



The Brahm Dutt Blue Bells Public School Bulletin

abhivryakti

Of the Students, By the Students, For the Students

Issue-1
November 2023

The School Makes a Mark at IT Event Organised by Modern School, Vasant Vihar

Banaj from Class XI of BDBBPS got Second Position in MOD Creations event as a part of IT competition MODEM '23 at Modern School, Vasant Vihar.

The event revolved around Video Editing, comprising of 2 rounds. First round was held online in which students had to submit 3 edited videos. After clearing the first round, the student was supposed to make a video for the 2nd round which was held in the Offline mode.



The School Organizes 'Genesis'- Health and Wellness Fiesta-An Inter School Mega Life Skills Event

The school proudly hosted 'Genesis -Health and Wellness Fiesta-An Inter School Mega Life Skills Event' on November 08, 2023, under the aegis of Adept -A Program for Enhancing Life Skills powered by wellnesswise.in . The Debate was centered on the idea that 'Mental Health is a Fundamental Human Right.' Dr. Alka Saxena, Deputy Director (Health & Wellness), BBGS, was the soul and spirit of the celebration and played a pivotal role in shaping and materializing the event concept.

An Inter-School Debate Competition for Classes IX-XII was orchestrated to commemorate the occasion. The topic for creative articulation was - "Is Talking about Mental Health a Taboo in India?" Distinguished guests from the realms of education adjudged the participants' creativity and expression. It was an outstanding opportunity for Generation Now to harness their creative abilities and showcase their remarkable expression in the battle of words. The students of renowned eighteen GPSC schools participated in the event with great spirit and fervour.

An engaging and engrossing session was organised for the accompanying teachers which began with Mindful Mandala followed by thought-provoking activities where the team connected with their feelings, their thoughts and help them to express with clarity . The hidden spark in the facilitators was invoked and they felt rejuvenated and grateful. A Creative Corner added a spice to the event where the students were thoroughly engrossed in activities related to Critical & Creative Thinking and soothing Relaxation Techniques.



The School Shines at Razzmatazz 2023

The young prodigies of the school have given us another reason to celebrate with their exceptional performance in the Inter-School Competition 'Razzmatazz 2023' organised by Seth Anandram Jaipuria School, Lucknow.

Chaitanya Bhardwaj and Rakshita Pandita of Class V bagged the coveted First Prize in the event 'Futuroez-Digital Painting'.

Bihan Chatterjee of Class V bagged the First Prize in the event PIXELPALOOZ (AUTODRAW- DIGITAL ART).

Mudita Arora of Class Nursery secured the Second Prize in the event TALENTZ (ROLE PLAY).



PEER EDUCATORS' INTRODUCTORY SESSION (2023-24)

With the aim of giving an insight into the Health & Wellness Programme, and fostering a sense of teamwork, a joint Introductory Session for newly elected Peer Educators of Blue Bells Model School and BDBBPS was organised on November 2, 2023, in the premises of the school. The session was presided over by Dr. Alka Saxena, Deputy Director, BBGS. The session was facilitated by Health & Wellness Ambassadors and Peer Mentors from both schools. These emerging leaders led various activities with their teams and shared valuable insights on different topics. Together, they guided their peers to actively participate in discussions and encouraged them to express their opinions on relevant subjects. The highlights of the session were: Team Building Activity, Roles & Responsibilities of the Peer Educators, Do's & Don'ts of Peer Educators. Dr. Alka apprised the students about the Do's and Don'ts of Peer Educators in a creative manner, providing them with valuable insights into their roles and being mindful while performing their duties. She elaborated on the responsibilities that come with the role. During the session, Ma'am not only briefed them on the key takeaways but also offered motivation for their future goals. She urged them to harness their capabilities and give their best in all their endeavours.



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Artificial Rain: IIT Kanpur's solution to Delhi air pollution

Artificial rain, also known as cloud seeding, is a weather modification technique where substances are introduced into clouds to encourage precipitation.

In order to fight Delhi's high levels of air pollution, the government is considering using cloud seeding to generate artificial rain this month. On November 8, Environment Minister Gopal Rai met with a team from IIT Kanpur to discuss the possibilities of introducing artificial rainfall in the city.

Following the discussion, Gopal Rai stated that if the sky remains cloudy on November 20-21, Delhi may see artificial rainfall.

This novel strategy tries to address the capital's worries about the Air Quality Index (AQI).

Vulnerable populations, such as children, the elderly, and people with pre-existing health concerns. According to medical experts, breathing Delhi's dirty air is equivalent to smoking 10 cigarettes a day.

The government is actively tackling this issue by enacting measures such as the odd-even vehicle plan, temporarily closing schools for in-person classes, and adhering to



Stage IV of the Graded Response Action Plan (GRAP). However, experts warn that the situation could worsen during Diwali due to the use of firecrackers.

China's Economic Pivot



Under pressure to assist the country's weak recovery, China's political leaders are gradually directing the economy in a new direction. Instead of relying on real estate and local debt to generate growth, they are investing more significantly in manufacturing and boosting central government borrowing.

Analysis: China's investment push may spur additional growth in the coming months, countering some of the housing sector's woes. More central government borrowing, however, as a



replacement for local borrowing, will do little to alleviate the long-term drag on GDP caused by debt accumulation.

Talks between the United States and China: Treasury Secretary Janet Yellen will meet with her Chinese counterpart, Vice Premier He Lifeng, in San Francisco this week. The sessions will establish the basis for President Biden's scheduled visit with Chinese President Xi Jinping.

Kanha Upvan Shines with Eco-Friendly Splendor: 50,000 Lamps Ready for Ayodhya Deepotsav

In a vibrant display of artistry and environmental consciousness, women in Lucknow adorned eco-friendly lamps at Kanha Upvan for the upcoming Ayodhya Deepotsav on November 11. With meticulous care, they added vivid hues to create a stunning visual spectacle. The effort culminated in the delivery of 50,000 lamps, contributing to a grand display of 25 lakh lamps illuminating the festive spirit of Deepavali. The celebration not only promises a bright and beautiful spectacle but also underscores the commitment to sustainable traditions in the midst of joyous festivities.



Students Participate in Climate Action Project

The students of the school participated in an international school exchange program on the topic: Potential Solutions of Climate Change.

8 schools participated in the event from different countries including Romania and Phillipines.

The students from our school talked about water conservation as one of the potential solutions for climate change. They suggested how water conservation and different techniques and ways to use water efficiently will help as a solution for tackling climate change. One of the schools from Mumbai talked about how festivals like Dussehra, Diwali and Holi have bad harmful effect on the climate and suggested ways to enjoy the festival while being eco-friendly. S.B. Patil school mentioned about the clean-up drive organized by their team wherein students went to clean certain areas. The presenters who were from Phillipines talked about how plastic pollution is affecting the climate. They also suggested less use of plastic and recycling it. Lastly, Greenfields School summarized the whole session along with adding their own value points for saving the climate.



Vaibhav Malhotra Secures Top Spot in 'Ultimate Battle' at Ignite 2023

Vaibhav Malhotra, a Grade V student, has brought glory to our school by clinching the first position in the 'Ultimate Battle' event at the Inter-School Competition 'Ignite 2023,' hosted by G D Goenka School, Rohini, Delhi. His exceptional talent was showcased in a virtual world crafted in Minecraft, skillfully intertwining the Sustainable



Development Goals (SDGs). Vaibhav's creation not only demonstrated technological prowess but also highlighted the potential of technology in addressing global challenges, marking a moment of immense pride for our school.

SIPC MACAY Organises Workshop at The School

SPIC MACAY (Society for the Promotion of Indian Classical Music And Culture Amongst Youth) is a non-political, nationwide, voluntary movement founded in 1977 by Dr. Kiran Seth with the same motive and purpose. The most accomplished artist Ms. Ragini Chandreshkhar rendered a one-hour program of Indian classical dance, Bharatnatyam, at the school. The session was attended by the students of the Middle Wing alongwith students from 5 other schools. Ms. Ragini along with her team members mesmerised the audience with her majestic performance of the famous classical dance. She also interacted with the students and gave valuable lessons and tips to them about Bhartanatyam. The students enjoyed the dance and were mesmerized to see the different hand movements and gestures used by her. She also explained to the students, the meaning of the word Bharatanatyam which consists of the first syllables of the words bha va (expression), ra ga (melody), ta la (rhythm) and natyam (dance). The programme was thoroughly enjoyed by the students and they were highly inspired by the performance.



Blue Bellians Shine at BBIMUN 2023

On October 14 and 15, 2023, students from the school took part in the MUN Conference hosted by Blue Bells Model School.

A total of 16 delegates from the school actively engaged in the BBIMUN Conference, which brought together more than 900 delegates from around the world, participating both online and offline.

Students represented their school in 18 different committees, engaging in passionate debates and discussions on pressing global issues.

Notably, three of our students received prizes for their outstanding contributions:

✨ Nandini Kaushik from Grade VIII-B Got Honourable Mention in RA&W : Agenda-Operation Pawan 1987

✨ Saksham Pandita from Grade IX-B got Honourable Mention in COP 28 Deliberation- Upon Elimination of Carbon Footprint.

✨ Hemank Yadav of Grade IX-D got Verbal Mention in Stakeholder's agenda-Discussing Jan Vishwas Bill 2022



Essence of India: A Glimpse into the Kaleidoscope of Festivals

Let us dive into the enchanting realm of Indian festivals, where traditions blend seamlessly with vibrant celebrations. From the radiant brilliance of Diwali to the lively beats of Navratri, each festival paints a unique cultural canvas. Join us on a brief journey, exploring the rhythmic dance of lights, the pulse of traditional melodies, and the profound spirituality that defines the tapestry of India's festive spirit, through sayings that are often heard in reference to these festivals.

- 1. Festival of Lights: Referring to Diwali, this saying captures the essence of the celebration, where the lighting of lamps symbolizes the triumph of good over evil and the victory of light over darkness.
- 2. Unity in Diversity: Often used to describe the festive spirit in India, this saying reflects the diverse range of festivals celebrated across the country, showcasing the unity that binds people despite cultural differences.
- 3. Harvest of Joy: Employed during festivals like Pongal or Baisakhi, this saying conveys the joy associated with harvest festivals, celebrating the abundance of crops and the gratitude for a bountiful season.
- 4. Rang Barse: Associated with Holi, this saying translates to "colors will rain." It encapsulates the vibrant and colorful nature of the festival, where people play with colored powders to welcome the arrival of spring.
- 5. Navratri Nights: Often used to describe the lively and energetic nights during the nine-day Navratri festival, filled with music, dance, and devotion as people celebrate the triumph of Goddess Durga over the buffalo demon Mahishasura.

Mysore Pak
by Yashvi Ahlawat, IX-C

Mysore pak is a ghee-based Indian sweet. It began in Mysore, one of the biggest cities in the Indian state of Karnataka. It is made with a lot of ghee, sugar, gramme flour, and sometimes cardamom. This dessert has the feel of a buttery, dense cookie.



Ingredients: -Besan (1cup or 120g) ,ghee (2 cups or 240g),sugar (2 cups or 240g),water (1 cup or 120g), cardamom powder, pistachio and almond powder (as per your preference)

Instructions-

- 1. Add sugar, cardamom powder and water in a heavy bottom pot and make sugar syrup.
- 2. When sugar is completely dissolve, add the sieved besan in small portions and keep stirring.
- 3. Heat ghee in a separate pan on low flame. (Till the end, keep ghee on low flame. Don't switch it off because the ghee needs to be warm when added to the besan.)
- 4. Grease the tin and sprinkle pistachioand almond powder at the bottom of the tin to prevent it from sticking
- 5. When besan turns slightly brown start adding 1 ladle ghee in besan and sugar syrup, and keep stirring, continue adding 1 ladle ghee time to time when it completely absorbed by besan, then again add ghee, till 1 ladle ghee left, keep stirring.After some time besan becomes light and fluffy then add rest of ghee and mix quickly with soft hands.
- 6. Shift this mixture into greased tin without pressing and after 5 minutes make cuts half way through the bottom.
- 7. When it comes on room temperature make full cuts and mould it into plate
- 8. Enjoy this soft mysore pak with your family and friends.

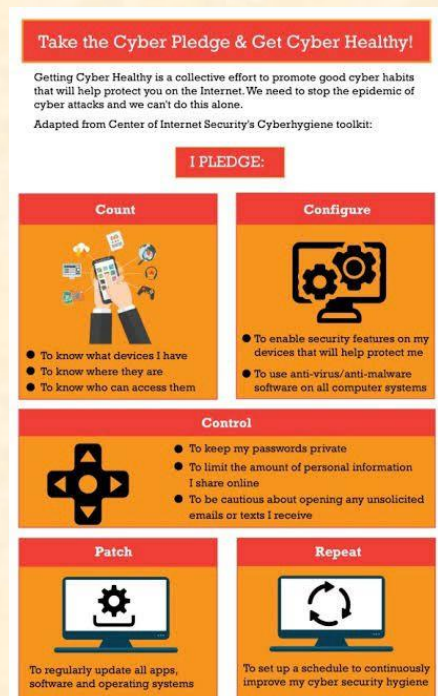
Test Your Knowledge: GK
Corner

- 1. What is the name of the first book printed with the movable type?
 - a) Gutenberg Bible
 - b) Land of Sciences
 - c) Franklin Bible
 - d) Hofmann Bible
- 2. Who is known as the 'Father of Modern Aviation'?
 - a) Nikola Tesla
 - b) Benjamin Franklin
 - c) Nicolaus Copernicus
 - d) Wright Brothers
- 3. Who discovered oxygen?
 - a) Dmitri Mendeleev
 - b) Isaac Newton
 - c) Joseph Priestley
 - d) Albert Einstein
- 4. Who was the first women to win the Nobel prize in any field ?
 - a) Elizabeth Whitney
 - b) Marie Curie
 - c) Bronislawa sklodowska
 - d) Lucy Hawking

- Answers
- 1. A)
 - 2. D)
 - 3. C)
 - 4. B)

Cyber Hygiene Corner

Today, we gather to embark on a journey towards a safer digital world. The cyber pledge is not just a commitment, but a solemn promise to protect our online spaces, our data, and our digital identities. In a world interconnected, where the internet is an integral part of our lives, it is our responsibility to ensure its security. Let us stand together and take this pledge to safeguard the digital realm for ourselves and future generations.



Ubuntu: An Ideology to Live by

Dear Readers

Have you heard the word 'Ubuntu'? It's an ancient African word that means 'humanity'. I came across this word while reading a very inspiring story. The story goes like this. Once upon a time, an anthropologist proposed a game to the African tribal children. He placed a basket of sweets near a tree and announced that whoever would reach the tree first could get all the sweets in the basket.

As soon as he raised his hand and gave the start signal, all the children held each other's hands, ran together towards the tree, divided the sweets equally among themselves, ate the sweets and enjoyed with each other.

When the anthropologist asked them why they did so, they answered 'Ubuntu'. 'Ubuntu' in their language meant 'I am because we are!' The smallest child with a very innocent smile said, 'How can one be happy when the others are sad?' The anthropologist was stunned. The simple words contained a strong message for everyone. The more you ponder over the meaning of this word, the more you can connect this word in all relations and situations.

Every act of ours affects our family, friends, and society and vice versa. So, whenever we are in trouble or we are unhappy, we should not think that we are alone. If we turn to our team or friend, a simple solution might emerge. Often, we hold others responsible for our troubles. It is important to introspect our role. It has been rightly said, "We get what we give to others". Now, let's pen down what we want for ourselves. Our actions play a great role in achieving our goals. If your goal involves other people, then you must make sure that you all are on the same page.

Remember getting that group project in Science and the magic of completing it successfully on time? Well, it was 'Ubuntu' in action! The project was a success because all the members of the group took on specific roles according to their skills, showing that 'I am successful because we are a great team.'

When you participate in class assemblies, Inter-house activities, Inter-school events and many other such events, you collaborate with other students with diverse talents to create a memorable performance.

In sports, each player's role contributes to the overall success of the team. The concept of 'I AM BECAUSE WE ARE' is evident in the teamwork required for a victory, where individual achievements contribute to the collective goal.

There are many goals that cannot be seen but can be felt. These are our value-based goals. What about starting a kindness chain where each one of us performs a small act of kindness for someone else, who then takes the act of kindness forward by doing something good for someone else? This chain would grow and demonstrate 'I experience joy because we create a culture of kindness together.'

Let's make 'I AM BECAUSE WE ARE' our vibe and build a strong community.

Ruchi Mangla, Activity Coordinator, Primary Wing



A Wrinkle in Time: Book Review by Goohika Joshi, XI-C

About the Book: A Wrinkle in Time is an interesting science-fiction novel about time and space travel. Characters, with the protagonist Meg Murray, use a 'tesseract' to move between planets and galaxies. A 'tesseract' is similar to teleportation and time travel. According to it, time can fold or wrinkle in a tesseract, bringing together two distant points in space and time. The tesseract's resemblance to a wrinkle—or fold—means characters travel through a wrinkle in time.

The interesting and quirky characters- Mrs. Who, Mrs. Which and Mrs. Whatsit make the novel a fun read. The narrative is face-paced and unpredictable. There are many meaningful lines and ideas in the novel as well.

"You're given the form, but you have to write the sonnet yourself."

This is a beautiful quote by Mrs. Whatsit from Chapter 12. It means that life has "a strict form"—certain responsibilities and a limited number of years. But within this form people can create their own lives, with endless possibilities.

Be ready to be transported to a beautiful world of imagination and fantasy when you open this book!

About the Author: Madeleine L'Engle was an American writer of fiction, non-fiction, poetry, and young adult fiction, including A Wrinkle in Time and its sequels: A Wind in the Door, A Swiftly Tilting Planet, Many Waters, and An Acceptable Time. Her works reflect both her Christian faith and her strong interest in modern science.



New Word

Merriment

Meaning

a mood characterized by high spirits and amusement and often accompanied by laughter

Joy That Festivals Bring Along

A time when all the animosity is burned,

A time when love, care and joy are earned

When the odor of new attires spread all around

Is a time we call festival without any bound.

As the bright blue sky enjoys this day,

Air with the fragrance of appetizing sweets

Worship of gods and the feeling of divine

Festive season is truly a time to sparkle and shine.

The bonding of love and care is then coped with

Friends and Family seem to be admired.

I smile as I hear the bird's beautiful song

And feel the joy that festivals bring along...

- Yashasvi Ganeshe, IX-C

The Significance of Festivals

Namaskar everyone, November has arrived, bringing with it a month of festivals that hold profound significance. The prayers conducted during this time resonate more deeply, as each festival carries unique importance in various spiritual and religious traditions.

The first in line is "Dhanteras," an auspicious day for acquiring precious metals like gold and silver, along with items symbolizing wealth. While Goddess Lakshmi is commonly worshipped, it's noteworthy that Dhanvantari is also revered on this day. Dhanvantari, emerging during Samudra Manthana, holds a pot of amrita (nectar of immortality) and the sacred text of Ayurveda. This festival spiritually emphasizes holistic health of mind and body.

Following is "Diwali," a grand celebration signifying the illumination of the soul after ensuring health. It marks the triumph of good over evil and the internal victory over darkness in life.

Next is "Govardhan Puja," commemorating Lord Krishna lifting the Govardhan Parvat, symbolizing divine protection for devoted souls.

The final celebration is "Bhai Dooj," rooted in the legend of Lord Krishna visiting his sister Subhadra after slaying the demon Narakasura. The ceremony signifies the duty of a brother to protect his sister, coupled with a sister's blessings for her brother.

-Aryan

Indian Festivities

K I J Q X S Y B J Y H P V I V B L J G G O A J M
L X C K O Q V U L K G I U M H O L I K A F P Q L
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U G N T A M I L N A D U E J Z S R S Z V D L N V

Bhai Dooj
Dhanteras
Harvest Festival
Holika
Pongal
Tamil Nadu

Bhogi Festival
Dhuleti
Hindu
Holika Dahan
Puja
Tumeric

Choti Diwali
Diwali
Holi
Mattu
Rangoli



Diwali Activities Organised for Classes VI to XII

On the occasion of Diwali, Classes VI to VIII participated in various activities and Classes IX to XII decorated their classrooms and corridors with rangolies, diyas and other decorative material. The theme for the decoration competition was **LET'S CELEBRATE AN ECO-FRIENDLY DIWALI**. The classroom soft boards looked vibrant and colourful with posters of Lord Ganesha and Mahalakshmi and various slogans. Colorful door hangings and the bandhanwars made with mango leaves made the entrances look beautiful. Students also made rangolis inside the classrooms and in the corridors.

A Classroom decoration competition was held to adjudge the creativity of the students. The Middle Wing Leader, Madam Suneeta Kaul and Primary Wing Leader, Ms. Meenakshi Malhotra were the esteemed judges for the event.

The boards outside the classrooms looked pretty with diyas, lanterns, colourful posters etc. which said "say no to crackers." The Class teachers discussed the importance of celebrating an eco-friendly Diwali with all the students. The students composed poems and sang songs to celebrate the occasion.

The entire Wing wore a festive look and imparted a feeling of joy. The Principal and the Wing Leaders congratulated all the students for their efforts.

The results of the competition are:

Class IX A - First Position

Class IX C - Second Position

Class X B- First Position

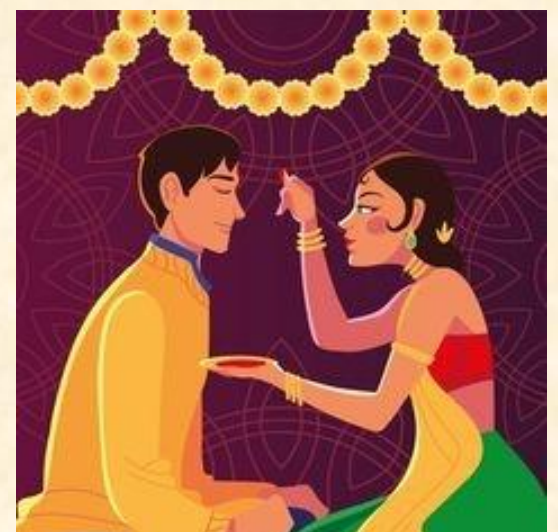
Class X C- Second Position

Class XI D- First Position

Class XI C- Second Position

Class XII B - First Position

Class XII D- Second Position



First Position In the 3-Lap Race and Second Position in the 1-Lap Race:

‘Success in sports is measured by the willingness to train, learn, and give your all.’

Reyansh Krishnater of Class IC exemplified the spirit of sportsmanship as he clinched the coveted First Position In the 3-Lap Race and Second Position in the 1-Lap Race in the Roller-Skating Competition. The event was organised by District Roller Skating Association under the aegis of the Roller-Skating Federation of Gurugram, an esteemed organisation run by the Indian Olympic Committee. The fierce competition witnessed participation from over 500 enthusiastic young skaters in the age group of 5-7 years. Congratulations, Reyansh for the extraordinary achievements in the world of speed skating!



India Enters Finals of WC 2023:

India's stellar performance in the Cricket World Cup 2023 remains unparalleled, securing victories in all ten matches. The recent triumph over New Zealand solidifies their spot in the finals. Remarkable displays from both bowlers and batsmen underscore their dominance. The school extends heartfelt best wishes to the team for their upcoming matches, confident that their exceptional form will continue to shine on the path to potential glory.



The Team that Made the BDBB Bulletin Happen!

Founding Members and Editors-in-Chief

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Jeshna Raja Benhar, XII-B

Compiling and Tech Support
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Sambhavi, IX-C

Hemank, IX-C

Atulya, XI-A



Dhiraj wins India's first archery quota for Paris Olympics

Dhiraj Bommadevara has done it, opening India's Paris Olympic quota account in archery! He had reached the quarterfinal of the Asian Olympic Qualifier Tournament. Today, he has reached the final and sealed a Paris 2024 spot for India. Dhiraj, who had qualified as the top seed, beat Iran's Mohammadhossein Golshani Asl 6-0 (30-27, 29-25, 29-27) in the semifinals. In the gold medal match, he will take on Chinese Taipei's Zih-Siang Lin.

However, it was the end of the road for Tarundeep Rai and Ankita Bhakat, the other two Indian archers in the fray by reaching quarters. Rai lost 0-6 to Dhiraj's final opponent while Ankita also went down in the quarters.



Road to Nationals: The School's Volleyball Team Advances to Kasauli After Thrilling Showdown

At the CBSE Volleyball Cluster hosted at Shri Ram Academy in Bohra Kalan, the U-19 girls' team from the school showcased remarkable skill and determination. In a thrilling finals match against Vidya Devi Jindal, Hisar, the 12-member team displayed intense competition, ultimately securing a well-deserved second position. This accomplishment has earned them a coveted spot in the upcoming Nationals CBSE Cluster, scheduled to take place next month in the picturesque setting of Kasauli. The anticipation is high as these young athletes prepare to represent their school on a national platform. 🏆🏅

See You in the Next Issue!