



The Brahm Dutt Blue Bells Public School Bulletin
abhivyaakti
 Of the Students, By the Students, For the Students

Issue-1 July, 2024

World No Tobacco Day 2024

“The groundwork for all happiness is health.” - Leigh Hunt

Every year, the 31st May is observed as World No Tobacco Day. This year’s theme is - ‘Protecting Children from Tobacco Industry Interference.’ The annual event marks an opportunity to raise awareness of the harmful and deadly effects of tobacco use. The Health & Wellness Programme, part of ADEPT-A Program for Enhancing Life Skills and powered by wellnesswise.in, has been diligently working to cultivate the right knowledge and provide a platform for advocacy on various social issues. Under the mentorship of Dr. Alka Saxena, Deputy Director (Health & Wellness), BBGS, Brahm Dutt Blue Bells Public School celebrated ‘World No Tobacco Day’ from July 2, 2024 to July 04, 2024.



Theatrix 2024
The Mega Inter-House Theatre Fest

The world of theatre is one where realities collide and worlds blend seamlessly. Amidst joyous harmony, the intricacies surrounding the dramatics of the stage are explored by an enraptured audience, and judged by critics once the red curtain falls. Accurately recreating the atmosphere of theatre, this event presents to you original scripts, that authentically convey various messages, by the enthusiastic students of the school. Through our mega theatre event, Theatrix, the students intend to showcase just that, along with other interlinked elements and provide a true slice of life experience that helps us understand the impact of theatre and its relevance in everyday life. With a total of 8 plays spanning over two days, each house has two plays, one in English and the other in Hindi. The English plays portray great theatre personalities in an autobiographical manner while the Hindi plays present mythological stories set to the modern era. The cutthroat competition is enthralling, with each team giving its all on stage. Stage fright? We don't know what that is – as fierce dedication overshadows all doubts in the minds of the performers. The audience is thrilled, captured by the intensity of the performances. Even the judges are impressed by all the efforts put into preparation, which is evident from the performances. The confidence of the participants shone through, each being a myriad of confidence and emotion portrayed beautifully. Alas! There has to be a single Winner ... hopes were high and the stakes were higher, for each team prayed for its victory. The judging process was tedious, but a conclusion was finally reached on the basis of performance, diction, delivery, dialogue and costume. As we say, “May the best man win” – the winner of THEATRIX’24 turned out to be **Best Play (English)- Louis Braille-Radha Krishnan House & Best Play (Hindi)-Ardhnareshwar- CV Raman House**. The other teams took the news like champs, showcasing their support and sportsman spirit. Individual prizes were also awarded to the participants for their exceptional performances; for some, it was their debut and for others it was just being the best at their respective roles. As always, THEATRIX’24 proved to be a great hit in the hearts and minds of the people! — **Rosenka Ghosh, XII D**



Doctor’s Day Celebration

Doctor’s Day is an important event that commemorates the sacrifices, expertise, and relentless efforts of doctors in saving lives. To recognise and honour their invaluable contribution towards the well-being of society, the Health & Wellness team of Brahm Dutt Blue Bells Public School under the inspirational leadership of Dr. Alka Saxena, Deputy Director (Health and Wellness) Blue Bells Group of Schools organized special assemblies to celebrate Doctor's Day.



Scan For Regular Updates

A Year To Chandrayaan-3 Launch: All That India's Mighty Mission Achieved

On July 14, 2023, India launched the Chandrayaan-3 mission, marking a milestone in the country's space exploration. The mission, launched by the Indian Space Research Organisation (ISRO), was a precision and innovative endeavor, establishing India as one of the elite nations capable of soft-landing on the Moon. Chandrayaan-3, a space mission, has been watched by an estimated 70 million viewers globally, inspiring a new generation of scientists and engineers. The mission has expanded our knowledge of the Moon and demonstrated India's growing capabilities in space exploration. As India celebrates this milestone, plans for future missions, including potential sample return missions and further exploration of the lunar south pole, are already underway. The Chandrayaan-3 mission has solidified India's position as a key player in the global space community, fostering international collaborations and shaping the future of space exploration. The mission validates India's scientific prowess and commitment to pushing boundaries, inspiring new discoveries in our ongoing quest to understand the cosmos.



Radico Khaitan Becomes Official Partner of India House at Paris Olympics 2024

Radico Khaitan, known for Rampur Whisky, Jaisalmer Gin, and Magic Moments Vodka, is the Official Partner for India House at



the Paris Olympics 2024. This partnership marks 100 years since India first participated in the Olympics. India House will be a home away from home for athletes and fans, celebrating India's rich heritage and culture. The collaboration with Radico Khaitan highlights India's luxury on the global stage. A spokesperson for India House said, "We are thrilled to welcome Radico Khaitan. This collaboration promises a unique and memorable experience for our visitors. India House will feature yoga sessions, cultural workshops, traditional crafts, and watch parties. Radico Khaitan believes this partnership will enhance the visitor experience, fostering community and national pride, making India House a must-visit destination during the games.

The 2024 Budget Shows India's GDP Growth Year On Year, Making It The World's Fastest-Growing Economy.



India's GDP grew 8.2% in Q4 FY24, reaching Rs 47.24 lakh crore, surpassing projections. The nominal GDP increased by 9.6%, making India the world's fifth-largest economy. Gross Value Added (GVA) grew 7.2%, driven by manufacturing and mining. Real GDP growth was 7.8%, while GVA grew by 6.3%. India now ranks fifth globally, behind the USA, China, Germany, and Japan. Ahead of the Union Budget, the Reserve Bank of India (RBI) has raised its growth forecast for FY24/25 to 7.2%, up from 7%, due to increased private consumption, strong investment, and a rebound in exports. job creation, income levels, and living standards. Policymakers use GDP to shape

economic policies and strategies for growth. India's GDP is driven by three main sectors: services, industry, and agriculture. While services contribute the most to GDP, industry and agriculture are essential for providing goods, infrastructure, and livelihoods across both urban and rural areas. The IMF and RBI have revised India's growth forecasts for FY25 and FY24/25, citing improved private consumption, strong investment, and export recovery. The IMF predicts a 7% growth rate for FY25, while the RBI's forecast is revised to 7.2%. Finance Minister Nirmala Sitharaman's Interim Budget aims for a 10.5% nominal GDP growth rate for 2024-25.

Crowdstrike And Microsoft: Insights On The Global IT Outage

A global tech failure has caused travel chaos, impacting banking and healthcare services. Flights were grounded due to the flaw, causing long queues, delays, and cancellations.



Crowdstrike, a cybersecurity firm, admitted the issue was caused by an update to its antivirus software. Microsoft is taking "mitigation action" to address the lingering impact of the outage. Crowdstrike, a leading antivirus software company, has identified and fixed a bug in a recent update that affects Windows PCs, not other operating systems. The issue is not a security incident or cyber-attack, and the fix involves deleting a single file, suggesting that a single rogue file could be the root cause of the disruption. Banks and financial services firms reported difficulties accessing their systems following an outage. Barclays customers had issues managing their accounts on the Smart Investor platform, while Allianz employees had trouble logging on to their computers. The Indian Ministry of Information Technology contacted Microsoft to resolve the issue. Each of those customers is a huge organization in itself, so the number of individual computers affected is hard to estimate.

Drone Making Workshop Enlightens Blue-Bellians

The Drone Making and Flying Summer Camp, held from June 3 to 7, 2024, provided an enriching experience for students from Classes VI-IX and IT faculty members from Blue Bells Group of Schools. Conducted by Mr. Shubham Gupta from Vigyantram under the inspirational mentorship of Madam Anshuka Aneja, Deputy Director (IT), BBGS, the camp offered innovative, experiential learning. The workshop aimed to inspire innovation in technology, enhance STEM education, and provide hands-on experience in engineering and robotics. Over the five days, participants delved into the history, components, and assembly of quadcopters, gaining practical experience in designing, assembling, and testing drones.



Special Assembly Presented By Grade V On 'Camelids'

'Let's be inspired by camels and embrace resilience and adaptability.'

The UN has designated 2024 as the International Year of Camelids, recognizing these animals as an important source of livelihood for millions of families around the world. On July 11, 2024, the students of Grade VA presented a Special Assembly on this theme. The students gave a splendid presentation on camels, often referred to as the 'ship of the desert.' Their presentation included a graceful dance depicting a camel safari, melodious songs, poem recitations, and a captivating skit titled 'How the Camel Got Its Hump.' The School Leadership Team encouraged the students to take inspiration from a camel's life and learn to embrace perseverance, kindness, and determination in their own journeys.



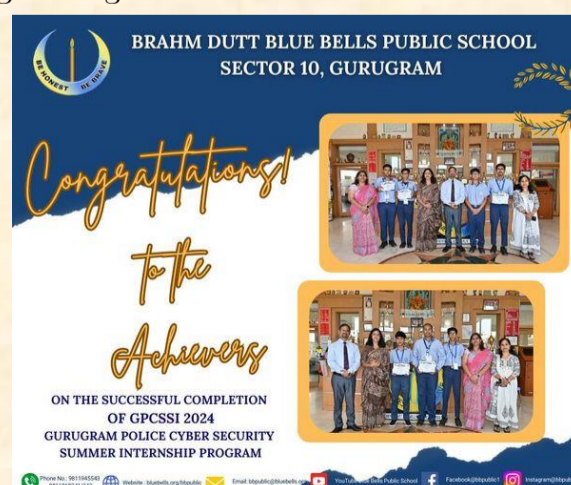
Laughter Yoga Session At BDBBPS

Laughing is a fun and effective method of enhancing your wellness as it has a wide range of benefits - from stress relief to bond-making as well as other numerous ways to benefit health-wise. In an attempt to promote holistic wellbeing through laughter, the school organized a Laughter Yoga Session under the aegis of Health and Wellness Programme on July 10, 2024 for the teachers in the senior wing of the school. This special session was curated under the motivational leadership of Dr. Alka Saxena, Deputy Director (Health & Wellness), BBGS, and aimed at bringing smiles to the faces of the faculty members.



Students Participate In Police Cyber Security Internship

Seven students from the school, participated in the Police Cyber Security Summer Internship 2024, hosted by DAV Public School, Sector-49, Gurugram, from June 3 to July 02, 2024. The event saw the attendance of approximately 1,000 interns from 13 states, aimed at enhancing their cyber security skills and preparing them for future digital challenges. For the Closing Ceremony, distinguished guests included DCP South Sri Siddhant Jain, IPS, ACP Cyber Crime Sri Priyanshu Diwan, HPS, cyber security expert Dr. Rakshit Tandon, and Rubaab Sood, Head of Government Affairs at Zupee. Dr. Rakshit Tandon, a seasoned cyber security expert, delivered an inspiring talk, sharing his extensive knowledge and experiences to motivate students to pursue careers in cyber security and contribute to making the digital world safer.



Cyber Hygiene Corner

The Hidden Dangers of Weak Passwords and How to Stay Safe .In our digital age, passwords act as the first line of defence against cyber threats. Yet, millions of people still use weak, easily guessable passwords, putting their personal and financial information at risk. Common choices like "password123" or "123456" may be easy to remember but are just as easy for hackers to crack.

The Dangers of Weak Passwords

- **Data Breaches:** Easy access to personal and financial information.
- **Identity Theft:** Cybercriminals can steal your identity and wreak havoc.
- **Widespread Impact:** A single compromised password can expose multiple accounts.

Prevention

- **Create Complex Passwords:** Use a mix of letters, numbers, and symbols.
- **Make Them Long:** Aim for at least 12 characters.
- **Use Unique Passwords:** Do not reuse passwords across different sites.
- **Employ a Password Manager:** Generate and store strong passwords securely.
- **Enable Two-Factor Authentication (2FA):** Add an extra security layer to your accounts.



Fruit Pizza Sambhavi Singh , X-C

Ingredients:

- Ingredients:
- 1 pack of mini Nestlé MILKMAID
- 1 tbsp
- Butter
- 2 (8-inch diameter)
- Pizza Base
- 3 tbsp chopped (Almonds)
- 3 tbsp chopped (Cashew nuts)
- 3 tbsp chopped (Raisins)



Procedure:

Step 1: In a pan, heat the butter and Nestlé MILKMAID together, stirring constantly. Bring it to a boil and remove from flame. Spread this mixture evenly over the pizza bases.

Step 2: Sprinkle the chopped almonds, cashews and raisins over it. Bake it in an oven at 2200C for 10 to 15 minutes or until the top becomes light brown. You can use chocolate chips and walnuts or chopped fresh fruits as toppings as well.

Step 3: Serve Hot.

Tips

Arrange the fruits in patterns like circles or rows to make them look nice.

Brush a light glaze on the fruit to add shine and keep it fresh. You can make a glaze by heating any jam with water and brushing it over the fruit.

Sprinkle a little bit of lemon juice over the fruits to prevent them from browning.

Experiment with different crusts like sugar cookie dough, graham cracker crust, or even a thin cake layer.

Chill the Fruit Pizza in the refrigerator for at least an hour before serving to blend the flavours and make slicing easier.

Test Your Knowledge: GK Corner

1. Which one of the following river flows between Vindhyan and Satpura ranges?

- A) Narmada
- B) Mahanadi
- C) Son
- D) Netravati

2. The Central Rice Research Station is situated in?

- A) Chennai
- B) Cuttack
- C) Bangalore
- D) Quilon

3. Who among the following wrote Sanskrit grammar?

- A) Kalidasa
- B) Charak
- C) Panini
- D) Aryabhata

4. Which among the following headstreams meets the Ganges in last?

- A) Alaknanda
- B) Pindar
- C) Mandakini
- D) Bhagirathi

5. The metal whose salts are sensitive to light is?

- A) Zinc
- B) Silver
- C) Copper
- D) Aluminum

Answers

- 1.(A)
- 2.(B)
- 3.(C)
- 4.(D)
- 5.(B)

"Every Sunset Gives An Opportunity To Reset! Every Sunrise Leads To A New Beginning "

Dear Students
Namaskar!

As I embark on my journey as your Vice Principal, my heart brims with excitement though I must admit, there is a touch of nervousness as well. Integrating into Blue Bells School is no small feat. This esteemed institution thrives on the rich tapestry of Indian culture and heritage. This I learnt in the last one month since I joined. Our school days begin with the serene recitation of the Gayatri Mantra and Shlokas, followed by an enriching and soul-soothing (I would rather say, soul- searching) Mindfulness session. I am gradually embracing this newfound sense of happiness and peace. In my initial days here, when I first closed my eyes during the Mindfulness session, I must confess, my mind was a whirlwind of thoughts, ready to erupt at any moment. I found myself thinking I had no time for this, as my responsibilities seemed overwhelming. However, as the sessions continued, a conflict arose within me between my restless mind and my yearning soul. Eventually, I surrendered to the tranquility that the Mindfulness session offered. Now, closing my eyes and taking a brief three-minute break everyday no longer seems like a challenging task. I now look forward to immersing myself in this emptiness; it's like recharging one's batteries, rejuvenating to work with renewed vigor. Blue Bells School has a unique culture, which is why its 44-year legacy in the education sector endures. Blue Bellians are distinctive, each in their own remarkable way. Meeting everyone with folded hands and exchanging Namaskar is a gesture I had long forgotten, but now these small acts fill me with immense joy and humility. Such is the power of Namaskar: it naturally inclines our bodies to bow, fills our hearts with gratitude, ensures our eyes make sincere contact, and calms our souls, even if only for a moment. It's praiseworthy to note how our children have embraced the culture so merrily. Of course, sometimes our senior students find it difficult to keep themselves calm and composed for those few minutes of Mindfulness session and we can't blame them as they are in the most energetic phase of life and it might be a struggle to stay still. However the astounding fact is, they all try!!!! Such is the power of our morning sessions! India's rich traditions of yoga and meditation have gained global recognition as soft power. The world acknowledges the profound impact of these practices, yet we as adults and our children of this sacred motherland, often overlook the powerful tools we possess to conquer the world. Any country with a rich culture and strong value system has weathered all storms and demonstrated a remarkable ability to rebound from adversity. Japan and Korea are prime examples of such resilience. Similarly, India has made tremendous progress since gaining independence. This is a new, unstoppable India, and so are we at Bluebells. Our children, are part of this unstoppable force. In this school , we are committed to instilling strong values in our students, ensuring that they leave a lasting impact wherever they go and in whatever they do. After all they are the leaders of tomorrow. In addition to the spiritual and cultural practices, Brahm Dutt Blue Bells School offers an environment where academic excellence and holistic development go hand in hand. Our faculty is dedicated to nurturing not just the intellect but also the character of every student. We strive to cultivate a community where respect, empathy, and kindness are paramount, and where each student feels valued and supported. As we move forward together, I am committed to upholding these values and working collaboratively with all of you to create an enriching and fulfilling educational experience. Let us embrace the journey ahead with open hearts and minds, and make the most of the opportunities that this world offers us. Always remember: A tree stands tall and strong not because of its fruits, but because of its roots!



Love and blessings!!

Roopali Kudesia

Vice Principal

Brahm Dutt Blue Bells Public School

Book Review- Don't Believe Everything You Think -Sarvathmika U.J. IX-B

Genre: Psychology, Self-Help.

Themes: Impermanence Of Thoughts

What I Love About the Book: Joseph Nguyen assures the reader that any individual can overcome the questions we have had in our entire life after reading this book.

This book offers a completely new paradigm and understanding of where our human experience comes from, allowing us to end our own suffering and create how we want to feel at any moment.

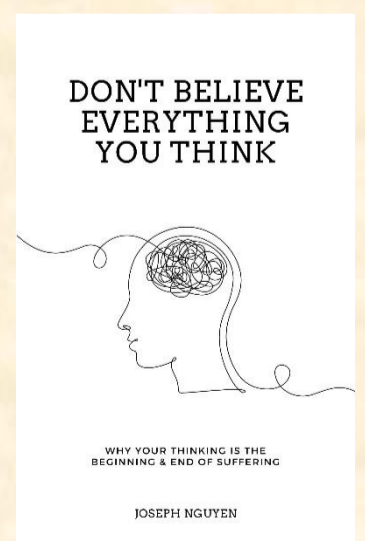
Within the pages of this book, contains timeless wisdom to empower you with the understanding of our mind's infinite potential to create any experience of life that we want no matter the external circumstances.

Beautiful Quotes from the Book:

"We cannot change what we are not aware of, and once we are aware, we cannot help but change."

"One who looks around him is intelligent, one who looks within his is wise."

"If the only thing learned was not to be afraid of their experience, that people alone would change the world."



New word – Byzantine

Meaning - Complicated and confusing

Sudoku

9	4				1		5	2
	2		3				7	
	7	8						
				1	7	9		
4			9		3			7
		1	5	2				
						4	2	
	1				5		6	
2	6		7				8	1

Because I could not Stop for Death

Because I could not Stop for Death
 Because I could not stop for Death—
 He kindly stopped for me—
 The Carriage held but just Ourselves—
 And Immortality.

We slowly drove—He knew no haste
 And I had put away
 My labor and my leisure too,
 For His Civility—

We passed the School, where Children strove
 At Recess—in the Ring—
 We passed the Fields of Gazing Grain—
 We passed the Setting Sun—

Or rather—He passed Us—
 The Dews drew quivering and Chill—
 For only Gossamer, my Gown—
 My Tippet—only Tulle—

We paused before a House that seemed
 A Swelling of the Ground—
 The Roof was scarcely visible—
 The Cornice—in the Ground—

Since then—'tis Centuries—and yet
 Feels shorter than the Day
 I first surmised the Horses' Heads
 Were toward Eternity—

- Emily Dickinson

Shall I Compare Thee To A Summer's Day?

Shall I compare thee to a summer's day?
 Thou art more lovely and more temperate:
 Rough winds do shake the darling buds of May,
 And summer's lease hath all too short a date;
 Sometime too hot the eye of heaven shines,
 And often is his gold complexion dimm'd;
 And every fair from fair sometime declines,
 By chance or nature's changing course untrimm'd;

But thy eternal summer shall not fade,
 Nor lose possession of that fair thou ow'st;
 Nor shall death brag thou wander'st in his shade,
 When in eternal lines to time thou grow'st:
 So long as men can breathe or eyes can see,
 So long lives this, and this gives life to thee . -

-William Shakespeare

Riddles

1.You're in a race and you pass the person in second place. What place are you in now?

Answer - Second place

2.How can you go 10 days without sleep?

Answer - You sleep at night.

3.You throw away my outside, eat my inside, then throw away the inside. What am I?

Answer - Corn on the cob

4.An Uber driver is going the opposite way down a one-way street. He passes five policemen along the way, none of which stops him. Why not?

Answer - Because the Uber driver was walking.

5.What has 13 hearts, but no lungs or stomach?

Answer - A deck of cards



Seasonal Puns

1.Summer is my favourite sea-sun of the year.

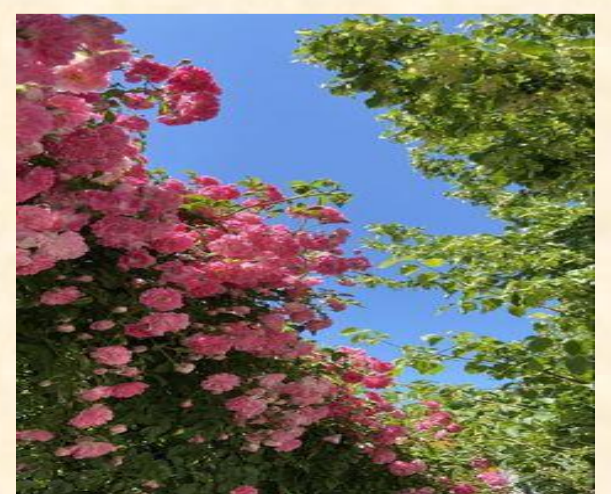
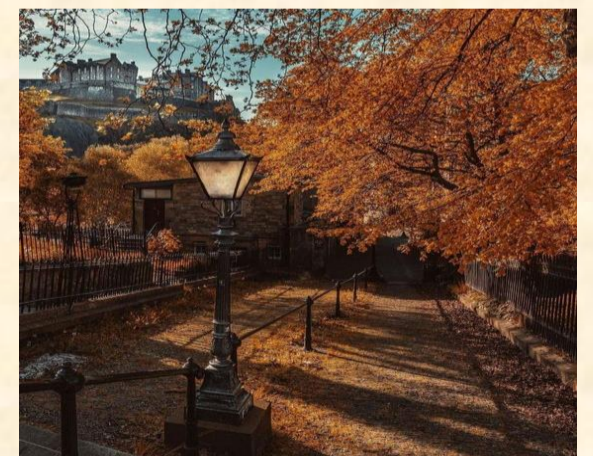
2.Fall makes me g-leaf-full!

3.What do you call a bunch of kids who spent all afternoon in the snow? - Chill-dren!

4.What do you call an emergency in the spring? - May Day.

-Kalaathmika U.J. IV-A

COLORING PAGE



Sabeera Haris Wins Bronze At ISSF Junior World Cup In Italy

Porpetto, Italy - Sabeera Haris secured a bronze medal in the women's trap event, marking India's first medal at the ISSF Junior World Cup on



Friday. Sabeera hit 29 out of 40 targets in the final round, finishing behind Italy's Sofia Gori, who claimed silver with 39 hits out of 50, and the USA's Carey Garrison, who won gold with 40 hits. Earlier, Sabeera qualified for the six-shooter final with a score of 113. In the junior women's trap, Bhavya Tripathi finished 26th with 102, and Rajkuwar Ingle placed 33rd with a score of 100. In the junior men's trap, Arya Vansh Tyagi narrowly missed the title round after a shoot-off for the last qualifying spot, finishing eighth with a total score of 119. Eduard Salichs of Spain, who won the shoot-off, eventually took bronze, while Italy's Riccardo Mirabile won gold. Fellow Indians Shardul Vihaan and Bakhtyaruddin M Malek finished 19th and 34th, with scores of 115 and 112, respectively.

Neeraj Chopra Strikes Gold In Federation Cup; VVS Laxman Poised For Team India Head Coach Role

Bhubaneswar - Olympic champion Neeraj Chopra clinched the gold medal in the men's javelin throw event at the Federation Cup. This victory marks his return to domestic competition, with his last appearance at the same event on March 17, 2021, where he secured gold with a throw of 87.80 meters. In other news, VVS Laxman is reportedly a strong contender for the role of Team India's head coach. This development comes as the team looks to fill the crucial position and bring in experienced leadership.



The Team that Made the BDBB Bulletin Happen!

Editors-in-Chief
Goohika Joshi, XII-C

Junior Editor
Avneet Mishra IX-B

Compiling and Tech Support
Banaj, XII-C
Advika Anand IX-C

Reporters
Yashvi, X-C
Harshita, X-C
Kiran, XI-A
Mannat, XI-D
Saisha, XI-C
Aaina, VII-C

Journalists
Sambhavi, X-C
Hemank, X-D
Vrinda, X-D
Sarvathmika, IX-B



Yashasvi Jaiswal Becomes Highest-Ranked Indian T20I Batter After Suryakumar Yadav; Shubman Gill Jumps 36 Places

Yashasvi Jaiswal has climbed to the position of the highest-ranked Indian batter in the ICC T20I rankings, just behind Suryakumar Yadav. Jaiswal and Shubman Gill made significant gains following their stellar performances in the recent series against Zimbabwe.

Despite an initial setback, the young Indian team, without any members from their World Cup-winning squad, bounced back to win the five-match series 4-1. Captain Shubman Gill led by example, scoring 170 runs in five matches, which propelled him up 36 places to 37th in the rankings. Gill is now the fourth-highest-ranked Indian T20I batter, overtaking Rohit Sharma and Virat Kohli.

Jaiswal, who joined the Indian squad in Harare after the first two matches, made a substantial impact by scoring 141 runs in the series. This performance elevated him to sixth place in the ICC T20I rankings, trailing only Travis Head, Suryakumar Yadav, and Ruturaj Gaikwad among Indian batters.

See You in the Next Issue!