



# The Brahm Dutt Blue Bells Public School Bulletin

## abhivyakti

Of the Students, By the Students, For the Students

Issue-1  
July 2023

### BDBBPS Empowers Student Leaders:

Announcement of Prefectorial Board and Peer Mentor

Discipline is the epicenter of success in school and in addition to the Student Council, the Prefectorial Board has a crucial role to play in maintaining it. The Senior Wing of the school announced the Cyber Safety Ambassador, House-wise Vice-captains and Prefects along with the Peer Mentor for the session 2023-24. They received their badges from the Leadership Team. The proud Student Leaders pledged to put their best foot forward and fulfil all their duties diligently.



### A Grand Inauguration Marks the Beginning of a Promising Journey for 'Abhivyakti'



The first edition of the school news bulletin- 'Abhivyakti' was launched on May 27, 2023, with much enthusiasm. Dr. Rakshit Tandon, Cyber Security Evangelist, respected Principal, Dr. Trilok Singh Bist and the other members of the Leadership Team inaugurated the News Bulletin and congratulated the students for their stupendous effort. Dr. Tandon called it a marvelous initiative and wished good luck to the students. He also encouraged them to include content on cyber hygiene. The News Bulletin received a very positive response from the readers. The team behind 'Abhivyakti' was grateful for the overwhelming support it received and promised to take it to greater heights.

### Blue Bellians Shine at International Gen Z Conference



Blue Bellians, Goohika Joshi (XI C), Kiran Bisht (X A), and Chirag Yadav (X A) showcased their speaking prowess at the International Gen Z Conference – 'Quality Education for All! Campaign against Forced Child Labour', organized by 21st Digi Skills. They voiced concerns about the global issue and stressed the importance of quality education for all. Their well-researched presentations earned them the titles of 'Ambassador' and 'Keynote Speaker-India'. The conference emphasized collaboration, policy measures, and supply chain responsibility to eradicate forced child labour. Education and social protection were highlighted as vital tools. The students' performances were praised, and the conference closed with a plea to prioritize children's rights and eliminate forced child labour. It was an enriching experience for the scholars, equipping them with valuable insights.

### Orientation Session Sets Stage for BDBBPS MUN 2023

An Orientation Session was organised in the school for the upcoming event- BDBBPS MUN 2023- being organised by the school on August 26 and 27, 2023. The school MUN Team comprising of seasoned MUNers briefed the scholars of Grades VII to XI on the agenda of the MUN, procedure to be followed, research for MUN and finally, drafting a resolution. They were apprised about how they can share their insights on the global stage, seek solutions and vehemently voice these solutions in a public discussion. The session received an overwhelming response from the students and highlighted the vision of the school to churn out the leaders of tomorrow with confidence, intellectualism, and an unquenchable quest for knowledge.



**Scan for  
the Digital  
Edition!**

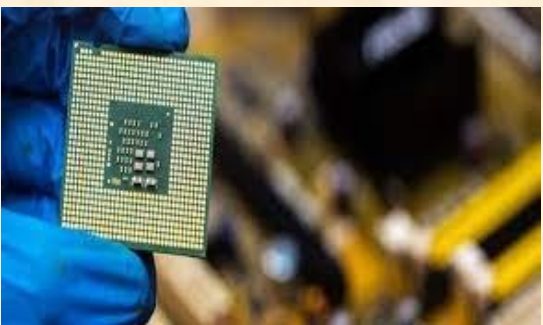


# India Breaks Ground in Tech Race: First Domestic Microchips Expected by 2024

According to Ashwini Vaishnaw, India's Minister of Electronics and Information Technology, the country will begin building its first semiconductor assembly factory next month with the goal of producing its first domestic microchips by late 2024.

"First Made-in India chip from Micron is expected to come out in about six quarters from now," Vaishnaw said. American chip maker Micron Technology announced on June 22 that it would invest up to \$825 million in a new chip assembly and test facility in Gujarat.

It will be the company's first factory in the country. Vaishnaw stated that the India Semiconductor Mission, established by the Government of Prime Minister Narendra Modi, is gaining support from numerous partners throughout the supply chain, including suppliers of chemicals, gas, and manufacturing equipment as well as organizations



interested in establishing silicon wafer fabrication facilities. The facility will be operational by December 2024, according to an aggressive 18-month deadline set by the minister, who described the initiative as a new industry for India.

## Embracing our Culture, Heritage and Roots



On the occasion of Guru Purnima, around 10,000 people gathered in Texas, USA, for a collective recitation of the Bhagavad Gita. This grand event, called the Bhagavad Gita Parayan Yagya, was organized by Yoga Sangeeta Trust America and SGS Geeta Foundation. Led by spiritual Guru

Pujya Ganpati Sachidanand, people of all ages participated in this remarkable event. Guru Purnima is a religious festival celebrated to express gratitude towards spiritual and academic mentors. It is observed in various regions of India, Nepal, and Bhutan by followers of Hinduism, Jainism and Buddhism.

## Government Launches Coin to Celebrate International Year of Millets 2023

In a nod to Millet Year 2023, the Indian Government has released a special ₹75 commemorative coin. Designed as a collectible item rather than legal tender, the coin is made from 50% silver, weighing 17g. The obverse side showcases Millet Year 2023, symbolizing its agricultural significance. With limited availability and a price of ₹3500, the coin has captured the attention of numismatists and collectors alike.



## Supreme Court goes paperless provides free Wi-Fi to advocates, litigants

The courtrooms in the Supreme Court are now equipped with massive electronic screens and gadgets, facilitating paperless arguments and electronic reference of voluminous cases. The Chief Justice also announced plans to make courts 1-5 Wi-Fi-enabled, along with Bar Rooms and court corridors. This ameliorates the aim to enhance the use of technology in judicial proceedings.

## Chandryaan 3: A Majestic Launch!

The Indian Space Research Organisation launched its



Third Lunar Mission - Chandryaan 3 on-board the heavylift LVM3-M4 rocket in Sriharikota on July 14, 2023. The Vikram Lander of the mission is planned to soft land on the surface of the South Pole region of the Moon. The Chandryaan-3, India's Third Lunar Mission, consists of an indigenous Lander Module (LM), Propulsion Module (PM), and a Rover with the objective of developing and demonstrating new technologies required for inter-planetary missions. Ritu Karidhal, who has been a part of ISRO since 1997, is helming the Chandryaan 3 Mission.



## Creating a Brighter Tomorrow

“Earth is a masterpiece of nature. Preserving its beauty is worth every effort to make the future generations enjoy it too.” Mother Earth, our planet, provides us with the air we breathe, the water we drink, and the resources we need to survive. We need to recognise her invaluable contributions and take responsibility for her well-being. We must adopt and adapt sustainable practices that minimize harm to the environment like conserving energy, reducing waste, and making conscious choices to protect our natural resources. By embracing renewable energy sources, practicing responsible consumption, and promoting recycling and reusing, we can contribute to the preservation of our planet's delicate balance. Promoting biodiversity and protecting ecosystems is pivotal. It means advocating for the conservation of endangered species and their habitats. By planting trees, supporting reforestation efforts, and preserving natural landscapes, we can help maintain the intricate web of life on Earth. As educators, we need to cultivate a deep connection with nature. Spending time in the great outdoors, appreciating the beauty of forests, mountains, oceans, and rivers, fosters a sense of awe and respect for the natural world. It reminds us of our interconnectedness with all living beings and inspires a sense of stewardship towards the planet. A lifelong commitment requires a shift in mindset and the recognition that our actions have consequences. By collectively valuing and protecting our planet, we can ensure a harmonious coexistence with nature for current and future generations. Let us celebrate and honour Mother Earth every day, for she is our home, our provider, and our greatest gift.

-Ms. Suneeta Kaul, Middle Wing Incharge



## Honouring Our Gurus: Celebrating Guru Purnima

A Special Assembly was conducted by the students of Grade I A on July 03, 2023 to celebrate the pious occasion of Guru Purnima with great reverence, enthusiasm, and devotion. The presentation started with the lighting of the lamp and extending a floral tribute to Goddess Saraswati. Thereafter, the students shared a powerful thought acknowledging their teachers as the guiding lights. To know more, click [here](#).



## Shivam Saxena Visits his Alma Mater with Pride

Mr Shivam Saxena, an alumnus from the batch of 2009 visited the school and interacted with the students of Grades IX and XI regarding his experiences and success at various levels, first as a student leader and then as an engineer at work. He gave the students advice from his own journey as a student, telling them to participate in sports and co-curricular activities, manage their time well and stay active. The students soaked in all the advice, and eagerly asked him questions. Overall, it was a wonderful session which the students found helpful and inspiring. For the complete report, click [here](#).



## Inspiring Environmental Awareness through a Special Assembly



The students of the school organised a Special Assembly on July 04, 2023 to mark and celebrate World Environment Day. Along with the regular features of the assembly, the students staged an entertaining and informative Talk Show on the need for and importance of taking care of our environment. Through this subtly and intricately crafted Talk Show, they could clearly bring home the point that each and every human being is responsible for ensuring a cleaner and greener environment.

For more information, click [here](#).



## DOCTOR'S DAY CELEBRATION

Doctors Day is a significant occasion that holds deep meaning as it serves to recognize the unwavering efforts and sacrifices made by doctors. The Health & Wellness Programme at the school, under the guidance of Dr. Alka Saxena, Deputy Director (Health and Wellness), BBGS, curated a special assembly to pay tribute to our doctors. Special assemblies were conducted on July 04, 2023, for Primary Wing and July 06, 2023, for the Pre-Primary & Middle Wing respectively. The Special Assemblies were hosted by Chahak Makkar, Primary Wing - Junior Health & Wellness Ambassador & Tiya Sharma, Junior Head Girl along with students of Grades I & II & Grades III to V respectively. Goohika Joshi, Peer Mentor along with the students of Grade VI A conducted the Middle Wing Assembly. The school Medical Team, Dr. Rita & Dr. Sanjay Bhat, the school doctors, accompanied by the school nurse Ms. Anamma, added value to the celebration by delivering an informative presentation on basic First Aid & Monsoon Tips. To express their love & affection, the students showcased their creativity by presenting Dr. Rita, Dr. Bhat, & the school nurses with handmade cards.



### BDBBPS Organises a Plantation Drive

A Plantation Drive was organized by the school, as part of its commitment to environmental conservation and sustainability.

The aim of the drive was to create awareness among the students about the importance of planting trees, promoting a greener environment, and mitigating the effects of climate change. The students enthusiastically participated in the drive and planted saplings in the school campus. The tempo was kept high by narration of self-composed poems by students. They also participated in poster making and slogan writing activities on the importance and need of trees. The scholars were enthusiastic and committed to the purpose.

The Principal, Dr. Trilok Singh Bist along with Wing Leaders also participated in the Drive and appreciated students' efforts.



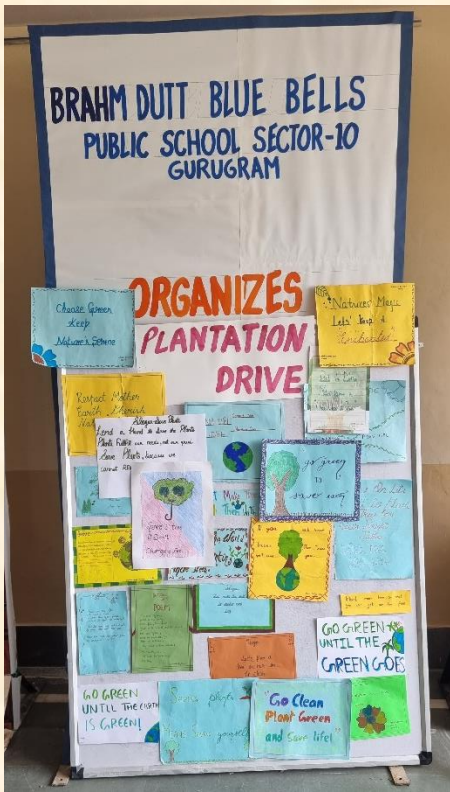
Small Steps,  
a Huge Impact!



Protect,  
Preserve,  
& Prosper



Make everyday  
World Environment  
Day



### Quiz Time: Test Your Knowledge!

Q1. Who coined the word ‘ecology’?

- A. Ernst Haeckel
- B. Charles Darwin
- C. Gregory Mendel
- D. Robert Brown

Q2. What are terricolous animals?

- A. Animals that live in a particular territory
- B. Animals that live on high mountains
- C. Animals that live in the soil
- D. Animals that live in water

Q3. The injection of fertilizers, soil amendments, and other water-soluble products into an irrigation system is termed as:

- A. Fertilization
- B. Fertigation
- C. Drip irrigation
- D. Foliar feeding

Q4. The head quarters of UNEP are at

- A. New York
- B. Geneva
- C. Sockholm
- D. Nairobi

Q5. The sangai is an endemic, rare and endangered subspecies of brow-antlered deer. In which state it is found?

- A. Gujarat
- B.Sikkim
- C.Manipur
- D.Meghalaya

- 5. c) Meehalaya
- 4. d) Natrobi
- 3. b) Fertigation
- live in the soil
- 2. c) Animals that
- 1. a) Ernst Haeckel

Answers

### Book Review: Jonathon Livingston Seagull by Richard Bach

Jonathon Livingston Seagull by Richard Bach is a story for people who follow their hearts and make their own rules. **About the Book:** Jonathon Livingston Seagull, the protagonist, is different from the other birds in his Flock. They only know the ‘simplest facts of flight’ and fly to get from one place to another. Jonathon, however, loves to fly and perform acrobats. He is passionate about the art and the science of flying. The book, through the beautiful metaphors of flight and seagulls, tells us that those who dare to be different and follow their heart often have to face challenges. But those who are not deterred by them can achieve their true purpose. It gives you the feeling of being limitless and inspires you to stand out and become who you want to be, regardless of others. This book is a compelling read and leaves the reader with an unforgettable message- “You have the freedom to be yourself, your true self, here and now, and nothing can stand in your way”. **About the Author:** Richard David Bach (born June 23, 1936) is an American writer widely known as the author of some of the 1970s' biggest sellers. Bach has written numerous works of fiction, and also non-fiction flight-related titles. Most of Bach's books have been semi-autobiographical, using actual or fictionalized events from his life to illustrate his philosophy.

By Goohika Joshi, XI-C





Cyber Hygiene Corner

Welcome to our Cyber Hygiene Corner, where we delve into the world of digital safety and provide valuable insights to help you navigate the ever-evolving landscape of cybersecurity. In this column, we will explore practical tips, best practices, and expert advice to ensure your online presence remains secure and your digital life is protected. Here are some essential practices to safeguard your digital life:

1. Strong Passwords:

Create unique and complex passwords with a combination of letters, numbers, and special characters. Avoid common or easily guessable phrases. Consider using a reliable password manager to securely store and manage your passwords.

2. Two-Factor Authentication (2FA):

Enable 2FA whenever possible to add an extra layer of security to your online accounts. It requires a secondary verification step, such as a unique code sent to your phone, making it harder for unauthorized individuals to access your accounts.

We hope you found this information beneficial and look forward to bringing you more valuable insights and practical guidance in our future editions. Stay vigilant, stay informed, and stay secure in your digital endeavors.

“Harness technology for your benefit, don't let it harness you”: A Special Interview with Dr Rakshit Tandon, Cyber Security Evangelist

Q. Sir, what are some common mistakes children make online?

Mr. Tandon: Children often consume age-inappropriate content. They trust links and online friends very easily. Excessive screen time also leads to behaviour changes like addiction to screens.

To prevent such mistakes, I always tell children to STP- Stop, Think, Post to be safe online.

Q. You talked about addiction, sir. How can we help children overcome the same?

Mr. Tandon: Introduce kids to coding. It enables them to use their devices, but for a productive purpose. It also helps develop their Mathematical and logical skills.

Q. What is the role of Artificial Intelligence (AI) in both defending against cyber threats and aiding cybercriminal activities?

Mr. Tandon: There are many instances of AI being used to carry out elaborate crimes. One can use hacking as a service, or deep fake technology, which are both very dangerous. However, AI can be programmed to block certain transactions and prevent attacks, too. It all depends on how one chooses to use the tools provided to them.

Q. As you know, sir, Chat GPT is gaining popularity fast among the younger generation. Is this a good or a bad thing in your opinion?

Mr. Tandon: It's both. We can definitely use Chat GPT, but don't let it kill human interaction. We should not let the skill of creative thinking die. As I always say, harness technology for your benefit, don't let it harness you!

Principal’s Corner



EQ, SQ and AQ, and How they Assist in the IQ

In the educational scenario, an individual’s intelligence or academic abilities are measured with a good IQ. Over the last few decades, however, researchers have identified alternative ways to measure intelligence that not only focuses on academic abilities but also on four types of Intelligence.

Intelligence Quotient measures the level of comprehension. The Emotional Quotient helps one maintain peace with others and oneself. Social Quotient builds a network of friends and maintains it over a long period of time. Adversity Quotient is the ability to go through a rough patch in life and deal with it effectively. Every child is blessed with a blend of eight multiple intelligences which shape their personalities and defines their unique learning needs. What is pivotal in school is that a child builds on educational foundations that will serve them in their future or life ahead. A special emphasis has to be laid on developing self-awareness, self-control and coping mechanisms. Thus, we need the right amalgamation of EQ, SQ and AQ to improve the IQ. We need to help our students to recognise their strengths, like curiosity, persistence, and collaboration, and understand and manage their emotions. The students should be inclined towards Sports, Performing and Visual Arts. This will develop their IQ, as well as their EQ, SQ and AQ.

We need not prepare the road for our children but prepare them for the road. Our aim is to help the child realize his innate potential and reach the epitome of glory in the truest sense. We plan today so that our children can have a bright future; as success is only when your ‘SIGNATURE’ changes to ‘AUTOGRAPH’!

- Dr Trilok Singh Bist, Principal, BDBBPS

Recipe for Delicious Ragi (Finger Millet) Pancakes

Ingredients:  
1 cup ragi flour  
1/4 cup rice flour  
1/4 cup curd (yogurt)  
Chopped onions,  
grated carrots,  
coriander leaves (to taste)  
1 green chili (optional)  
1/2 tsp cumin seeds  
Salt to taste  
Water, as needed  
Oil for cooking  
Instructions:

1. Mix ragi flour, rice flour, curd, onions, carrots, coriander leaves, green chili, cumin seeds, and salt in a bowl.
2. Add water gradually to make a pourable batter.
3. Heat a non-stick skillet, pour batter to form pancakes.
4. Cook until golden brown on both sides.
5. Serve hot with chutney of choice. Enjoy your ragi pancakes!



-- Tanmay Joshi, IX-A



# Creative Corner - Honouring Mother Earth

Issue-1 July,2023

The BDBB Bulletin

## Do You Know about Greenpeace? by Yuvakshi Malhotra, X-B

Greenpeace, a global network of independent campaigning organizations, is dedicated to protecting the environment and promoting a green and peaceful future. With a slogan of "Let's dream together, plan together, and act together," Greenpeace India has actively protested against thermal power, nuclear power, coal, and aluminum mining across the country. They have also promoted solar energy equipment, particularly from the US-based Zemlin Surface Optical Corporation, in Bihar.

Greenpeace continues to advocate for various causes, including protecting oceans, ancient forests, phasing out fossil fuels, eliminating toxic chemicals, preventing the release of genetically modified organisms, and addressing the nuclear threat. Greenpeace is involved in issues including protecting oceans and ancient forests, phasing out fossil fuels and promoting renewable energy in order to stop climate change.

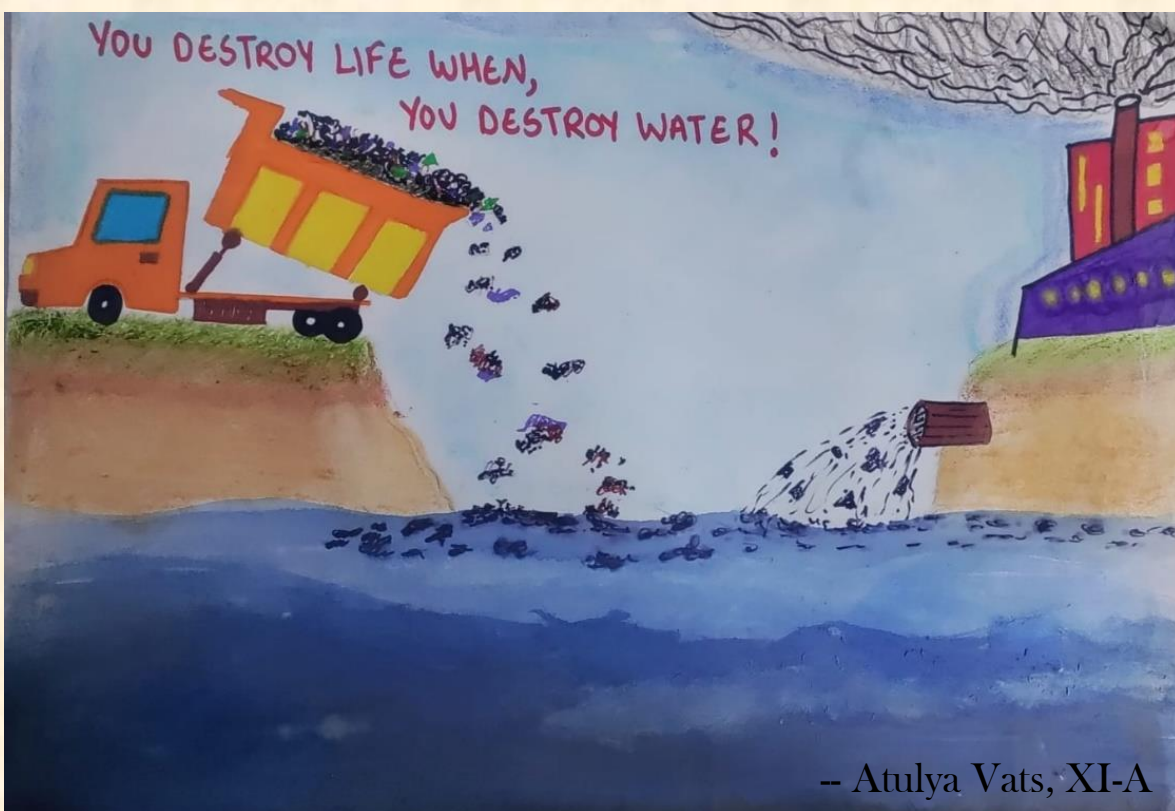
## Plight to Fortuity:

In a world once pure and bright,  
Now shadows cast, a fading light.  
Pollution's grip, a daunting plight,  
Nature's cry, lost in the fight.  
Plastic seas and poisoned air,  
Life's balance teetering, unfair.  
Let's join hands, with love and care,  
Heal the Earth, for all to share.

~Hemank Yadav IX D

## Oh, Mother Earth!

Oh, Mother Earth, you are the home to all living beauties,  
And even more beautiful than all the galaxies.  
For us you have food, water, air, care, everything handy,  
But you never asked us, even for a single candy!  
I know you wanted your children to be humble,  
kind and never be mean,  
And wished for a little thing; to keep this land, green and clean.  
We never asked but you always gave,  
I wonder how beautiful you would be if humans were the same.  
Whether it is lake or ocean, rainbow or mountains,  
animals or birds  
Dear Earth you are a miracle, always above these words.  
Oh, Mother Earth, you are the home to all the living beauties,  
Like this only; always protect and care for your babies..- Sambhavi Singh, IX-C



## Joke:

We all have to do our part for the environment. And there are many different ways one can save energy. I normally use the couch.

## New words:

Word - Zephyr

Meaning - A calm, gentle breeze

Plants and trees,  
flowers and bees  
What wonders nature has for us in store  
What magnificent stories, what interesting lore!  
Oh, nature, how you bless us everyday  
Give us happiness, greenery and sunrays!

-Tanmay Joshi, IX-A



-- Bihan Chatterjee, V-B



## No Pollution – The Only Solution

Pollution, in general, is the presence of toxins mixed in the environment, which equally affects the health of plants, animals, and humans. It can be created by human activities, such as trash or smoke produced by factories. All living things, from single-celled microbes to blue whales, depend on Earth's supply of air and water. So why don't we think even for a second before polluting our environment? Pollution is a global problem, although most of it is caused in urban areas. Have you ever wondered why? People residing in urban areas consider themselves "modern." They know very well how their actions can harm the environment, yet they continue to prioritize their own modern lifestyle without considering the consequences for our Mother Earth. If this problem continues to grow like this, the end of the world may come sooner than we think. The Sustainable Development Goals (SDGs) provide a blueprint to achieve a better and sustainable future for all. SDG 7 focuses on affordable and clean energy, which is not easily achievable in today's world. Similarly, SDGs 12, 13, 14, and 15 address responsible Consumption and Production, Climate Action Projects, Life Below Water, and Life On Land, respectively. It's really high time now. Each one of us should take the pledge to make this world a better place.

- Yashasvi Ganeshe, IX-C

## CROSSWORD PUZZLE

F Y P T E G N T C K H L G N U O A I Y H R G I O  
O A G R I C U L T U R E M K M W W I K T D T L B  
O O W F E X N F Q W P S O A Q P D N B C H H E I  
D K Q W A R N Y W H G F N L X D H A B I T A T D  
P S P D I P T T V D I B O A T M O S P H E R E V  
R P O B V U B K P X C W C Y W Y D Z M Q J P L V  
O F L E B I P M S N U I U K M R V N B I A O M O  
D P L N L G C I P Y X E L L K E W M Z F T Z F O  
U K U D O A G H E U U N T K I C V E G Z E O P H  
C J T A Y S Q U C W M L U I X Y G N R Z V T S A  
T H I N J G J H I W E X R Q J C X V E F A Z I D  
I P O G M M N J E J U W E U K L G I E A H B O E  
O M N E M L Y X S L P E S Z S I D R N P M N R S  
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H Q V E L I W J S K O Z E A D G A N O U Z O V R  
K A U D B F E T C Y E M Q R Z D U M U O P G U U  
U X Z L S L T R I F G L Y D A F N E S O E D O C  
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J S K T T R H K D L V C D C P X U K F A F U W O  
G L O B A L W A R M I N G P M D W Q F C Z E E N  
J P C C H H D F E C O S Y S T E M E E Z B I H A  
P D Y G R E E N H O U S E G A S E S C F I Y I B  
S Y W H D E F O R E S T A T I O N J T V M B K J

Atmosphere	Carbon dioxide	Global warming
Environment	Ecosystem	Agriculture
Destruction	Endangered	Recycling
Species	Habitat	food production
Greenhouse gases	Conservation	Greenhouse effect
Deforestation	Pollution	Monocultures



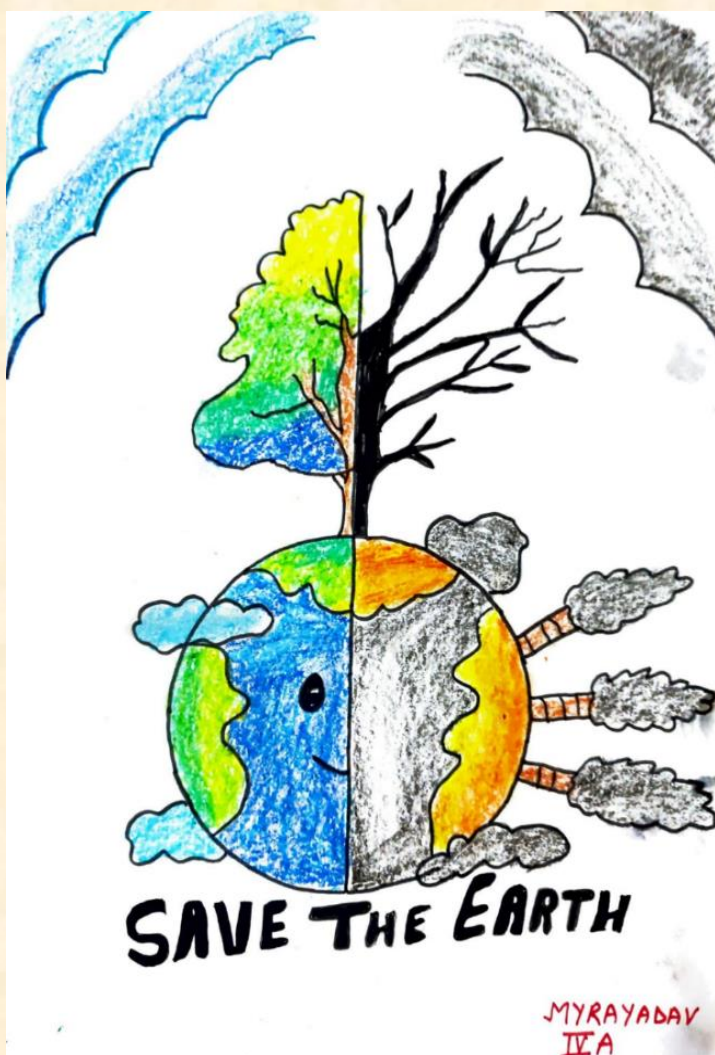
Mother Earth, you give us birth  
We want everything, but you demand nothing  
We cut the trees, still you let us breath  
We don't keep you clean but still you are always green  
We are silly creatures  
We should try to preserve nature

-Aarvi Yadav, III-A

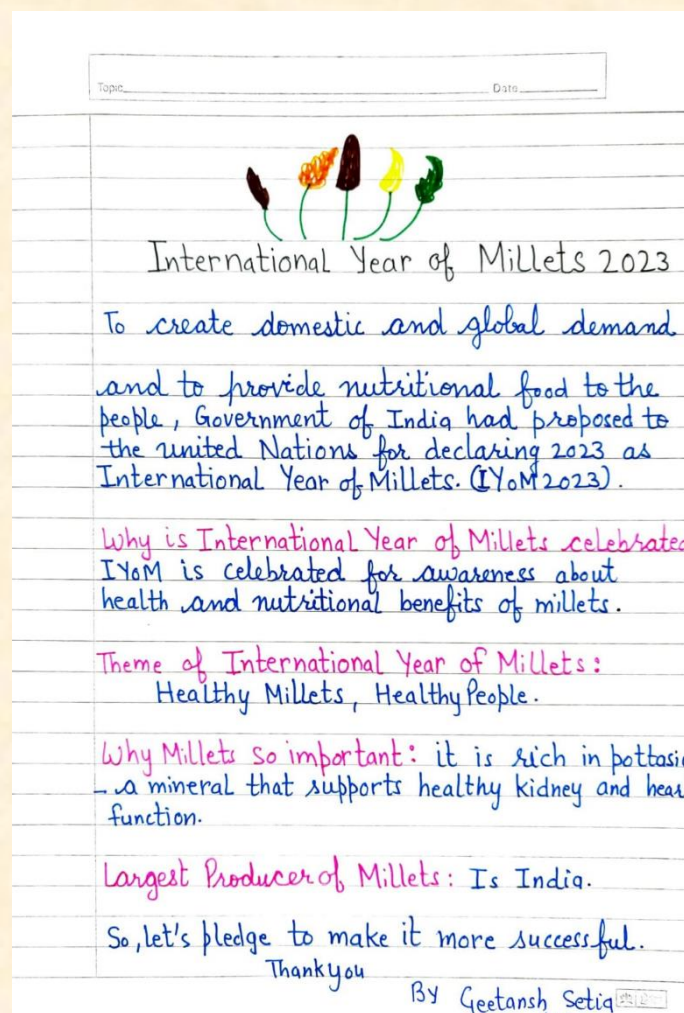


Let's feel the cry of nature's  
dying soul, let's revive it as a  
primary goal!  
Let's not waste it for our greed  
Conserving our  
environment is a need

-Shivom, IX-A



MYRAYADAV  
IXA



आओ देखो, ओ प्यारे  
तुम्हें दखाऊँ रंग न्यारे

नन्हे नन्हे बीज ये देखो  
क़द्र इनका न परखो  
यही थी वो नन्ही सी जान  
जिसने बना दी कुदरत महान

बीज से फिर नन्हा पौधा निकला  
पौधे से निकले बीज अनेकों  
बीजों से निकले बीज ये देखो  
कैसी ये कुदरत की कला!

आओ देखो, ओ प्यारे  
तुम्हें दखाऊँ रंग न्यारे

- धुन सेतिया, IX-A



Volleyball Champs Make their Mark



The Girls' Volleyball Team of Brahm Dutt Blue Bells Public School brought laurels to its alma mater by winning Gold and Silver medals in three separate categories as a part of Volleyball Open National Sports Championship 2023.

The Under 19 and Under 14 Girls' Team bagged the Gold Medals while the Under 17 Girls' Team bagged the Silver Medals for their stupendous performance. The team coach, Ms. Sushma Sehrawat was also recognised as the Best Coach and was presented with a trophy.

Shreya Dadhich of BDBBPS  
Selected for National School Games 2023



Shreya Dadhich, a Grade 12 student at BDBBPS, has been selected for the National School Games 2023 in Volleyball. She represented her state team in Bhopal, MP. Shreya, along with her teammates, left for the Nationals on June 7, 2023. Her selection is a testament to her hard work and talent. The school community extends their best wishes to Shreya.

The Team that Made Abhivyakti Happen!

Founding Members and Editors-in-Chief  
Goohika Joshi, XI-C  
Jeshna Raja Benhar, XII-B

Compiling and Tech Support  
Banaj, XI-C

Reporters  
Atulya Vats, XI-A  
Parth Yadav, XI-C  
Viraj, XII-D  
Manya, IX-D  
Hemank Yadav, IX-D

Journalists  
Sunanya, XII-D  
Sadaf Khan, XII-C  
Yashvi Ahlawat, IX-C  
Yuvakshi, X-B  
Sambhavi Singh, IX-C



BDBBPS Triumphs in Friendly Volleyball Match

In a friendly volleyball match held at CCA School, Sector 4, Gurugram, the Girls' team from Brahm Dutt Blue Bells Public School (BDBBPS) emerged victorious once again. The match, which took place on July 5th, 2023, showcased the exceptional skills and teamwork of the BDBBPS girls.

With powerful serves, accurate spikes, and agile defence strategies, the BDBBPS Girls Team displayed a remarkable level of sportsmanship and determination. Their coordination and communication on the court were commendable, leading to effective play and scoring opportunities.

Both teams demonstrated a spirit of healthy competition and camaraderie, concluding the match with a friendly handshake. The BDBBPS girls expressed gratitude to their opponents from CCA for a challenging and enjoyable game.



International Yoga Day Celebration: Focusing on Fitness and Well-being

Since its inception in the year 2015, June 21 is celebrated as International Yoga Day all over the world. The day was celebrated at the school with great enthusiasm.

The Yoga Session started with warm up exercises followed by Surya Namaskar, Pranayams and other asanas. The staff members performed both sitting and standing asanas.

The celebration concluded with the address by Dr. Trilok Singh Bist, Principal, BDBBPS and Mr Ajay Thakur, DGM, Administration and Procurement, BBGS. They encouraged the gathering to practice yoga regularly to remain fit and improve concentration.

See You in the Next Issue!