



# BRAHM DUTT BLUE BELLS PUBLIC SCHOOL SECTOR 10, GURUGRAM

## E-NEWSLETTER (SEPTEMBER – DECEMBER 2023)



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# Message



*Dear Reader*

*Just as the Nation celebrates National Technology Day every year, we at Blue Bells celebrate Technology, by way of our Inter and Intra-School IT events. These are an attempt to provide students with a platform to showcase their technical skills. It was a pleasure to be part of the recently concluded Cyber Spaze, which was truly an event by the Students, of the Students and for the Students! The event was efficiently planned, executed and concluded by the team.*

*It gives me immense pride to witness the sense of responsibility with which students are handling Technology today. Their desire to innovate and explore and capacity to adapt to new tech trends, are commendable.*

*My Best Wishes to this ever-enthusiastic generation. Keep up this quest for learning and exploring and stay on the positive side of Technology always.*

*Regards*

*Anshuka Aneja  
Deputy Director IT  
Blue Bells Group of Schools*

**Tech gives the  
quietest  
student a  
voice.** ”

Jerry Blumengarten



# HALL OF FAME

A large, stylized graphic of a hall or stage. The top part is a dark blue archway with the words "HALL OF FAME" in gold, 3D block letters. Below the archway is a perspective view of a stage or floor, also in blue and gold, leading towards a vanishing point. The background is a light blue and yellow gradient with a grid pattern and glowing points.

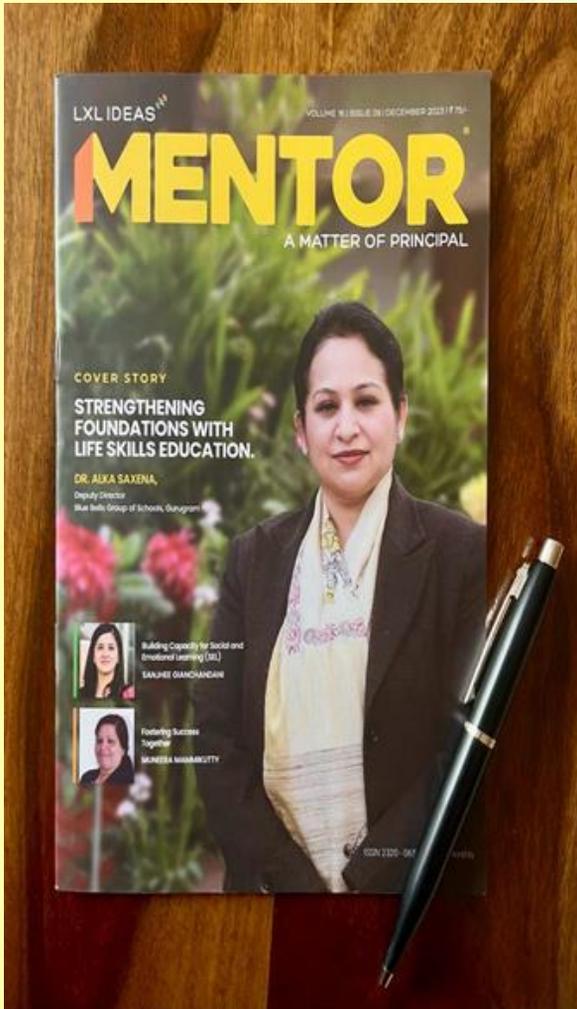


## DR. ALKA SAXENA'S ARTICLE, STRENGTHENING FOUNDATIONS WITH LIFE SKILLS EDUCATION

Dr. Alka Saxena, Deputy Director, Health & Wellness, BBGS has been working relentlessly for the last 30 years in the Health & Wellness sector and sharing her vast knowledge and experiences on life skills, health & wellbeing, with all the stakeholders. Her tireless efforts in the form of her articles, blogs and workshops have added value to the lives of the young and adults alike!



***“If you have knowledge, let others light their candles at it” –  
Margaret Fuller***



Recently Dr. Alka Saxena's article, **Strengthening Foundations with Life Skills Education**, has been featured as a cover story, in the **Mentor Magazine, LXL Ideas**, wherein she has shared about her journey in the field. Read the article to gain insight into the scope and application of life skills in our lives: <https://bit.ly/3GC5UST>



# PRESTIGIOUS RECOGNITION TO MADAM SOUMYA GULATI AS THE TOP TEN WOMEN LEADERS IN PRE & PRIMARY SCHOOLS 2023



A proud moment for the Blue Bells Family

**AMONG THE TOP 10  
WOMEN LEADERS  
IN PRE & PRIMARY SCHOOLS, 2023**

**Soumya Gulati**  
Co-founder, Beansprouts



**A recognition to be remembered!**

We are delighted to announce yet another accolade for Ms. Soumya Gulati, Deputy Director (Academic Development & Innovation), Blue Bells Group of Schools. Ms. Soumya Gulati has been recognised by Women Entrepreneurs publication as one of the Top 10 Women Leaders in Pre & Primary Education for the year 2023. It highlights her contributions to the early formative years education of young children and her remarkable dedication in bringing contemporary ideas to the field of education.



**Women Entrepreneur India**  
**WOMEN LEADERS IN PRE & PRIMARY SCHOOLS**

**Soumya Gulati**  
EMPHASIZING ON HOLISTIC LEARNING IN EARLY CHILDHOOD EDUCATION

**Soumya Gulati**  
CO-FOUNDER  
BEANSPROUTS

Soumya possesses a Master's degree in English Literature from GGU University, a postgraduate diploma in Journalism, a diploma in Japanese language, and a Certificate in Pedagogy of Play by Fairchild Teaching. Additionally, she holds certifications in Coding in Early Years and in Hybrid and Blended Learning.



**KINDNESS & EMPATHY ARE VALUES I BOTH ADVOCATE & EMBODY, FOSTERING A POSITIVE WORK CULTURE BY ACTIVELY LISTENING & CARING FOR MY TEAM, EDUCATORS, PARENTS, & STAFF**

Parents play a pivotal role in laying the foundation for a child's holistic development, and their significance in India cannot be overstated in a country like India, where rapid urbanization and changing family structures are prevalent, preschools serve as vital platforms to bridge the gap between home and formal schooling. A good leader in early education can contribute significantly by fostering innovative teaching methods, creating a stimulating learning environment, nurturing talented educators, and aligning the curriculum with modern educational standards. Soumya Gulati, the Co-Founder of Beansprouts Pre-School, epitomizes the essence of a transformative leader in early childhood education. Her dedication to providing a holistic learning experience, empowering teachers, and engaging parents in their child's educational journey has been instrumental in Beansprouts' success. Let's hear more from her in this one-on-one interaction.

**Could you shed some light on your educational background and previous industry involvement in the early learning sector that you bring to your current role?**

With over three decades of expertise in this domain, I have actively engaged with diverse platforms in three capacities. With a Master's degree in English Literature from Delhi University, along with a postgraduate diploma in Journalism, a diploma in Japanese language, and a Certificate in Pedagogy of Play awarded by Fairchild

Teaching. Additionally, I am a certified trainer in Coding in Early Years and in Hybrid and Blended Learning. Proudly serving as the Co-Founder of Beansprouts Pre-School located in Gurugram, I've also contributed to several publications in the English Language.

My passion for early childhood education isn't confined; I've been deeply involved in the management of New India Preparatory School since 2001. This institution specializes in nurturing early years learners and has established a distinguished legacy over several decades. New India Preparatory School is renowned for its dedication to fostering young minds and facilitating the realization of their latent potential, solidifying its esteemed reputation in the realm of early education.

**Could you elaborate on your areas of expertise as an educator?**

My journey has been passionately intertwined with Education and Theatre, fostering a deep affection for the stage. I firmly advocate for integrating story-based pedagogy and role plays as instrumental tools for young learners' education. Understanding the significance of clear, transparent, and empathetic communication, I prioritize establishing meaningful connections with all stakeholders—students, parents, and educators—who tirelessly nurture our young learners day in and day out.

Throughout my extensive tenure as an educator and fueled by my fervent interest in curriculum development, I conceptualized 'The Learning Space'. My aim is to ensure that Beansprouts remains dynamically aligned with contemporary educational paradigms through extensive research. I am committed to enriching our curriculum and elevating the quality of teaching and learning by designing curriculum interventions that assimilate the finest global practices while tailoring them to suit the specific needs of our learners and Empowering educators by continuously enhancing their professional competencies, thereby ensuring their ongoing growth and development.

**Introduce us to Beansprouts Play School. What is the idea behind establishing the institution and its key areas of specialization?**

Beansprouts, located in Gurugram, is a contemporary play school that adheres to the philosophy of Learn to Love, and Love to Learn. Our core focus lies in fostering confidence within a nurturing and secure environment for young children, allowing them to explore the world with wonder and curiosity. Drawing inspiration from the Reggio Emilia approach and integrating the best global practices, our school offers a holistic 30-degree curriculum centered around the child's involvement in relationship-oriented settings. Embracing the consequences of each child, our aim is to nurture them towards their fullest potential, preparing them to become valuable contributors to society in the future.

**Tell me the most difficult aspects of being a leader in early education sector. What steps do you undertake to overcome these road blocks?**

As a leader in early education, I deeply value the pivotal role played by a child's initial years in their development. Leading in this sector poses unique challenges demanding a blend of strategic acumen, empathetic skills, and a profound grasp of its dynamics. Addressing these challenges involves critical engagement with evidence-based practices and current policies to understand child development comprehensively. Crafting the Curriculum and Pedagogy for Early Childhood Education presented a significant challenge. Extensive research, involved meetings with educationists globally, visits to Early Years schools in various countries, and studying renowned philosophies. Collaborating with my Learning and Development team, we crafted an innovative, sustainable, child-centric pedagogy.

Parents often expect immediate confidence from their children. To align their expectations with our child-centric curriculum promoting self-paced learning, we organize regular workshops and a 'Back to School' series for them to experience their child's school day in the realm of Early Education, nurturing educators, often teachers by choice, is crucial. Regular workshops, weekly training sessions, and explicit discussions on lesson plans ensure smooth classroom transactions and effective curriculum execution, contributing to the holistic development of young learners.

**What has been your success mantra or guiding leadership philosophy as a business leader?**

My leadership philosophy is guided by an unconventional approach to success. Early years education has always been my driving force, leading to the creation of Beansprouts' workshop-based learning for young learners. Recognizing trends and needs, our Early Years curriculum was designed well in advance, aligning seamlessly with the later announced NEP 2020 changes.

Detailed strategic planning is a cornerstone of our operations; meticulous lesson plans and event strategies reflect our commitment to excellence. Kindness and empathy are values I instill diligently and embody, fostering a positive work culture by actively listening and caring for my team, educators, parents, and staff.

Teamwork is paramount; I engage actively alongside my team, emphasizing collaboration and mutual motivation. Recognizing individual strengths, we allocate tasks strategically for optimal outcomes. My adaptability, resilience, and dedication to children's welfare have driven me to achieve milestones, but my greatest desire is to contribute to education remains my guiding force. The mantra of hard work, consistent contribution, and unwavering dedication continues to propel me forward, shaping my success journey and inspiring me to reach new heights in the field of education.

**Heartiest congratulations to Madam Soumya Gulati for leading the way and inspiring others with her powerful work!**



**Scan the QR code  
to read the article.**



## SCHOOL EDU EXCELLENCE AWARD FOR LEADING INNOVATIVE USE OF TECHNOLOGY



**The school was honoured with the prestigious 'School Edu Excellence Award 2022-23' in the category of 'Leading Innovative Use of Technology'.**



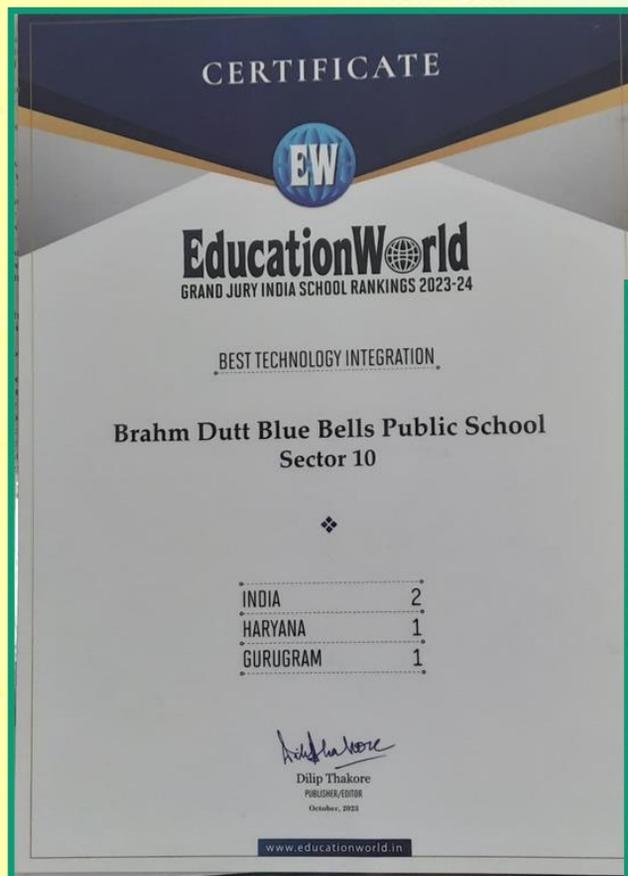
## EW INDIA SCHOOL WORLD RANKING 2023



**The school was ranked among the Top 10 Schools in the Education World India School Ranking 2023-24.**



# EDUCATION WORLD INDIA SCHOOL RANKING 2023-24



**It was a proud moment for the Brahm Dutt Blue Bells Family, when the school was declared as Number 1 school in Technology Integration in Haryana and Gurugram and Number 2 school in all over India by Education World India School Ranking 2023-24 .**



## **'SDG AWARD IN EDUCATION THROUGH SUSTAINABLE DEVELOPMENT CATEGORY'**



**The school was awarded with 'SDG Award In Education Through Sustainable Development Category' as a part of the Global Sustainability Awards 2023 for its exceptional work in the area of SDGs (Sustainable Development Goals) by ARC.**



## STEM SCHOOL EDUCATION AWARD 2023



**The school received the STEM School Education Award 2023 and has been declared as a school that has demonstrated extraordinary performance in STEM during the past academic year, as recognized by the All-India Council for Robotics and Automation.**



## SCOONEWS SUSTAINABILITY AWARD



The school has been honoured with the prestigious ScooNews Sustainability Award for its remarkable dedication towards promoting sustainability and environmental responsibility.



## MICROSOFT INCUBATOR SCHOOL



Microsoft Incubator School

# Microsoft Innovative Education Experts



Ms. Priyanka Chaturvedi



Ms. Preeti Phutela



Ms. Sunita Yadav



Ms. Poonam Sharma



Ms. Anju Luthra



Dr. Shivali Joshi



Ms. Manju Yadav



Ms. Ruchi Mangla

The School is a Microsoft Incubator School. The teachers are Microsoft Incubator Experts, 8 teachers are Microsoft Innovative Educator Expert and one Microsoft Innovative Educator fellow.



## VISIONARY EDUCATION TECHNOLOGY LEADER 2023



**Dr. Trilok Singh Bist , revered Principal of the school, was bestowed with the award of Visionary Education Technology Leader by Education World in Education World Learning Exposition 2023.**

***“A true leader has the confidence to stand alone, the courage to make tough decisions, and the compassion to listen to the needs of others.”—Douglas MacArthur***



## TOP SCHOOL EDUCATOR AWARD 2023



**Dr. Trilok Singh Bist . Principal , BDBBPS was conferred with 'Top School Educator Award' by Taylor's University and Robochamps.**

*"If your actions inspire others to dream more, learn more, do more and become more, you are a leader." —John Quincy Adams*



## MICROSOFT INNOVATIVE EDUCATOR EXPERTS 2023-24



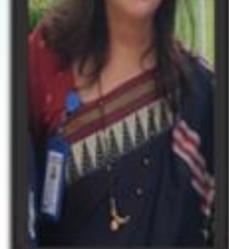
Ms. Ruchi Mangla



Ms. Priyanka Chaturvedi



Ms. Poonam Sharma



Dr. Preeti Phutela



Dr. Shivali Joshi

# Changemakers in Education

Community dedicated to sharing innovative ideas, exploring new teaching methods, and fostering mutual learning among educators.



# MICROSOFT MIE EXPERT



**I'M PROUD TO BE A MIE EXPERT**  
2023-2024

**RACHNA SHARMA**  
BRAHM DUTT  
BLUE BELLS PUBLIC SCHOOL



**I'M PROUD TO BE A MIE EXPERT**  
2023-2024

**KAVITA DEVI**  
BRAHM DUTT  
BLUE BELLS PUBLIC SCHOOL



**I'M PROUD TO BE A MIE EXPERT**  
2023-2024

**MANJU YADAV**  
BRAHM DUTT  
BLUE BELLS PUBLIC SCHOOL



**I'M PROUD TO BE A MIE EXPERT**  
2023-2024

**SARITA DHIMAN**  
BRAHM DUTT  
BLUE BELLS PUBLIC SCHOOL



**I'M PROUD TO BE A MIE EXPERT**  
2023-2024

**CHARU SHARMA**  
BRAHM DUTT  
BLUE BELLS PUBLIC SCHOOL



**I'M PROUD TO BE A MIE EXPERT**  
2023-2024

**BHAVANA SINGH**  
BRAHM DUTT  
BLUE BELLS PUBLIC SCHOOL



***“Saluting the resourcefulness and entrepreneurial mindset of our educators.”***



## GURU SAMMAN AWARD



**Ms. Pratima Chauhan and Mr. R. P. Singh received the Guru Samman Award 2023 in recognition of their outstanding contributions to the field of education. It's a remarkable achievement and a testament to their dedication and commitment towards comprehensive growth of students at Brahm Dutt Blue Bells Public School.**

***"The art of teaching is the art of assisting discovery."***  
**Mark Van Doren..**

A large, ornate, black-and-white line-art wreath border surrounds the central text. The wreath is composed of intricate floral and scrollwork patterns, including leaves, flowers, and decorative flourishes, forming a circular frame.

# INCREDIBLE MILESTONES

30 December 2023



## CYBERHACKATHON, INTER-SCHOOL COMPETITION BY CYBER POLICE



The school clinched the First Position in the 'Caption Canvas Carnival', a Poster Making event of CyberHackathon, an Inter-School Competition organised by Cyber Police, Gurugram, wherein 50 schools of Gurugram participated.

Ishan Singh & Rupesh Chauhan of Class VIII made a poster in Canva with a slogan on the topic Digital Detox to bag the coveted position. The School Team has also received an iPad as the prize!

*“Technology like art is a soaring exercise of the human imagination.” – Daniel Bell*

16 December 2023



## 67TH SGFI NATIONAL VOLLEYBALL CHAMPIONSHIP



**Urvi of Class VI B is selected to play in the 67th SGFI National Volleyball Championship at Bhuvneshwar, Odisha.**

***“The five S’s of sports training are: stamina, speed, strength, skill, and spirit; but the greatest of these is spirit.” —Ken Doherty***

16 December 2023



## 67TH U-17 SGFI NATIONAL FOOTBALL TOURNAMENT



Viraj Singh of Class XII is selected for the 67th U-17 SGFI NATIONAL FOOTBALL TOURNAMENT which will be held at Andaman and Nicobar Island from 24 December 2023 to 5 January 2024.

*“Overpower. Overtake. Overcome.” —[Serena Williams](#)*

1 December 2023



## CBSE NATIONAL CHAMPIONSHIP



**The U-19 Girls Volleyball Team received a token of Appreciation at the CBSE National Championship held at the Kasauli International Public School, Himachal Pradesh. 58 schools from India and 3 schools from abroad participated in the Championship.**

***“Passion first and everything will fall into place.”  
— Holly Holm***

24 November 2023



## OPEN MOOT COURT COMPETITION



In the Open Moot Court Competition at NorthCap University, a team from Humanities stream participated and won the finals. The team was awarded a cash prize of Rs. 3000 /- and Arkya Banerjee was adjudged as Best Speaker Male with a cash prize of Rs. 2500/.

*“ Debate and deliberation can stir the soul of democracy.”*

24 November 2023



## U-17 INTER-SCHOOL FOOTBALL TOURNAMENT



**BDBBPS Girls' U-17 Football Team Clinches Silver Medal At Shalom Presidency School. Our Girls' U-17 Football Team showcased their prowess on the field and secured a well-deserved Silver Medal in the competition. Their hard work, discipline, and determination were evident in every match they played.**

***"You were born to be a player. You were meant to be here. This moment is yours." —Herb Brooks***

24 November 2023



## U-14 & U-17 INTER-SCHOOL FOOTBALL TOURNAMENT



**Impressive Performance by Under-14 and Under-19 Boys in Inter-school Football Tournament- Under-14 Boys' team secured the First Position and Under-19 Team earned the Second Position.**

***"The ability to conquer oneself is no doubt the most precious of all things that sports bestows."***

***— Olga Korbut***

09 October 2023



## SGFI STATE LEVEL FOOTBALL TOURNAMENT



**On being selected for  
SGFI State Level Football Tournament**

**Yashvardhan Singh (Grade VIII) and Dev Chauhan (Grade VII) were selected for SGFI State Level Football Tournament. Their remarkable achievement is a result of their concerted efforts and thorough practice.**

***“You must not only have competitiveness but ability, regardless of the circumstance you face, to never quit.” —  
Abby Wambach***

04 October 2023



## OPEN SPEED SKATING TOURNAMENT



In the U-9 Girls Category, our young talents, the team secured the coveted First Position, in U-9 Boys Category bagged First Position and in the U-11 Girls category, the school clinched the Second Position.

*“Sports serve society by providing vivid examples of excellence.” —George F. Will*

04 October 2023



## OPEN SPEED SKATING TOURNAMENT



At the Open Speed Skating Tournament held at RKSA Multi Sports Academy. The U7, U9, U11, U13 and U14 teams clinched an impressive total of 11 medals and lifted the Overall Trophy

*"It is action that creates motivation." —Steve Backley*

20 September 2023



## STATE-LEVEL UNDER 14 ROLL BALL COMPETITION



**Manvi Baghel won First Position and Gold Medal in a State-Level Under 14 Roll Ball Competition.**

***“Continuous effort—not strength or intelligence—is the key to unlocking our potential.” —Liane Cardes***

25 September 2023



## STATE-LEVEL ROLL BALL COMPETITION



**Under 14 Boys received the Second Position in the State-Level Under 14 Roll Ball Competition.**



**Harshit Dhaka secured a Gold Medal in National Open Skating Championship under the aegis of 'One Nation One Flag' and Bronze Medal at the State Level Under-17 Roll Ball Competition.**

***“Continuous effort— strength and intelligence—is the key to unlocking our potential.” —Liane Cardes***

September 2023



# JUNIOR ENVIRONMENTAL LEADERSHIP DIPLOMA



The young minds of the school participated in Junior Environmental Leadership Diploma . A total of 35 students from classes VI to XII participated in JELD5. It was organized by Eco Training Centre Sweden and sponsored by Alberto Coto Olympiad Spain.

02 September 2023



## 15TH CBSE VOLLEYBALL CLUSTER



In the 15th CBSE Volleyball Cluster, the U-19 Girls Volleyball Team secured coveted Second Position out of 45 teams in the zone.

*“They say discipline and dedication and respect are the key factors, but patience is a virtue that is absolutely essential!” —  
Ria Ramnarine*

September 2023



## STATE LEVEL VOLLEYBALL TOURNAMENT



**In the State Level Volleyball Tournament, eleven girls- five in the U-14 category, one in the U-17 category and five in the U-19 category from school clinched the top spot in the Volleyball Tournament.**

***“Champions keep playing until they get it right.”  
—Billie Jean King***

September 2023



## BLOCK LEVEL VOLLEYBALL TOURNAMENT



**The U-19 Girls Volleyball Team secured the First Position in the Block Level Volleyball Tournament.**

***“The strength of the team is each individual member. The strength of each member is the team.”***

**— Phil Jackson**

02 September 2023



## BLOCK LEVEL VOLLEYBALL TOURNAMENT



The U-14 Girls Volleyball team School achieved a remarkable victory by securing the First Position in the Block Level Volleyball Tournament.

*"You are never really playing an opponent. You are playing yourself, your own highest standards, and when you reach your limits, that is real joy." –Arthur Ashe*

02 September 2023



## 2ND JSKFI NATIONAL CUP KARATE CHAMPIONSHIP 2023



**2ND JSKFI National Cup Karate Championship 2023, Samarth Kumar, a shining star from Grade VI , participated with unwavering determination and skill, bringing glory and honour to his school by clinching a Gold Medal in the Sub Junior Category (boys).**

***"It's not the will to win that matters – everyone has that. It's the will to prepare to win that matters."***

***–Paul "Bear" Bryant***

August 2023



## PARIKSHA PE CHARCHA 2023



**Prime Minister's Office Conferred Blue Bellians with a Certificate of Excellence In PPC 2023. Around 300 students received the prestigious recognition.**

***"Education is the most powerful weapon which you can use to change the world." -Nelson Mandela***



TEAM ACHIEVEMENT AUTHORITY POWER LEADERS WORK FUNCTION TRUST  
 COMMUNICATION MANAGEMENT SECURITY DECISIONS MARKETING BELIEF VISION FOLLOWERS  
 INTELLIGENCE SUCCESSFUL SUCCESS MISSION BELIEF POWERFUL COMPUTER  
 VALUES INSPIRING BUSINESS SOCIAL PROJECT  
 STRATEGY POWERFUL PROJECT COMPUTER  
**ACHIEVEMENTS**  
 FOLLOWERS SUCCESSFUL SKILL  
 MARKETING SUCCESS BUSINESS LEADERS BELIEF  
 SOCIAL VISION TEAM MANAGEMENT BUSINESS TRUST  
 INSPIRING FUNCTION RESPONSIBILITY MANAGEMENT TEAM  
 IDENTITY COMMUNICATION INTELLIGENCE DECISIONS

28 October 2023



## COMPUDON – JUNIOR NATIONAL CHAMPIONSHIP ON DIGITAL LITERACY



**Veer Pratap Singh (VC)- Gold Medal and Certificate of Outstanding Achievement**  
**Satya Kuchhal (IIIA) , Samyra Singh (IIIA), Bihan Chatterjee (VB) and Gunjan Dhiman (VIA) secured Gold Medals.**

***“Nurturing digital literacy in young minds today cultivates innovators for tomorrow.”***

**03 October 2023**



## **'MI-ME' 2023 AT SUNCITY SCHOOL, SECTOR 54**



**Reyansh Krishnanter of Grade I bagged the Second Position in the event 'Ikebana Race'.**

**Ayaan Arora of Grade II bagged the Third Position in the event 'Mitsubachi Race'.**

***"A winning effort begins with thorough preparation."***

***- Joe Gibbs***

09 October 2023



## INTER-SCHOOL SCIENCE EVENT HOSTED AT DPSG PALAM VIHAR, GURUGRAM



**First Position\* at 'OORJA, the Inter-school Science Event hosted at DPSG Palam Vihar, Gurugram, in collaboration with the National Institute of Solar Energy, Government of India.**

**Ranvir Yadav and Aarav Gauthwal of Class IX claimed the top prize by actively addressing the waste issue and proposing practical solutions.**

***“Education is not preparation for life; education is life itself.”-  
John Dewey***

15 October 2023



## IT ACHIEVEMENT AT BLUE BELLS PREPARATORY SCHOOL



**Jinisha of Class I won the First Prize in the event 'DIGI ART'.**

- **Ridansh Taneja of class pre-nursery won the Second Prize in the event 'TEC-KRITI'.**
- **Medhansh Bhardwaj of Class Nursery won the Third Prize in the event 'SPACE – TITAN'.**

***'Persistence, determination, and a belief in yourself are what it takes to be a winner and carve your way to the top.'***

25 October 2023



## BBIMUN 2023



**Nandini Kaushik from Grade VIII B Got Honourable Mention in RA&W : Agenda-Operation Pawan 1987.**

**Saksham Pandita from Grade IX D got Honourable Mention in COP 28 Deliberation- Upon Elimination of Carbon Footprint.**

**Hemank Yadav of Grade IX D got Verbal Mention in the Stakeholder's agenda-Discussing Jan Vishwas Bill 2022.**

***"The function of education is to teach one to think intensively and to think critically. Intelligence plus character – that is the goal of true education."***

***– Dr. Martin Luther King, Jr.***

25 October 2023



## TALENTED TECH WIZARDS MAKE A MARK AT AMITY INTER-SCHOOL



**Tushar Sharma of Class XI bagged Second Position in Wave - Audio Mixing event.**

**Aarush Dutta of Class XI won the Second Prize in Trial by Combat - Group Discussion event on the topic The Impact of Artificial Intelligence on the Future of work.**

***"An investment in knowledge pays the best interest."  
– Benjamin Franklin***

30 October 2023



## CYBERMANIA- IT EVENT AT BLUE BELLS MODEL SCHOOL



### OVERALL RUNNERS UP

The students of Classes IX and X participated in the Film Making event. The theme for the same was "Use of AI for Senior Citizens". They secured the coveted First Position.

In the event Comic Strip Making, the students created a Comic strip in PowerPoint on Khushaal Bharat and bagged the First Position.

In the Dance event, the students were supposed to show Technology Integration with dance. 10 students from classes VI - XI participated and clinched Second Position.

In 3D Story Design , Vansh Ahlawat and Ishaan Singh of Class VIII secured the Second Position .

In the event 'Yantriki', our junior team comprising of Chitransh, Shlok, Manvi, and Rudrashi of Class V bagged the Second Position.

*"The whole purpose of education is to turn mirrors into windows." – Sydney J. Harris*

3 November 2023



## ROLLER-SKATING COMPETITION. BY DISTRICT ROLLER SKATING ASSOCIATION



Reyansh Krishnater of Class IC, exemplified the spirit of sportsmanship as he clinched the coveted First Position In the 3-Lap Race and Second Position in the 1-Lap Race in the Roller-Skating Competition.

*'Success in sports is measured by the willingness to train, learn, and give your all.'*

6 November 2023



## BDBBPS MAKES A MARK AT IT EVENT ORGANISED BY MODERN SCHOOL, VASANT VIHAR



Banaj from Class XI of BDBBPS got Second Position in MOD Creations event as a part of IT competition MODEM '23 at Modern School, Vasant Vihar.

*"Education's purpose is to replace an empty mind with an open one."  
– Malcom Forbes*

6 November 2023



## Brahm Dutt Blue Bells Public School Shines At Razzmatazz 2023

By Seth Anandram Jaipuria School, Lucknow



- Chaitanya Bhardwaj and Rakshita Pandita of Class V bagged the coveted First Prize in the event 'Futuroeez-Digital Painting'.
- Bihan Chatterjee of Class V bagged the First Prize in the event PIXELPALOOZ (AUTODRAW- DIGITAL ART).
- Mudita Arora of Class Nursery secured the Second Prize in the event TALENTZ (ROLE PLAY)

*What sculpture is to a block of marble, education is to the human soul."*

*– Joseph Addison*

9 November 2023



## INTER-SCHOOL IT FEST - IGNITE 2023



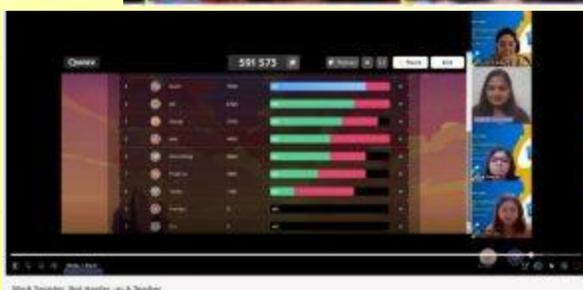
Vaibhav Malhotra of Grade V clinched the First Position in the event 'Ultimate Battle,' part of the Inter-School Competition 'Ignite 2023,' hosted by G D Goenka School, Rohini, Delhi.

*'The future belongs to those who use technology as a canvas to paint a brighter world.'*

17 November 2023



## MICROSOFT E2 SUMMIT



Microsoft Experts from Brahm Dutt Blue Bells Public School made their presence felt at the Microsoft E2 Summit by giving an informative presentation on the role and significance of Artificial Intelligence w.r.t. different Microsoft Apps under the header 'Work Smarter, Not Harder'.

*"Tell me and I'll forget; show me and I may remember; involve me and I'll understand."*

*– Chinese proverb*

4 October, 2023



**Impressive Performance by Under-14 and Under-19 Boys in Inter-school Football Tournament- Under-14 Boys' team secured the First Position and Under-19 Team earned the Second Position.**

***“What counts in sports is not the victory but the struggles to win over the overwhelming odds.”***



**Under 10 Boys Football Team Registered a Massive Victory at Inter-school Football Tournament at Vibgyor School. A standout performance was delivered by Angad Shahi of Grade IV, who earned the title of the Tournament's Best Player. Under 12 Boys secured the coveted Second Position in the championship.**

***“Victory at all cost, victory by all means , for without victory there is no survival.”***

1 December 2023



## GLOBAL PEACE SUMMIT BY 21ST DIGI SKILLZ ACADEMY



Dhun Setia was one of the representatives from India.

Dhun Setia participated in the Global Peace Summit, organised by 21ST DIGI SKILLZ ACADEMY, and presented her views on SDG 16. 21ST DIGI SKILLZ is a global platform that promotes the United Nations Sustainable Development Goals.

*"It's our world, our choices and we won't leave any stone unturned to make our world, a better place to live."*

20 December 2023



## INTER-SCHOOL SPEED SKATING COMPETITION AT VIBGYOR HIGH SCHOOL, GURUGRAM



The talented skaters from Classes KG-V proved their prowess by clinching the Second Runner-up Trophy.

Gulmaaira Sharda of Class III showcased her exceptional skills and earned the coveted title of 'Best Player in Girls Category'.

*'Dedication is the spark that transforms effort into brilliant success for champions.'*





## Surf Smart & Stay Safe!

With education moving online, the #internet is where we all gather. But it's important to remember some key things for a safe online experience.

Do you sometimes study Remotely?

Here are some **Cyber Awareness** tips for you





Secure your study space by setting up a **private study environment**

Use **strong & unique passwords** for online learning platforms





Report any **unusual or suspicious** online activity

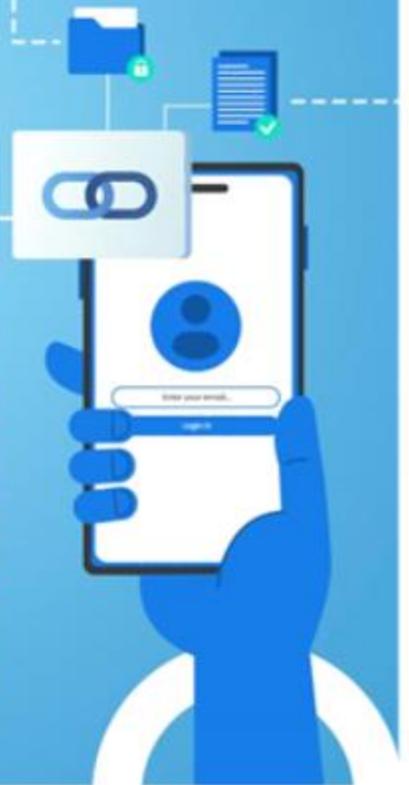
Maintain academic integrity & avoid **cheating or plagiarism**





Share **class links** only with your classmates, not outsiders

Show **respectful online behaviour** during virtual classes





The future of student learning just got smarter, thanks to Artificial Intelligence (AI).

With personalized study guides & round-the-clock tutors, AI is rewriting the rules of education. Need a boost? AI keeps you on track with reminders.

Are you

**utilizing AI**

for your studies?

Here's why you should consider it!



**Advantages of AI →**



Assist students with  
**career planning, skill development  
& guidance.**



AI-powered tools can  
find relevant sources for  
**exams & assignments.**



Quick responses to help **students with their doubts.**

AI-driven platforms customize learning based on a student's **strengths & weaknesses.**





28 October 2023



## STUDENT LED CONFERENCE, An initiative of 'The Learning Space' (The Learning and Development Department)



**A showcase of the holistic view of students' 360-degree learning experience encompassing not only academics but also their personal growth and development.**



**An opportunity to the students to identify their individual strengths and engage in meaningful reflection on their educational journey.**



**SCHOOL  
INNOVATION  
COUNCIL**

An Initiative of MoE's Innovation-Cell



**INNOVATION COUNCIL**





**Brahm Dutt Blue Bells Public School successfully established the School Innovation Council (SIC) following Ministry of Education guidelines to foster innovation in education. The SIC at BDBBPS aligns with national goals, fostering innovation and contributing to the broader agenda of promoting innovation in education.**

**The SIC includes passionate members—Ambassadors, Experts, Staff and Students—selected for their commitment to innovation.**

**The aim of SIC is to cultivate innovation and creativity, develop problem-solving and critical thinking skills and encourage collaboration and knowledge sharing.**

**Activities under SIC include:**

**Innovation workshops.**

**Idea contests.**

**Collaborative interdisciplinary projects.**

**Innovation showcases.**

**Guest lectures by innovators.**

**Our gratitude to Ms. Soumya Gulati, Deputy Director , Academic Development and Innovation for her unstinted support and Heartiest Congratulations to the Team.**



## School Innovation Ambassadors

**Ms. Meenakshi Malhotra**

**Dr. Shivali Joshi**

**Ms. Sunita Yadav**

**Ms. Ekta Sharma**

**Ms. Meet Khurana**

**Ms. Pooja Nasa**

**Ms. Rachna Sharma**

**Ms. Seema Yadav**

**Dr. Anisha Gupta**

**Dr. Preeti Phutela**



Time to  
**CELEBRATE!**

# ABHIVYAKTI - AUGUST II EDITION



The Brahm Dutt Blue Bells Public School Bulletin  
**abhivyakti**  
 Of the Students, By the Students, For the Students

Issue-2  
 August 2023

## Wellness Wise by Dr. Alka



Communication is the key to strong relationships.

With the objective of reaching out to a large audience of youngsters and adults alike and sharing her vast knowledge and experiences on life skills, health & wellbeing, Dr Alka Saxena, Deputy Director (Health & Wellness), BBGS, writes on her blog, Wellness Wise by Dr. Alka. You can explore her writings on [www.wellnesswise.in](http://www.wellnesswise.in). Dr. Alka's vast knowledge and rich experience as an educationist form the background of her varied write-ups in her blog. The topics chosen are very relevant in today's context and appeal to all age groups. Dr. Alka consistently shares thought-provoking and thoroughly researched blog posts that serve as a valuable source of knowledge enhancement for everyone. Below, you can find a preview of two blogs that were presented to readers during the second fortnight of August 2023. For more information, please follow the link. <https://wellnesswise.in/>

## Resounding Success of Model United Nations Conference at Brahm Dutt Blue Bells Public School



Brahm Dutt Blue Bells Public School successfully organised a National Level two-day Model United Nations (MUN) Conference on August 26 and 27, 2023 on the theme 'Nurturing Harmony: Peace in the Heart of Chaos'. Around 500 delegates from ten different states of India like from Jammu, Kashmir, Rajasthan, Uttar Pradesh and many other parts of the country engaged themselves in meaningful discussions, simulated international diplomatic relations and developed crucial skills such as negotiations, public speaking and diplomacy.

The conference commenced with the Opening Ceremony that featured a well-orchestrated cultural programme and inspiring speeches by the keynote speaker, Dr. Ashok Diwakar, Vice-chancellor, Starex University and Air Vice-Marshall, L.N. Sharma, AVSM who emphasized the importance of diplomacy, global cooperation, and problem-solving in today's inter-connected world. Dr. Saroj Suman Gulati, Director, BBGS, the Chief Guest for the ceremony declared the event open.

Throughout the two days, passionate and heated debates ensued as delegates discussed a wide range of views on the allocated agendas in their eight committees- UNHRC, AIPPM, UNW, UNGA, UNEP, UNSC, IPC and IC.

The conference concluded after the second day's proceedings with a memorable Closing Ceremony, where delegates received awards for their outstanding contributions. The Keynote Speaker, Mr. Vidhur Dwivedi, Advocate, Supreme Court of India, shared inspiring remarks, encouraging the delegates to carry forward the lessons learned, and connections made during the conference into their future endeavours.

The Chief Guest, Captain Indu Boken, DEO, Gurugram congratulated all the participants for their marvellous efforts and encouraged them to actively contribute towards achieving world peace. Dr. Saroj Suman Gulati, Director, Blue Bells Group of Schools acknowledged the tremendous success of the programme and congratulated each member who contributed towards its success.



## International MUN Conference as a Part of BDBBPS MUN 2023

We are also proud to share that BDBBPS International MUN Conference was held with Ms. Rania Lampon, from the Ministry of Education, Directorate of Educational Technology and Innovation, Greece as a Keynote Speaker. The school team deliberated with the students of Zimbabwe and Russia.

The conference started with an online session with our global partners.

The facilitators and their students presented wonderful and well researched presentations on the Agenda: 'Unite, Thrive, Sustain: Empowering cities for inclusive Futures'. The guest speaker for the day was Ms. Rania Lampou. The session was divided into three sections Presentations, Take Away and Closing ceremony. Principal Sir and Preeti ma'am presented the participation and Best presentation award to the students from Zimbabwe.

Principal Sir urged for the collaboration to continue and not stop with the conference, students and teachers across the globe produced strategic plans for SDG11. Ms Preeti Phutela, Senior Wing Leader, gave an opportunity to online students and educators to peep into committee rooms and have a word with EBs as to how they function during the conference. The global partners were amazed to see the vast numbers, discussions, and deliberations. They were shared Day 1's Gazette which gave a clear picture of how things function at MUN Conference. Ms. Nadezhda expressed her gratitude to the school, saying, "Thank you, dear Preeti ma'am, for the opportunity to collaborate with educators and students from your School and around the globe. I was greatly impressed by the gazette. So many discussions and presentations!" Ms. Rania from the Digi Skills Academy was overjoyed as she said, "Wonderful experience! No words to express my gratitude! Congratulations to all! It was a great pleasure and honor!"



5 September 2023



## TEACHER'S DAY



***'Gratitude for teachers is the key that unlocks the door to a world of wisdom and growth.'***

7 September 2023



## JANMASHTAMI



*'Let there be light, let there be happiness, let there be laughter in our life through Lord Krishna's blessings.'*

11 September 2023



## INTERNATIONAL LITERACY DAY



***"Education is the most powerful weapon which you can use to change the world." - Nelson Mandela***

18 September 2023



## 'SAVE WATER' ASSEMBLY GRADE KG



*"Small acts, when multiplied by millions of people, can transform the world." - Howard Zinn*

20 September 2023



## HINDI DIWAS



**An Inter-house Hasya Kavi Sammelan  
To Mark Hindi Diwas**

21 September 2023



## GANESH CHATURTHI



*'May the arrival of Lord Ganesh bring good luck and prosperity into our lives.'*

25 September 2023



# INTERNATIONAL DAY OF PEACE



*'Peace is the anchor that unites humanity.'*

28 September 2023



## GALLERY WALK - CLASSES I & II



***'Own your learning journey, unlock endless growth, and walk the path to success!'***

29 September 2023



## BACK TO SCHOOL SERIES



*"The journey of learning becomes meaningful when we make it visible to ourselves and others."*

*- Ron Ritchhart*

3 October 2023



## GRANDPARENTS' DAY



*'In the book of life, grandparents play a special chapter filled with love and wisdom.'*

3 October 2023



## GANDHI JAYANTI ASSEMBLY

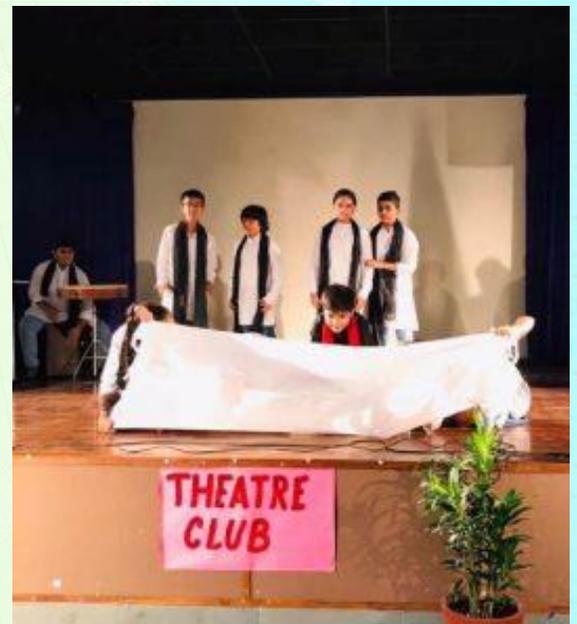


*'In the gentle pursuit of truth, we find the strength to shape a better world.'*

9 October 2023



## THEATRE CLUB ASSEMBLY



*Theatre has the power to move, inspire, transform, and educate in ways that no other art form can.*

12 October 2023



## FINANCIAL LITERACY ASSEMBLY



***“Financial education is a map that illuminates the path to prosperity.”— Linsey Mills***

20 October 2023



## DUSSEHRA



***'The festivals are a great way to cherish our traditions and strengthen our bond with loved ones.'***

25 October 2023



## CULTURAL CLUB ASSEMBLY



25 October 2023



## TRIP TO SARISKA



*"Travelling encompasses a whole new world."*

25 October 2023



## ASSEMBLY ON COMPASSION

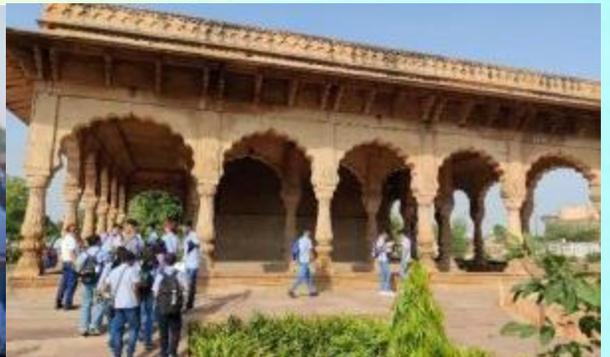
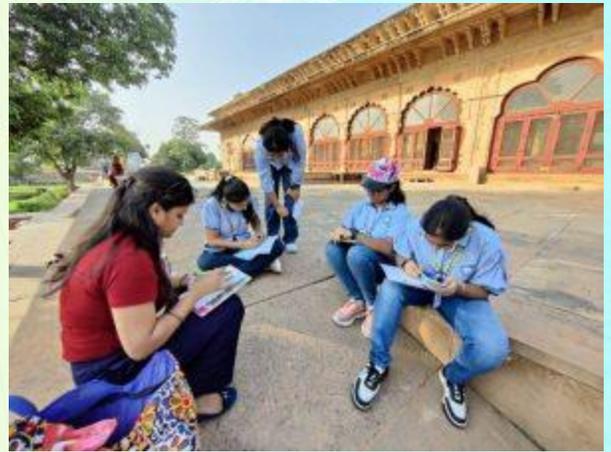
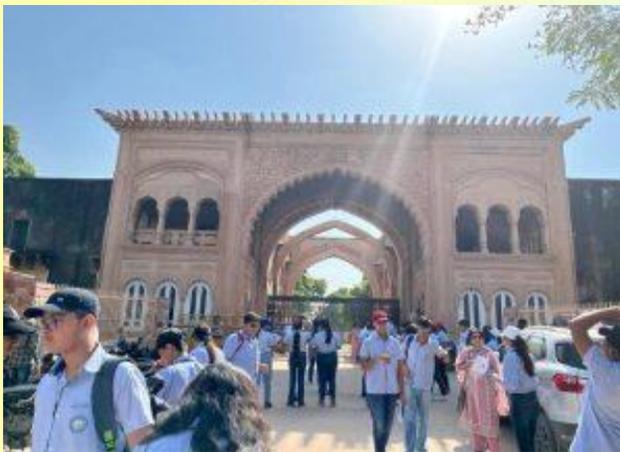
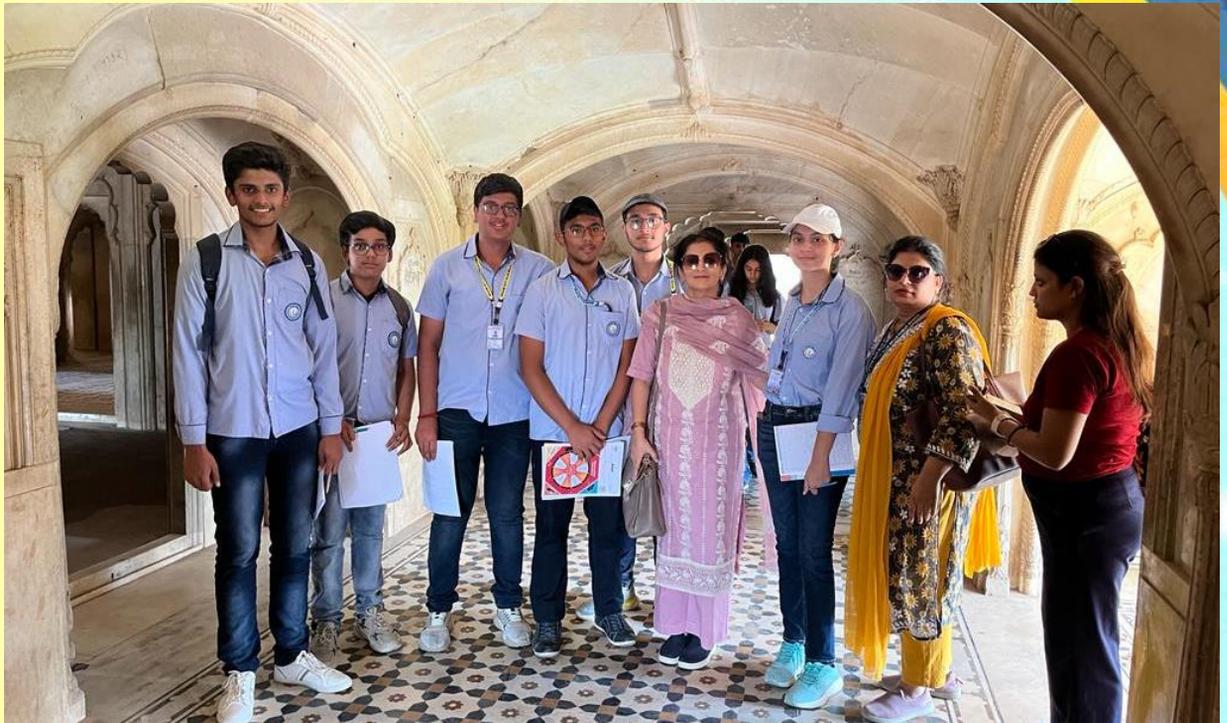


***“ Let us connect the world with the golden thread of love, compassion, and warmth.”***

25 October 2023



## BLUE BELLIAN'S VISIT DEEG PALACE



***"Education is the key to unlock the golden door of freedom." – George Washington Carver***

26<sup>th</sup> October 2023



# FOUNDATION DAY 2023

## Brahm Dutt Blue Bells Public School's Celebrates 23rd Foundation Day with Pride and Elation



*"The future belongs to those who believe in the beauty of their dreams."*

26 October 2023



## BUDDING AUTHORS' CLUB ASSEMBLY

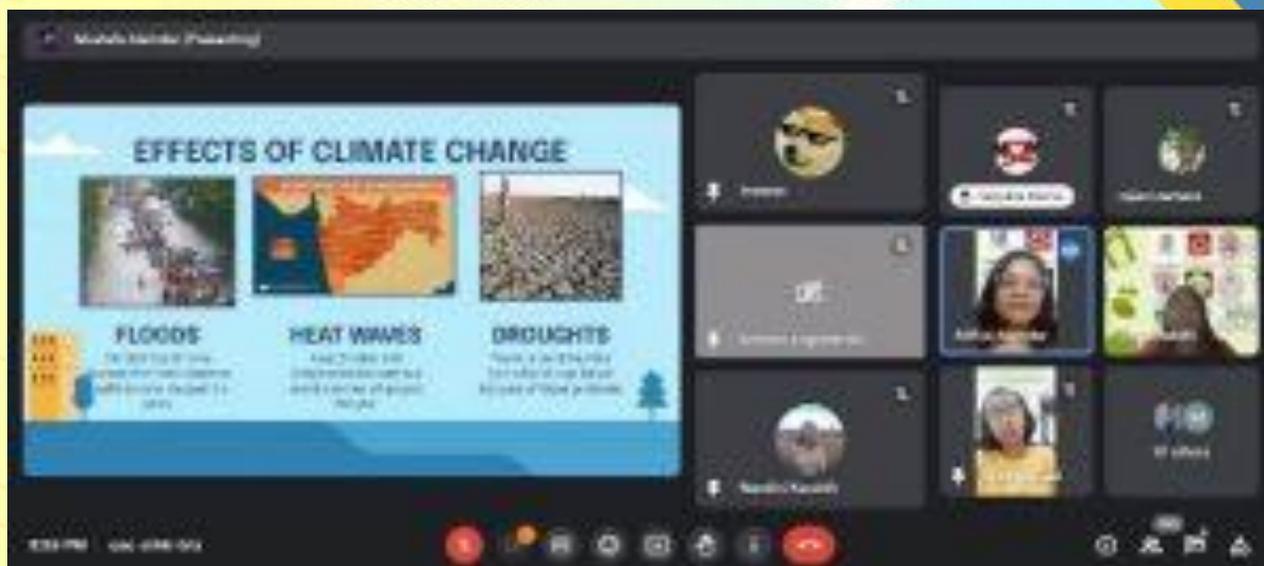


*"He that loves reading has everything within his reach."  
– William Godwin*

26 October 2023



## CLIMATE ACTION PROJECT



***"Develop a passion for learning. If you do, you will never cease to grow." – Anthony J. D'Angelo***

3 November 2023



## SPIC MACAY PROGRAMME





The Brahm Bhatt Blue Bells Public School Bulletin  
**abhivyakti**  
Of the Students, By the Students, For the Students

Issue-2  
October 2023

**Students Shine Bright in Cybermania**

The students of the school presented their exceptional IT Skills in a host of events organised by BEMS as a part of Cybermania, the Inter-school IT Fest, and were adjudged as the **OVERALL RUNNERS UP**.

The students of Classes IX and X participated in the Film Making event and secured the coveted First Position.

In the Dance event, the students were supposed to show Technology Integration with dance. 10 students from classes VI - XI participated & got Second Position.

In 3D Story Design - 3D, Vansh Ahlawat and Ishaan Singh of Class 8 secured the Second Position.

In the event Comic Strip Making, the students bagged the First Position.

In the event 'Yantra' our junior team comprising of Chitransh, Shlok, Marni and Rudransh of class V bagged the Second Position.



**The School Celebrates 23rd Foundation Day with Pride and Elation**



The future belongs to those who believe in the beauty of their dreams."

On October 25, 2023, the school proudly celebrated its 23rd Foundation Day, marking a significant milestone in the institution's journey. The day was filled with reverence and enthusiastic participation from both students and staff.

The celebration commenced with a serene Havra ceremony held in the school premises. The Havra, a sacred ritual, symbolised the divine blessings and spiritual essence that have guided the school's growth over the years.

**Talented Tech Wizards Make A Mark At Amity Inter-School**

Tushar and Aarush of XI performed exceedingly well and bagged prizes in the Inter-school IT Competition CyberBuzz organised by Amity International School Sector-43, Gurgaon. They both bagged the second position.



**The School Receives Stem School Education Award at India Stem Awards 2023**

It is a proud moment as the school has received the STEM School Education Award 2023 and has been declared as a school that has demonstrated extraordinary performance in STEM during the past academic year, as recognized by the All India Council for Robotics and Automation at a glittering ceremony on 16th October 2023 at Dr Ambedkar International Centre, New Delhi.



**The School Honored with Prestigious SDG Award for Education through Sustainable Development**

The school has been awarded with 'SDG AWARD IN EDUCATION THROUGH SUSTAINABLE DEVELOPMENT CATEGORY' as a part of Global Sustainability Awards 2023 for its exceptional work in the area of SDGs (Sustainable Development Goals) by ARC. The school was conferred with the award on October 16, 2023 in a ceremony held at India International Centre, New Delhi. The award was presented to the school in appreciation and recognition of its efforts to foster the culture of sustainability among children through education for a better future. 15+ countries across 5 continents across the globe participated in the event.



Scan Me for Latest Updates!

October2023-Issue-2

*"In a gentle way, you can shake the world."*  
-Mahatma Gandhi

9 November 2023



## DIWALI CLASS DECORATION COMPETITION CLASSES IX TO XII



*“ Illuminate the life with vibrant colours of life.”*



# ABHIVYAKTI- NOVEMBER EDITION 01



The Brahm Dutt Blue Bells Public School Bulletin  
**abhivyakti**  
 Of the Students, By the Students, For the Students

Issue-1  
 November 2023

### The School Makes a Mark at IT Event Organised by Modern School, Vasant Vihar

Banaj from Class XI of BDBBPS got Second Position in MOD Creations event as a part of IT competition MODEM '23 at Modern School, Vasant Vihar.

The event revolved around Video Editing, comprising of 2 rounds. First round was held online in which students had to submit 3 edited videos. After clearing the first round, the student was supposed to make a video for the 2nd round which was held in the Offline mode.



### The School Organizes 'Genesis'- Health and Wellness Fiesta-An Inter School Mega Life Skills Event

The school proudly hosted 'Genesis-Health and Wellness Fiesta-An Inter School Mega Life Skills Event' on November 03, 2023, under the aegis of Adept -A Program for Enhancing Life Skills powered by wellnesswise.in. The Debate was centered on the idea that Mental Health is a Fundamental Human Right. Dr. Alka Saxena, Deputy Director (Health & Wellness), BBGS, was the soul and spirit of the celebration and played a pivotal role in shaping and materializing the event concept.



An Inter-School Debate Competition for Classes IX-XII was orchestrated to commemorate the occasion. The topic for creative articulation was - "Is Talking about Mental Health a Taboo in India?" Distinguished guests from the realms of education adjudged the participants' creativity and expression. It was an outstanding opportunity for Generation Now to harness their creative abilities and showcase their remarkable expression in the battle of words. The students of renowned eighteen GPSC schools participated in the event with great spirit and fervour.



An engaging and engrossing session was organised for the accompanying teachers which began with Mindful Mandala followed by thought-provoking activities where the team connected with their feelings, their thoughts and help them to express with clarity. The hidden spark in the facilitators was invoked and they felt rejuvenated and grateful. A Creative Corner added a spice to the event where the students were thoroughly engrossed in activities related to Critical & Creative Thinking and soothing Relaxation Techniques.



### The School Shines at Razzmatazz 2023

The young prodigies of the school have given us another reason to celebrate with their exceptional performance in the Inter-School Competition 'Razzmatazz 2023' organised by Seth Anandram Jaipuria School, Lucknow.



Chaitanya Bhardwaj and Rakshita Pandita of Class V bagged the coveted First Prize in the event 'Futurooz-Digital Painting'.

Bihan Chatterjee of Class V bagged the First Prize in the event PIXELPALOOZ (AUTODRAW- DIGITALART).

Mudita Arora of Class Nursery secured the Second Prize in the event TALENTZ (ROLE PLAY).



### PEER EDUCATORS' INTRODUCTORY SESSION (2023-24)

With the aim of giving an insight into the Health & Wellness Programme, and fostering a sense of teamwork, a joint Introductory Session for newly elected Peer Educators of Blue Bells Model School and BDBBPS was organised on November 2, 2023, in the premises of the school. The session was presided over by Dr. Alka Saxena, Deputy Director, BBGS. The session was facilitated by Health & Wellness Ambassadors and Peer Mentors from both schools. These emerging leaders led various activities with their teams and shared valuable insights on different topics. Together, they guided their peers to actively participate in discussions and encouraged them to express their opinions on relevant subjects. The highlights of the session were: Team Building Activity, Roles & Responsibilities of the Peer Educators, Do's & Don'ts of Peer Educators. Dr. Alka apprised the students about the Do's and Don'ts of Peer Educators in a creative manner, providing them with valuable insights into their roles and being mindful while performing their duties. She elaborated on the responsibilities that come with the role. During the session, Ma'am not only briefed them on the key takeaways but also offered motivation for their future goals. She urged them to harness their capabilities and give their best in all their endeavours.



Scan for regular updates!

25 November 2023

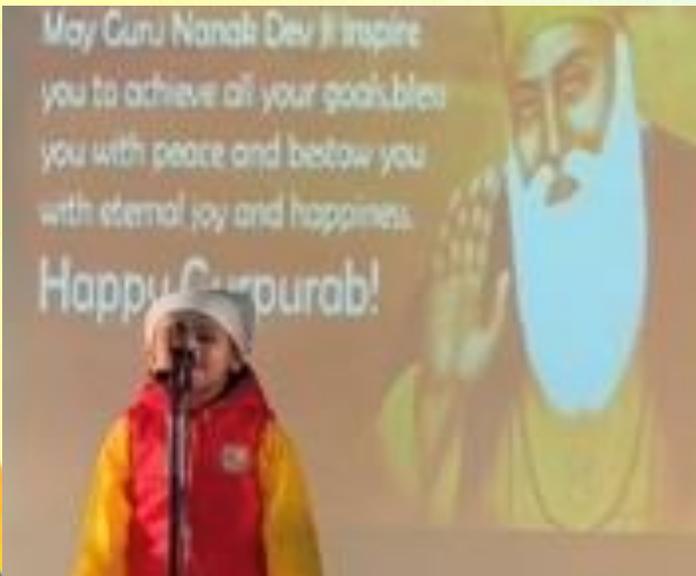


## NURSERY GURUPURAB ASSEMBLY



BRAHM DUTT BLUE BELLS PUBLIC SCHOOL  
GRADE NURSERY

May Guru Nanak Dev Ji inspire  
you to achieve all your goals, bless  
you with peace and bestow you  
with eternal joy and happiness.  
Happy Gurpurab!



***'Nourish your heart and spirit with a positive belief system. Let it be your compass, leading you to goodness and bringing calmness and joy.'***

# Abhivyakti- November Edition 02



The Brahmin Dutt Blue Bells Public School Bulletin  
**abhivyakti**  
 Of the Students, By the Students, For the Students

Issue-2  
 November 2023

## Brilliant Performance by Blue Bellians in Inter-School Quiz

Quiz is a great medium to hone thinking and analytical skills of young students. Four students of the school participated in an Inter-School Quiz Competition organized by Fullmarks at Lotus Valley International School.

Our students made it to the final round after clearing the preliminary round that had participants from 43 different schools. Saksham (VI), Anirudha (VIII), Shubhang (VIII) and Khushal (VII) emerged victorious qualifying amongst the final 6 teams.

They answered the questions smartly and received Consolation prize. Their performance and quick responses were appreciated by the judges and the audience.

Heariest Congratulations to the students.



## The School Shines at Microsoft E2 Summit with AI Insights



Microsoft Experts from Brahmin Dutt Blue Bells Public School made their presence felt at the Microsoft E2 Summit by giving an informative presentation on the role and significance of Artificial Intelligence w.r.t. different Microsoft Apps under the header 'Work Smarter Not Harder'.

The event, held on November 17, 2023 at 6.30 a.m. IST, was a resounding success, fostering a spirit of learning, collaboration, and innovation among educators from around the world.

The presenters and participants delved into the latest technologies through the insightful sessions, gaining valuable knowledge to enhance their teaching methodologies.

The participants gained practical insights into integrating the latest technologies into their classrooms, creating a more dynamic and engaging learning environment. The summit served as a platform for building a strong community of educators dedicated to transforming education. Networking opportunities facilitated meaningful connections that will extend beyond the event.

## Accolades For the School at High School Moot Court Competition

The students of BDBBPS showcased exceptional enthusiasm and talent at the Inter High School Moot Court competition, organized by the North Cap University, Gurugram. Among the commendable participants, a team comprising Aarushi, Arkya, and Deyvi from grade XI D of the Humanities stream not only reached the finals but also left a lasting impression.



## Blue Bellian Voices her Opinion in Global Peace Summit

Recently Dhruv Setia of the school participated in the Global Peace Summit, organised by 21ST DIGI SKILLZ ACADEMY and presented her views SDG 16. 21ST DIGI SKILLZ, is a global platform which promotes the United Nations Sustainable development goals. This time it was a conference on SDG-16, aiming to promote global peace, prosperity, and inclusive societies at all levels. 32 representatives from all parts of the world were connected on teams, including South Africa, Indonesia, Malaysia, Philippines, Tanzania, Nigeria, Georgia etc. to discuss about the central goal- PEACE. 21 century education doesn't involve only learning the traditional way, but also to integrate technology to help make the world a smaller place, to make the interaction go beyond the classroom and classroom to virtual trips and multi region and multi nation interactivity to commence projects and work. Dhruv Setia was one of the representatives from India. A time span of just 5 minutes was given to each speaker to present his/her views on SDG-16 i.e., Global peace, and Dhruv left audience spellbound with her eloquence.



Scan for  
 regular  
 updates!

1 December 2023



## CHILDREN'S DAY



***"Children are the harbinger of a better tomorrow."***

12<sup>th</sup> December 2023



## CYBERSPAZE 2023



**CYBERSPAZE 2023 - THE MEGA IT INTRA-SCHOOL FEST**  
*Learning is not attained by chance, it must be sought for with  
ardor and diligence.” – Abigail Adams*

16 December 2023



## ANNUAL DAY – SAGA OF RAJA SURAJMAL







# ABHIVYAKTI- DECEMBER EDITION



The Brahm Dutt Blue Bells Public School Bulletin  
**abhivyakti**

Of the Students, By the Students, For the Students

Issue-1  
December 2023

## GRAND ANNUAL DAY CELEBRATION AT THE SCHOOL



Brahm Dutt Blue Bells Public School joyously marked its Annual Day cum Prize Distribution Function for the students of Classes VI to XII, on December 16, 2023, bringing to life the forgotten pages of history with a mesmerising portrayal of Raja Surajmal, the illustrious king of Bharatpur. The event showcased the extraordinary talents of Blue Bellians and celebrated their accomplishments in both academics and co-curricular activities.



The festivities commenced with the ceremonial lighting of the Diya, followed by a warm welcome address from the esteemed Principal, Dr. Trilok Singh Bist. The enchanting Ganesh Vandana and the vibrant orchestral presentation, 'Rang Tarang', set a captivating atmosphere for the unfolding events. The recognition of Blue Bellians' achievements served as a testament to their unwavering commitment to excellence.



The highlight of the evening was the spectacular performance titled 'The Saga of Raja Surajmal', which mesmerised the audience and brought the forgotten hero back to life. The talent displayed by the Blue Bellians left the audience in awe, earning well-deserved praise.



The event was graced by Chief Guest Major General Rohit Sawney (YSM), who encouraged the audience to applaud the meritorious students with a standing ovation. Guest of Honour, Ms. Deepti Sawhney, an eminent educationist and philanthropist, commended the achievers and motivated them to continue pushing their limits.



The two-hour program, filled with diverse performances and recognitions, captivated the audience, providing moments of joy and inspiration. Ms. Suneeta Kaul, the Middle Wing Leader, expressed gratitude in the Vote of Thanks, acknowledging the visionary management for their unwavering support and Vice Chairman Shri Ashish Gulati for his forward-looking approach in enhancing the glory of the Blue Bells Group of Schools.



The event concluded on a patriotic note with the rendition of the National Anthem, leaving a lasting impression on everyone present. In essence, it was a vibrant and memorable celebration to be cherished by all for years to come.



## The School Organises CyberSpaze 2023

CyberSpaze 2023- An Intra-School Mega IT Event was organised for the students of Classes VI to XII, from December 4 to 8, 2023 under the able leadership and guidance of Madam Anshuka Aneja, Deputy Director, IT, BBGS. It was a huge success and gave students the opportunity to showcase, as well as hone their computational skills. The event gave students of many classes, the chance of develop interest in Computer Science. There were competitions designated to all sorts of skills, intertwined with aspects of modern-day computer technology. Along with the competitions, an informative workshop was also organised for the students of the middle and senior wing of the school. The workshop gave guidance to the students on cyber etiquette and how to be safe online. The workshop was received extremely well, and it was informative along with being entertaining.



Scan for  
regular  
updates!

30 December 2023



# SPECIAL ASSEMBLY ON 'WELCOMING NEW YEAR WITH POSITIVE MINDSET'



*'Welcoming New Year With Positive Mindset.'*



# HEALTH & WELLNESS



The key to wellness is to  
accept responsibility for  
your health and  
wellbeing





## EVENTS ORGANIZED UNDER THE HEALTH & WELLNESS PROGRAMME

### Awareness Campaign On Dengue Prevention



With the vision of the holistic well-being of the scholars, exclusive assemblies were meticulously arranged, segment-wise, catering to students from Classes III to XII. These sessions took place from August 22 and August 31, 2023, aimed at sensitizing the students about effective strategies to combat the prevalent Dengue disease and ensuring their safety during the Monsoon season. In addition, creative posters on Dengue Awareness and Tips for Monsoon season, have been put across all strategic locations of the school. This is an effort to sensitize the student community on the spread of the disease as well as its prevention and early diagnosis





## **'EMPEZAR': A BEGINNING, HEALTH & WELLNESS FIESTA 2023-24 ON THE THEME 'GRANDPARENTS- OUR GUIDING STARS'**

We, at Brahm Dutt Blue Bells Public School, believe that every child is potentially the light of the world. To hone and sharpen the life skills of the multi-talented youngsters today, as well as to provide a platform where Gen Now can share and exchange their creative, critical, and innovative ideas, 'Empezar': A Beginning, Health & Wellness Fiesta, an annual event exclusively designed for Primary Wing students, was organized on September 29, 2023, under the aegis of the Health & Wellness Programme, BBMS. The theme for the celebration was "Grandparents: Our Guiding Stars." The Health & Wellness Team, under the inspiring guidance of Dr. Alka Saxena, Deputy Director (Health & Wellness), BBGS, conceptualized the event as a platform for innovation and self-expression.. A wide range of activities were crafted by the Health & Wellness team, to unleash creativity within the young scholars. These included 'Souvenirs for Grandparents' for Class III, 'Creative Planner for Grandparents' for Class IV, and 'Creative Organizers for Grandparents' for Class V. The students enthusiastically participated in these activities, expressing their love and gratitude towards their grandparents. The students' work was artistically showcased during the Grandparents Day Celebration on September 30, 2023, garnering considerable acclaim and acknowledgment from the audience.



This occasion marked a distinctive initiative by the Health & Wellness Team to foster a connection between students and our cultural heritage, highlighting the pivotal role of elders in our families.

Dr. Alka praised the dedication of the young Blue Bellians and encouraged them to stay connected to their heritage, emphasizing the crucial role grandparents play as strong pillars of support within families as radiant stars and guiding angels.



The joyful atmosphere and excitement exhibited by both students and visitors at the event stand as a proud testament to the unwavering dedication of the BBMS Health & Wellness Team.



## WORLD MENTAL HEALTH DAY 2023



**"Caring for the mind is as important and crucial as caring for the body. In fact, one cannot be healthy without the other." - Sid Garza-Hillman**

World Mental Health Day 2023 provided a chance for individuals and communities to ardently contribute to the theme, 'Mental Health is a Universal Human Right,' fostering understanding, awareness, and initiatives aimed at safeguarding and enhancing everyone's mental well-being as an inherent human entitlement. To sensitize the students on the importance of mental wellbeing, the school celebrated World Mental Health Day under the aegis of the Health & Wellness Programme spearheaded by Dr. Alka Saxena, Deputy Director (Health & Wellness), BBGS. Ma'am is an avid advocate of the socio-emotional well-being of children. Under the inspirational leadership of Ma'am, the Health & Wellness Team organized activities tailored for the students of Middle and Senior Wing, aiming to raise awareness about the significance of mental well-being.



**The Middle Wing students were thoroughly engrossed in 'Creating Positive Self-Affirmation Badges for Mental Health Day to 'Promote Self-Esteem And Mental Well-Being.' Students were encouraged to think about phrases that made them feel confident and happy. They were asked to choose a positive self-affirmation personifying their unique qualities and put it on their badge.**

**For the Senior School students, a short video related to mental health was screened in the morning assembly followed by an informative address by Priyanshi Yadav, Health & Wellness Ambassador, and Goohika Joshi, Peer Mentor. In her talk, Priyanshi focused on emotional well-being as a vital aspect of our overall health, and learning to swiftly move across and manage our emotions for our personal growth and success.**

**Dr. Alka praised the dedication of both students and teachers for creating awareness and emphasizing the importance of sound mental health in maintaining our overall health. Ma'am encouraged all the members to be mindful of their mental health and acquire effective methods for overall growth.**



# GENESIS - HEALTH AND WELLNESS FIESTA 2023, A MEGA LIFE SKILLS EVENT



**Brahm Dutt Blue Bells Public School proudly hosted 'Genesis - Health and Wellness Fiesta-An Inter School Mega Life Skills Event' on November 08, 2023, under the aegis of Adept -A Program for Enhancing Life Skills powered by wellnesswise.in . The Debate was centered on the idea that 'Mental Health is a Fundamental Human Right.' Dr. Alka Saxena, Deputy Director (Health & Wellness), BBGS, was the soul and spirit of the celebration and played a pivotal role in shaping and materializing the event concept.**

**An Inter-School Debate Competition for Classes IX-XII was orchestrated to commemorate the occasion. The topic for creative articulation was – "Is Talking about Mental Health a Taboo in India?"**



**Distinguished guests from the realms of education adjudged the participants' creativity and expression. It was an outstanding opportunity for Generation Now to harness their creative abilities and showcase their remarkable expression in the battle of words. The students of renowned eighteen GPSC schools participated in the event with great spirit and fervour.**

**An engaging and engrossing session was organised for the accompanying teachers which began with Mindful Mandala followed by thought-provoking activities where the team connected with their feelings, their thoughts and help them to express with clarity . The hidden spark in the facilitators was invoked and they felt rejuvenated and grateful. A Creative Corner added a spice to the event where the students were thoroughly engrossed in activities related to Critical & Creative Thinking and soothing Relaxation Techniques.**

**Dr. Saroj Suman Gulati, the esteemed Director, extended her felicitations to both the winners and the team for their outstanding presentation. Ma'am emphasized the significance of good mental health in fostering holistic personality development.**



Dr. Alka heartily praised the participating schools and the in-house team for their dedicated commitment, which contributed significantly to the event's overwhelming success.

The result of the Competition was: -

<i>Category</i>	<i>School Name</i>
<i>Best Speaker -For the Motion</i>	<i>G4-010- Blue Bells Model School, Sec-4, Gurugram</i>
<i>Best Speaker – Against the Motion</i>	<i>G4-007 – Brahm Dutt Blue Bells Public School, Sector -10, Gurugram</i>
<i>Best Interjector</i>	<i>G4 012- Shalom Presidency School</i>
<i>Best Team Debate</i>	<i>G4-012- Shalom Presidency School</i>
<i>First Runner-Up Team Debate</i>	<i>G4-018- Our Lady of Fatima , Gurugram</i>
<i>Second Runner-Up Team</i>	<i>G4-001- DAV, Sec- 14, Gurugram</i>



## **PEER EDUCATORS' INTRODUCTORY SESSION (2023-24)**



**At Blue Bells, we believe that nurturing the interconnected dimensions of values, life skills and wellness is essential in order to provide a wholesome education to children. Dr. Alka Saxena, Deputy Director (Health & Wellness), Blue Bells Group of Schools structured the Health & Wellness Programme with the strong vision of equipping the students with knowledge and awareness of their Health and Wellbeing thus ensuring a strong foundation of their childhood.**

**The Peer Educator Programme was launched by the Health & Wellness Team in the year 2015 which comprises of a Health & Wellness Ambassador from Class XII, a Peer Mentor from Class XI and 14 Peer Educators from Classes VI to X along with a Junior Health & Wellness Ambassador from the Primary Wing. These students are an integral part of the Student Council. They play an active role by working as a bridge between mentors and pupils and also conduct especially designed sessions for the students along with Counsellors and Life Skills Facilitators.**



**In furtherance of the vision, the Peer Educators for the Session 2023-24 were selected through a structured procedure comprising the Written Round, JAM Session, Team Building Activities and Personal Interview with Dr. Alka.**

**With the aim of giving an insight into the Health & Wellness Programme, and fostering a sense of teamwork, a joint Introductory Session for newly elected Peer Educators of Blue Bells Model School and Brahm Dutt Blue Bells Public School was organised on November 2, 2023, in the premises of BDBBPS. The session was presided over by Dr. Alka Saxena, Deputy Director, BBGS. The session was facilitated by Health & Wellness Ambassadors and Peer Mentors from both schools. These emerging leaders led various activities with their teams and shared valuable insights on different topics. Together, they guided their peers to actively participate in discussions and encouraged them to express their opinions on relevant subjects.**



**The highlights of the session were:**

**Team Building Activity**

**Roles & Responsibilities of the Peer Educators**

**Do's & Don'ts of Peer Educators**

**Dr. Alka apprised the students about the Do's and Don'ts of Peer Educators in a creative manner, providing them with valuable insights into their roles and being mindful while performing their duties. She elaborated on the responsibilities that come with the role. During the session, Ma'am not only briefed them on the key takeaways but also offered motivation for their future goals. She urged them to harness their capabilities and give their best in all their endeavours.**

**Peer Educators List (VI- XII)**

**Session 2023-24**

**HEALTH & WELLNESS AMBASSADOR- PRIYANSHI YADAV XII A**

**JUNIOR HEALTH & WELLNESS AMBASSADOR- CHAHEK  
MAKKAR V A**

**PEER MENTOR- GOOHKA JOSHI XI C**



<b>DESIGNATION</b>	<b>NAME</b>	<b>CLASS/SEC</b>
<b>PEER EDUCATOR</b>	<i>Bhavika Sharma</i>	VI A
<b>PEER EDUCATOR</b>	<i>Tanisha Sharma</i>	VI B
<b>PEER EDUCATOR</b>	<i>Nitasha Bhutani</i>	VI C
<b>PEER EDUCATOR</b>	<i>Vineet Janghu</i>	VII A
<b>PEER EDUCATOR</b>	<i>Dilisha Madan</i>	VII B
<b>PEER EDUCATOR</b>	<i>Chhavi Goel</i>	VII C
<b>PEER EDUCATOR</b>	<i>Aratrika Rana</i>	VIII A
<b>PEER EDUCATOR</b>	<i>Devanshi Sharma</i>	VIII B
<b>PEER EDUCATOR</b>	<i>Shivom Verma</i>	IX A
<b>PEER EDUCATOR</b>	<i>Aarav Gauthwal</i>	IX B
<b>PEER EDUCATOR</b>	<i>Kiran Bisht</i>	X A
<b>PEER EDUCATOR</b>	<i>Gauri Marwah</i>	X A



## INDIGENOUS INITIATIVES

### & WORKSHOPS



## COMMITMENT FOR HAVEN FOR LEARNING: TEACHER EMPOWERMENT WORKSHOP ON SAFE TOUCH

*“There is nothing more precious to a parent than a child, and nothing more important to our future than the safety of our children.”*

Every child needs to be taught that their body belongs to them, and they have a right to protect it. With a vision to sensitize the teaching faculty about the safety of the young netizens, an interactive, activity-based Teachers' Empowerment Workshop on 'Safe Touch' was conducted for the Pre-Primary, Primary Wing and Middle Wing faculty on September 13 & 14, 2023 respectively. The safety awareness workshop aimed at educating teachers on vulnerabilities and threats that exist around the students. The focus was to make them aware of the personal zones of their bodies which are not to be touched by anyone. The teachers were made aware of what are SAFE and UNSAFE touches. They were also informed about the measures that children can take in an unsafe situation. Case studies related to different incidents were also discussed during the session.



The module empowered the teachers to recognize and protect the students against such dangers from an early age. To help the school team internalize the concept, an effective discussion on 'Stranger Safety' was also undertaken, wherein some concerns and views were shared. The session was summarized by sharing the links of age-appropriate video and PPT on safety suggested by the CBSE and the Gurgaon Police. The teachers found the workshop to be informative and they felt that they were now better equipped to face these challenges.





## **Raahein- The Positive Parenting Guide' Presented by Wellness Wise by Dr. Alka (Navigating the Teen Years Together)**



***"Parenting is not about being perfect. It's about being the best you can be to guide your child to become the best they can be." - Anonymous***

**Children actively look to us for guidance, affection, and encouragement throughout their journey. Strengthening positive parenting skills not only provides our children with a feeling of safety but also nurtures essential life skills within them. In alignment with the goal of ensuring the overall well-being of children, Wellness Wise by Dr. Alka organized an enriching, engaging, interactive, and activity-based workshop - 'Raahein- The Positive Parenting Guide' (Navigating the Teen Years Together) for the parents of adolescents on October 7 & 12, 2023, in the premises of Brahm Dutt Blue Bells Public School, Sector 10, Gurugram.**



**Dr. Alka Saxena, Certified Positive Discipline Parent Educator and Deputy Director (Health & Wellness), BBGS, was the esteemed resource person for the workshop. During an interactive learning session involving hands-on activities, the emphasis was placed on vital topics, such as Understanding developmental task of adolescence, Effective Communication, Empathy, and Conflict Resolution. Additionally, parents were encouraged to engage in open conversations with their children, who are attempting to comprehend the world through their unique lenses. Dr. Alka urged parents to support their child's skill development and guide them through this challenging phase. Parents can constructively contribute to assisting their children in acquiring essential life skills such as self-awareness, communication, and respectful conflict resolution.**

**The parents expressed sincere gratitude for the meticulously organized session. The workshop was highly regarded and appreciated by them.**





The teachers found the workshop to be informative and they felt that they were now better equipped to face these challenges.





## 2ND ANNIVERSARY OF WELLNESS WISE

BY DR ALKA



It's time to celebrate the 2nd anniversary of "Wellness Wise by Dr Alka"! Looking back at two years of incredible growth, milestones, and positive parenting insight we thank everyone for their support which has been our guiding light, and we are so grateful .

Click the link to watch the full video message here: <https://bit.ly/3FwdSMA>

Thank you for being a part of our community and for embracing the wellness and parenting journey with us. Here's to many more years of learning and growing.



#### AUTHOR PROFILE



**Dr. Alka Saxena**

Dr. Alka Saxena is an avid advocate of the socioemotional well-being of children. She earned her MBBS from the prestigious...

**“Wellness is a connection of paths; Knowledge and Actions” -  
Joshua Holtz**

Dr. Alka Saxena is a futurist who is constantly working to integrate the best emergent practices of Health & Wellness with education. She created her blog, Wellness Wise by Dr. Alka. The purpose was to reach out to a broad audience with the aim of sharing her vast knowledge and practices on life skills, health, and wellbeing. Her blog postings based on her experiential knowledge as an educator covers a wide range of topics which connects and relates to all the age groups alike.

<https://wellnesswise.in/wednesdaywellness-4/>

Wellness Wise Specials  
By  
**Dr. Alka**

*Festive Detox*  
to Cleanse Your  
Mind & Body

WellnessWise by **Dr. Alka**  
presents  
**Raahin**  
*The Positive Parenting Guide*  
(Navigating the Teen Years Together)

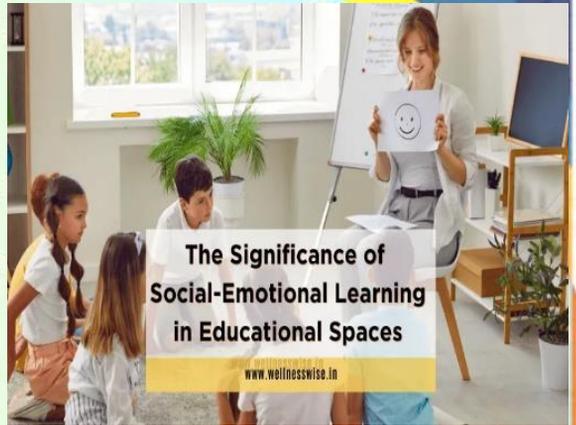
Expert Faculty  
**Dr. Alka Saxena**  
Certified Practitioner in Parent Education  
Facilitator in Counseling & Skills for Adolescent Peerings

Thursday, October 12, 2023 10:00 am to 1:00 PM  
Bachchan Doot Blue Bell Public School Sector-10, Gurgaon



## The Beauty of Everyday Kindness

[www.wellnesswise.in](http://www.wellnesswise.in)



## The Significance of Social-Emotional Learning in Educational Spaces

[www.wellnesswise.in](http://www.wellnesswise.in)



## Exploring the Essence of Counselling

[www.wellnesswise.in](http://www.wellnesswise.in)



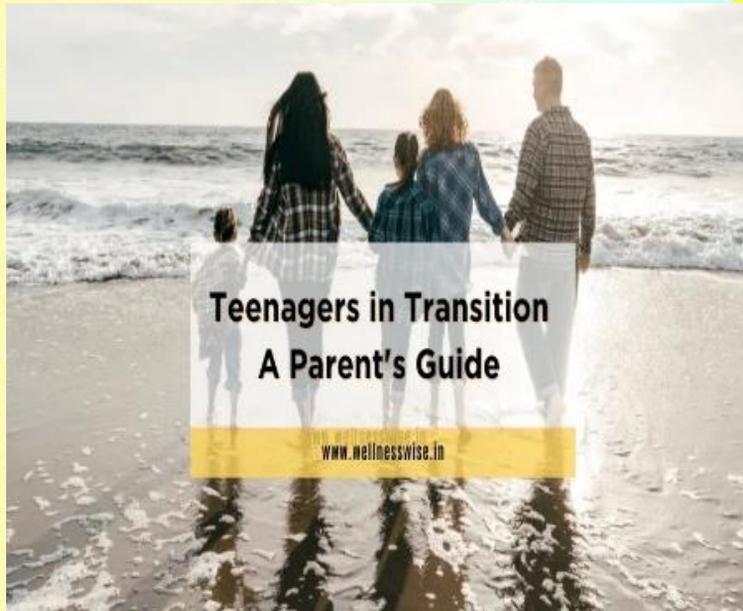
Sometimes our feelings need a little help, and counseling is like a friendly guide for our emotions.

[www.wellnesswise.in](http://www.wellnesswise.in)



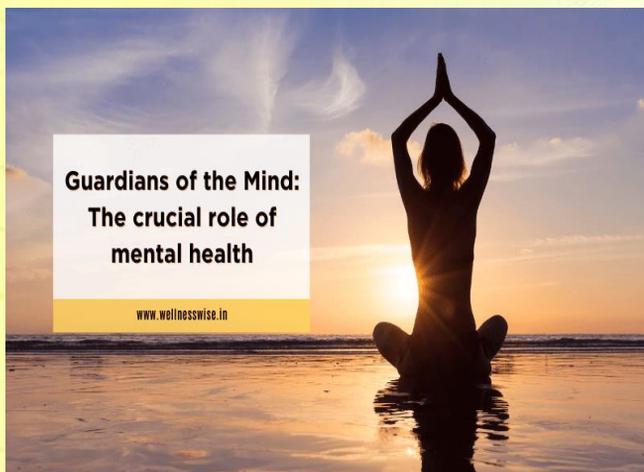
## Wellness Quotes for the Little Stars

[www.wellnesswise.in](http://www.wellnesswise.in)



## Teenagers in Transition A Parent's Guide

[www.wellnesswise.in](http://www.wellnesswise.in)



## Guardians of the Mind: The crucial role of mental health

[www.wellnesswise.in](http://www.wellnesswise.in)



*"Every child is an artist,  
the problem is staying an artist  
when you grow up."*

- Pablo Picasso

[www.wellnesswise.in](http://www.wellnesswise.in)



## #FeelGoodFriday

[www.wellnesswise.in](http://www.wellnesswise.in)



***Dear Reader***

***Warm Greetings for the New Year!***

***2023 was a year marked by living, learning, reliance on technology, love, and an abundance of gratitude that united everyone through a special bond. Our aspiration for 2024 is to foster hope, happiness, good health, diligent effort, and harmony.***

***May we all receive the greatest blessings from the divine and achieve unprecedented success. May our aspirations transcend the limitations, defying the laws of gravity!***

***Keep an eye out for our upcoming newsletter edition; we will be back soon.***

***Editorial Team***

***BDBBPS Newsletter***



***“A strong pulsating desire is the bedrock of splendid accomplishments. Whatever you conceive and believe, you achieve...”***

**Thank You!**