak began in early 2025, with La Réunion, Mayotte, and Mauritius experiencing significant outbreaks. On La Réunion, one-third of the population has already been infected.

BDBBPS Shines at District & State Roll Ball Tournaments!

Students from Classes III-V brought glory to the School, clinching top positions in the Under-11 Roll Ball tournaments. The Boy's team won Gold at State level, while the Girls' team stood First at District!

Gulmaaira Sharda (V) was named Best Player, and Aadvik Singhal (IV C) won Best Goalkeeper at both levels. Kudos to our champs and their coach for making BBPS proud!



BDBBPS Wins Gold for Tech Excellence!

We are proud to share that the School has been honoured with the Gold Award for Outstanding Technology-Enabled School at the Education Excellence Awards 2025 by *The Economic Times*.

A proud moment under the visionary leadership of Ms. Anshuka Aneja, Deputy Director - IT, Blue Bells Group of Schools. Here's to innovation, impact, and a future-ready BBPS!



Students Learn Life Lessons Through Cinema with Sitaare Zameen Par Screening

Students of Classes VI-VIII from the school attended a screening of the film *Sitaare Zameen Par* at PVR MGF Metropolis, Gurugram. The movie's heartfelt message on acceptance, empathy, and the beauty of individuality deeply resonated with the students. The powerful storyline encouraged them to appreciate each other's uniqueness and understand that every child has their own strengths. As they left the theatre, the smiles and reflections said it all – a lesson well learned: "Every child is special in their own way."



BDBBPS Unveils New Math Lab!

The school proudly inaugurated its newly renovated Mathematics Laboratory, blending hands-on learning with tech tools like Geogebra and Geometer's Sketchpad. Inaugurated by Ms. Anshuka Aneja, Associate Director-IT, the lab fosters logic, creativity, and real-world problem-solving—making math fun, engaging, and meaningful!



BDBBPS Celebrates Van Mahotsav with Purpose

July 8, 2025, Middle Wing students, NCC Cadets, and Student Council Members of Brahm Dutt Blue Bells Public School united at Sector 10 Park, Gurugram for a Van Mahotsav Rally and Tree Plantation Drive under *Project Chayya* and the national campaign "*Ek Ped Maa Ke Naam.*"

With banners aloft and saplings in hand, our young changemakers took a green step forward – honouring Mother Earth and Mothers alike.



Crowning Glory for BDBBPS At Metamorphosis 2025

The school proudly clinched the Best Team Trophy at Metamorphosis - Health & Wellness Fiesta 2025, hosted by Blue Bells Model School on May 23.

Representing BDBBPS were Saisha Kapoor (XII C) - Health & Wellness Ambassador, Mannat Kaur (XII D) - Cultural Secretary, and Avneet Mishra (X B) - Peer Educator. The team showcased outstanding oratory and insight.

Mannat Kaur was awarded Best Speaker for her impactful stance Against the Motion on the topic:

"Is the Tobacco Industry a Net Economic Benefit or a Burden to Society?"



Cyber Hygiene Corner

Once you get the hang of cyber hygiene, it becomes part of your regular personal cybersecurity routine.

Using the right tools:

These include:

- **A network firewall** – this prevents unauthorized users from accessing your websites, mail servers, and other sources of information that can be accessed from the internet.
- **Data-wiping software** – whenever you introduce new software, add on hardware, or modify system files, there is a risk of losing personal data. Using data-wiping software enables you to clear out data you don't need and wipe it clean from the hard drive.
- **A Password Manager** – using strong, complex passwords which you change regularly is an important aspect of internet hygiene. Using a password manager can help you to keep track of multiple passwords.
- **High-quality antivirus software** – which schedules and performs automatic device scans, detects and removes malicious software, and protects you from a range of online threats and security breaches.



Tasty Phirni Advika Anand , X-C

Ingredients

- 1.Milkmaid 3 cups (150 ml)
- 2.Toned Milk 100 gms
- 3.Soaked Rice
- 4.Powdered Cardamom (Elaichi) (2-3)
- 5.Rose Water 1 tsp (5 ml)
- 6.Rose Petals (few)

Recipe

Step 1: Soak rice in water for 30 minutes to 1 hour. Drain water and grind to a fine paste.

Step 2: Add milk to the paste and heat/cook together, stirring constantly so that the mixture does not stick to the bottom. Bring to a boil and cook for another 5 to 7 minutes. Add milkmaid and remove from flame.

Step 3: Add cardamom powder and rose water. Let it cool and set it in a refrigerator.

Step 4: Serve garnished with rose petals.



Test Your Knowledge: GK Corner

- 1.What is the largest lake in the world?
A) Caspian Sea
B) Baikal
C) Lake Superior
D) Ontario
2. Which planet in the solar system is known as the “Red Planet”?
A) Venus
B) Earth
C) Mars
D) Jupiter
3. Who wrote the novel “War and Peace”?
A) Anton Chekhov
B) Fyodor Dostoevsky
C) Leo Tolstoy
D) Ivan Turgenev
4. What gas is used to extinguish fires?
A) Oxygen
B) Nitrogen
C) Carbon dioxide
D) Hydrogen
5. What animal is the national symbol of Australia?
A) Kangaroo
B) Koala
C) Emu
D) Crocodile
6. Which of the following planets is not a gas giant?
A) Mars
B) Jupiter
C) Saturn
D) Uranus

Answers

- 1.(B)
- 2.(C)
- 3.(C)
- 4.(B)
- 5.(A)
- 6.(A)

Dear Children,

I have the incredible privilege of watching you learn, grow, and discover your potential every single day. You're living in an exciting time, a world that's constantly evolving, and with that evolution comes incredible opportunities - especially for those who are prepared.

You might be wondering, "What does 'prepared' really mean?" For generations, we've focused heavily on academic knowledge, and rightly so. Understanding history, mastering math, delving into science - these are fundamental building blocks. But today, simply knowing facts isn't enough. The future belongs to those who possess skills.

Think about it: many of the jobs that will be commonplace when you enter the workforce probably don't even exist yet! What will set you apart, what will make you adaptable and successful in this dynamic landscape, are the abilities you develop beyond textbooks.

So, what kind of skills am I talking about? Critical thinking, problem-solving, creativity, communication, collaboration, adaptability, and digital literacy are just a few. The world needs people who can analyze complex situations, come up with innovative solutions, work effectively with others, and learn new things quickly.

Your time here at school is a unique opportunity to cultivate these vital skills. Every group project, every presentation, every challenge you overcome, every club you join - these are not just activities; they are skill-building exercises. Embrace them! Ask questions, seek out new experiences, and don't be afraid to step out of your comfort zone.

The knowledge you gain here is important, but the skills you develop will be your true superpowers for the future. They will empower you to not only secure a fulfilling career but also to navigate life's complexities, contribute meaningfully to society, and continuously learn and grow.

So, as you walk into the school, remember that you're not just preparing for exams; you're building the foundation for an incredible future. Invest in your skills, and you'll unlock a world of possibilities.

With great belief in your potential,

Madhu Talwar

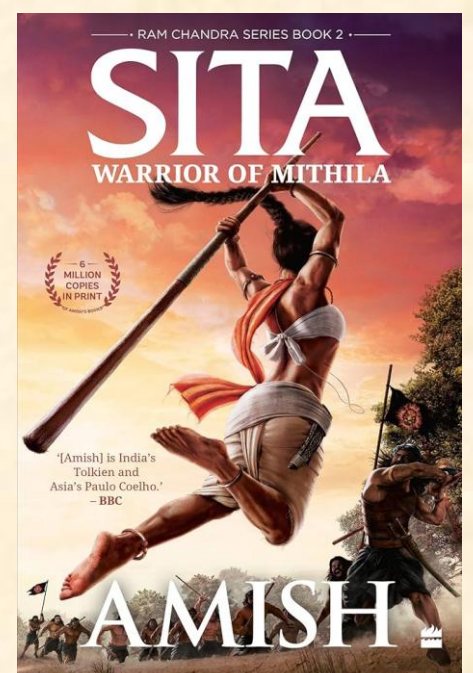
Middle Wing- Leader



Sita: Warrior of Mithila **By-Dishita Sharma, X-C**

Amish Tripathi's "Sita: Warrior of Mithila" is a bold and captivating retelling of the Ramayana, presenting Sita not as a quiet, submissive figure, but as a fearless warrior, brilliant strategist, and visionary leader. This empowering portrayal redefines how we view one of Indian mythology's most revered women.

The narrative follows Sita's remarkable journey — from being adopted by King Janak and Queen Sunaina of Mithila, to rising as the sharp-minded prime minister of the kingdom. Trained in martial arts, political strategy, and ancient wisdom, Sita grows into a symbol of strength and intellect. Her meeting with Ram, the disciplined Prince of Ayodhya, leads to a union based on mutual respect and shared ideals. Her real test, however, comes when she is kidnapped by the powerful Raavan — yet she remains unshaken in spirit. Amish's writing is vivid and engaging, blending mythology with modern values and timeless philosophy. The novel encourages readers to question stereotypes and appreciate the true strength.



Our friends mean so much to us. When we are with our friends we have a good time. When we want to share a joke it is our friends whom we choose. When we want to enjoy a holiday we do it best with our friends. When we want to unwind after a hard day's work it is with our friends.

It is a true friend who can turn a grey day into a bright and beautiful one. A real friend is like spring time. Just as spring can bring blooming flowers, singing birds and dancing butterflies, our friends can make us have broad smiles, cheerful hearts and chirpy tunes to hum.

It is love that friends share generously. And that is what enables them to also share their miseries, troubles and pains as also joys, pleasures and successes. Your true friend wants to see you happy just as you always wish your friend to be joyful. And just as you become miserable if failure or sorrow come your friend's way, your friend is left feeling terrible should trouble or misery come your way. Friendship is a bond between two hearts. Hence it stays intact; rather, it grows from strength to strength. This is what gives true friends the capacity to stay together through thick and thin with affection and with joy.

Friends treasure and cherish their relationship. For the sake of your true friend you would be willing to go not just the extra mile, but much more. True friendship is a very powerful bond. Even if frictions happen to come between you and your friend they are meaningless and have no weight, and are as transient as a whiff of air. It is the power of love that makes for a true friendship. The bond of true friendship is unbreakable. No tempest is too much for true friends.

Friends can make us chirpy when we are low and down. A true friend will do anything to make your sour face brighten up with cheer and smiles. A friend is one who will be your side when all others will part ways with you. Likewise, you will go out of your way to make your friend happy when trying times befall her or him.

When friendship is true there is no need to showcase it or parade it. True friendship is shared at heart and it is reflected even in small ways, in word and deed. With a true friend the bonding and friendship grows from strength to strength. Even skirmishes and tiffs that may crop up between friends do not jeopardize their friendship if they are true friends who love each other deeply.

Your real friend is one who may not praise you to your face, but will praise you at heart and thank God for the love and friendship she or he shares with you. Friendship between you and your true friend should be cherished and treasured. It is strong enough to last a lifetime.

A true friend is one who loves you and appreciates you as you are. There are neither any demands made of you nor any compulsions on you from your true friend. When friendship is all about love, it is a special place in your heart that you reserve for your friend, just as your friend keeps a special place for you in her/his heart.

In a true friendship there is an unsaid mutuality and reciprocity. A friend is one you can be sure of. You have the assurance of a friend's love and care at all times. And you in turn will always do anything to keep your friendship going strong.



COLOURING PAGE



Patriotism and Table Tennis: India Shines at the Asian Youth Table Tennis Championships



India’s Divyanshi Bhowmick won the gold medal in the under-15 girls’ singles category at the Asian Youth Table Tennis Championships in Tashkent, Uzbekistan. Ankur Bhattacharjee and Taneesha Kotecha won a bronze medal in the under-19 mixed doubles event as a losing semifinalist. India also picked up a bronze in the under-19 boys’ team event. The side, comprising Ankur, P. Abhinandh and Priyanuj Bhattacharyya, suffered a 3-2 defeat against South Korea in the semifinals .In under-15 boys’s team event, Indian team of Sahil Rawat, Ritvik Gupta and Aditya Das finished with a silver after a 3-0 loss to China in the final.

5th Test: Washington Sundar’s towering sixes, Mohammed Siraj’s end-of-day strike set up thrilling finale at the Oval



It would be difficult for England to wake up after this traumatic day of many frustrating moments. Night watchman Akash Deep’s cameo of 66 in the first session, thrice-dropped opener Yashasvi Jaiswal’s hundred after lunch and the perennial thorn in England’s flesh Washington Sundar four towering sixes in his 46-ball 53 to add 39 runs for the last wicket after tea. England were chasing 374 runs in the final innings of the final Test to win the series. In the first one at Leeds, they had chased down 371. The home team after a long hard day on the field looked exhausted. After India extended their second innings to 396 thanks to Washington’s late bump up, England finished the day at 50/1. Mohammed Siraj would strike on the last ball of the day, shattering Zak Crawley’s stumps with a full ball. England now need 324 runs to win this one and India need 9 wickets.

**BDBB Bulletin
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Bulletin Happen!**

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MP Slams BCCI over India-Pakistan Match

With the Asian Cricket Council announcing the schedule for the Asia Cup, including the "Blockbuster fixture" India-Pakistan match, Rajya Sabha MP Priyanka Chaturvedi has hit out at the Board of Cricket Control in India (BCCI), saying that resuming cricket ties with Islamabad at this point amounts to earning "cursed money". The Asian Cricket Council has announced that the Asia Cup will be played from September 9-28 in the UAE. India, Pakistan, Sri Lanka, Bangladesh, Afghanistan, UAE, Oman, and Hong Kong will participate in the tournament. Among the highlights, the Asian Cricket Council has mentioned an India-Pakistan clash on September 14, calling it the "blockbuster fixture" of the series. It says the two sides may potentially face off in the Super Four round and the final too."We are confident that the 2025 edition will not only set new standards for excellence but also deepen the connection between the game and millions of passionate supporters across the continent," the Asian Cricket Council has said. The announcement has come at a time when a large section of Indians are against resuming cricket ties with Pakistan in the aftermath of the Pahalgam terror attack, in which 26 innocents were murdered in cold blood by Pakistan-backed terrorists.