



**BRAHM DUTT BLUE BELLS PUBLIC SCHOOL  
SECTOR-10, GURUGRAM**

# **E- NEWSLETTER**

**October–December 2024**



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# MESSAGE

Dear Readers

I feel immense pride in Congratulating the entire team of the school on being ranked as the #1 school in Technology Integration pan India. A commendable feat indeed!

This would not have been possible without the initiative and efforts of the teachers. At Blue Bells, we provide the right tools to educators but implementing them effectively is completely their initiative and hard work.

Instant access to information and enhanced student engagement are some of the key benefits of integrating technology with education. International connect is yet another advantage that it brings. One of the most significant contributions of technology to education is its ability to bridge geographical and socio-economic gaps.

A very recent example of Technology enabling uninterrupted education is through virtual classes in the wake of sudden closure of schools due to high AQI levels. During Covid we discovered how tech resources come to our rescue when institutions have to suddenly stop functioning. A couple of years back, we could not have imagined that schools would continue to function even while being physically closed. Such is the power of Technology and Communication!

I hope that the team will continue to learn, grow and transfer their knowledge effectively using the vast array of tools available.

With Best Wishes  
Anshuka Aneja  
Deputy Director IT  
Blue Bells Group of Schools



# HALL OF FAME





October 23, 2024

# EDUCATION ICON OF THE YEAR



**Madam Soumya Gulati, our visionary Deputy Director (Academic Development & Innovation), Blue Bells Group of Schools, was bestowed with the prestigious recognition and award of “Education Icon of the Year 2024” at the 16th EduLeaders Summit & Awards, hosted by Plus 91 Media in Lucknow.**



## ATL SCHOOL OF THE MONTH – OCTOBER 2024



THIS CERTIFICATE IS PRESENTED TO

BLUE BELLS PUBLIC SCHOOL

FOR FEATURING IN THE ATL SCHOOL OF THE MONTH FOR

Oct-24

KEEP TINKERING AND KEEP INNOVATING

*Chintan Vaishnav*

Dr. Chintan Vaishnav  
(Mission Director, Atal Innovation Mission - NITI Aayog)



The school was honoured as the **ATL School of the Month (October 2024)** by the esteemed **Atal Innovation Mission (AIM)**. The school achieved this remarkable accomplishment under the **pioneering mentorship of Ms. Anshuka Aneja, Deputy Director - IT, BBGS.**



November 05, 2024

## EDUCATION WORLD GRAND JURY AWARDS 2024-25



**#1 RANK PAN India**

**#1 RANK in Haryana**

**#1 RANK in Gurgaon**

**'Best in Technology Integration'**



**BDBBPS RANKED 1  
IN TECHNOLOGY INTEGRATION PAN INDIA**





## GLOBAL SUSTAINABILITY AWARDS 2024



Our school earned the PEWTER Award in the **Collaboration and Innovation** category, highlighting our commitment to teamwork and forward-thinking solutions. Additionally, students secured six individual honours across various categories:

- **GOLD** – SDG 10: Sense Smart by Neerav Panwar and Chirag Sharma (Class XII)
- **GOLD** – SDG 12: Bamborelle by Dhruv Bahri, Gauri, and Bhavya Jha (Class XII)
- **SILVER** – SDG 4: EmpowerEd by Khushi Sharma, Sudiksha Jha, and Zesay Angmo (Class XII)
- **SILVER** – SDG 9: Pothole Detector and Filler by Saksham Pandita (Class X)
- **PEWTER** – SDG 9: Auto Cleaning Mode in AC by Prisha Bhatia and Poorvi (Class X)
- **JUNIOR**–SDG9: Smart Medicine Dispenser by Arihant Rao (Class VII)



# BDBBPS BESTOWED WITH GENERATION GREEN CERTIFICATE



The school was a proud recipient of **Certificate of Appreciation** for its exemplary contribution as a proud partner in the prestigious **Generation Green 2024**. Spearheaded by **OPPO India** in collaboration with **AICTE**, supported by the **Atal Innovation Mission, NITI Aayog**, and managed by this initiative aims to empower the youth to embrace and advocate sustainability for a greener future. The school under the mentorship of **Ms. Seema Yadav** and **Ms. Bhawana Singh** has demonstrated its dedication to creating a cleaner, greener future for generations to come.



# SUSTAINABILITY INNOVATION AWARDS 3.0



The school proudly clinched the prestigious **Green School Award** at the **Sustainability Innovation Awards 3.0**. Adding to this proud moment, **Ms. Madhu Talwar, Middle Wing Leader, BDBBPS**, was bestowed with the **Green Leader Award** for her exceptional leadership in championing sustainable practices.



## INDIA ICONIC EDULEADER 2025 PAN INDIA BY JOINT DIRECTOR NCERT



**Dr. Trilok Singh Bist**, Principal , B.D. Blue Bells Public School, Gurugram, was honoured with the prestigious India Iconic EduLeader 2025 Award by the Global Talk Education Foundation.

Dr. Bist was the only principal from Haryana to receive this honour, standing out among the top 15 EduLeaders across India. The award was presented by Joint Director NCERT, Dr. Shridhar Srivastava, in a glittering ceremony under the aegis of the Centre for Educational Development Foundation, New Delhi.





## ASTOUNDING ACCOMPLISHMENT BY GOOHKA JOSHI

**B.D. BLUE BELLS PUBLIC SCHOOL  
SECTOR 10, GURUGRAM**

*Congratulates*

**GOOHKA JOSHI**

*for securing*  
**AIR 30**  
*in*  
**ALL INDIA LEGAL ENTRANCE TEST  
(AILET) 2025**  
*and has made it to*  
**NLU-DELHI**

Heartiest congratulations to Goohika Joshi for her outstanding achievement in clearing the AILET exam with an impressive All India Rank 30, securing a place at the prestigious NLU Delhi.



## AN AVANT GUARD LEADER –DR. AJAI CHOWDHRY , OUR ESTEEMED CHIEF GUEST FOR CYBERTRONIX



**Cybertronix 2024**, held on November 16, 2024, celebrated innovation and sustainability with students from 18 Delhi-NCR schools showcasing their technical expertise. Chief Guest **Dr. Ajai Chowdhry**, **HCL Co-founder and Padma Bhushan awardee**, shared insights on leveraging technology for a sustainable future. Renowned for his role in making India a global electronics hub, he is also a **Distinguished Fellow at NITI Aayog** and a key figure in the **National Quantum Mission** and the **India Semiconductor Mission**.



# GLIMPSES OF TREASURED MOMENTS WITH DR. CHOWDHRY





November 27, 2024

## MEKATHLON 2024, AN INTERNATIONAL SCIENCE AND ROBOTICS COMPETITION IN BENGALURU



**Arihant Rao and Dakshit Srivastava, from Grade VII demonstrated exceptional problem-solving skills by innovating a Smart Medicine Dispenser, designed to assist elderly individuals who often forget to take their medications.**

**This groundbreaking idea secured them Second Place in the competition, earning them Silver Medals, a trophy, and a cash prize of ₹16,000.**



December 16, 2024

## EXCEPTIONAL PERFORMANCE BY ARYAN TYAGI

### मेरठ के तीन खिलाड़ियों का विजय ट्राफी में चयन

By SHARDA EXPRESS NEWS - December 3, 2024 0



**शारदा रिपोर्टर मेरठ।** उत्तर प्रदेश क्रिकेट अंडर 16 में मेरठ के खिलाड़ियों का हमेशा दबदबा रहा है। मंगलवार को तीन खिलाड़ियों का चयन विजय मर्चेट ट्राफी के लिये हुआ है।

सरधना थाना क्षेत्र के ग्राम पाली निवासी आफ स्पिनर अरनव सोम को कोच चेतन रतूड़ी ने प्रशिक्षण दिया है। अरनव अपनी पुलाइट गेंदबाजी और गुगली से सबको चकित कर रहे हैं। पसवाड़ा गांव के मोनू कुमार लेग स्पिनर हैं और संजय रस्तोगी से प्रशिक्षण ले रहे हैं। मोनू की लेग ब्रेक और टॉप स्पिन बैट्समैनों को परेशानी में डालती है। खतौली के खेकड़ी गांव निवासी आर्यन त्यागी तेज गेंदबाजी करते हैं।

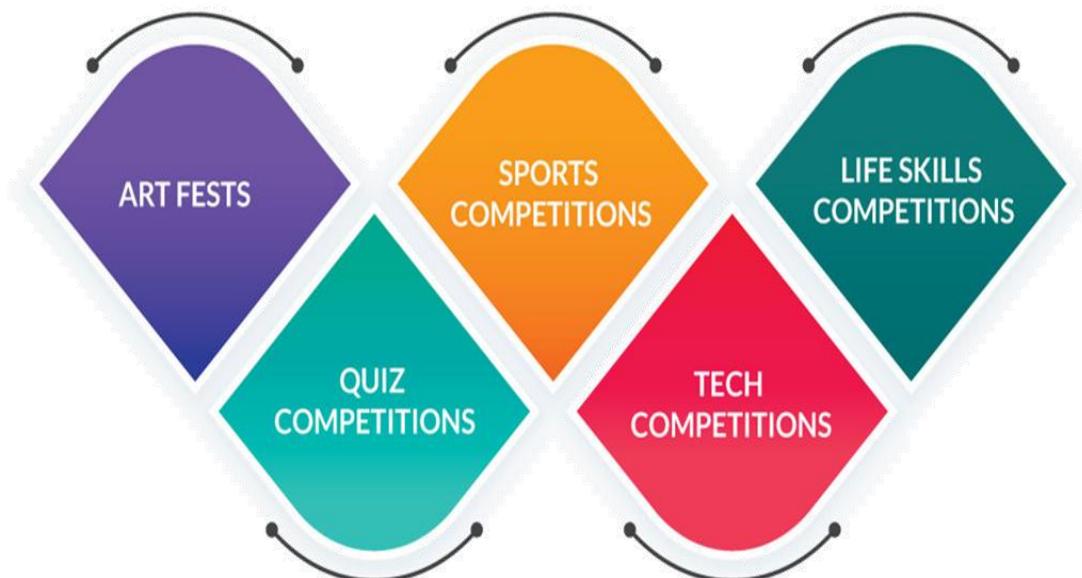
श्याम यादव की कोचिंग ने इस गेंदबाज को स्विंग में नियंत्रण करना सिखा दिया है। तीनों खिलाड़र मध्यप्रदेश के खिलाफ खेलने के लिये रवाना हो गए।



**Aryan Tyagi of Class XI- D was selected to represent the UPCA Under-16 cricket team in the Vijay Merchant Trophy being held in Gwalior.**



# Inter-School Achievements





October 07, 2024

## DISTRICT ROLL BALL COMPETITION



**Under-9 Boys' Team** clinched **First Place** at the **District Roll Ball Competition**. The school team has earned the **prestigious opportunity** to compete at the **State Level Competition** in Kaithal

"Victory belongs to those who believe in the power of teamwork and determination."



# CBSE VOLLEYBALL CLUSTER XV TOURNAMENT



•The Under-14 Girls' Team achieved an impressive Second Place.  
(Team Members: 9 girls)

•The Under-17 Girls' Team earned a commendable Third Place.  
(Team Members: 8 girls)

"Success in volleyball is not just measured by the number of wins, but by the heart, teamwork, and resilience displayed on the court. Every point earned is a reflection of dedication and the relentless pursuit of excellence."



October 08, 2024

## ABHIVYANJNA HOSTED BY GEMS INTERNATIONAL SCHOOL



**Our Class VIII students secured the First Position in the 'Nukkad Natak' event.**

**Saksham Pandita and Kamakshi Yadav clinched the First Position in the Debate Competition, .**

**In the event 'Katha Se Rang Manch Tak,' Rudransh Yadav and Sanyam Gupta from Grade IV, along with Reeyansh Dora and Naman Verma from Grade V, achieved a commendable Second Position.**

**'Determination, perseverance, and self-belief are the key ingredients that propel you to the summit of success.'**



## CROWNING GLORY BY BDBBPS IN CYFERNODE 3.0 AT SUMMERFIELD SCHOOL



- In the **AI Pixel - Photography Competition**, **Ashutosh and Diyansh Sharma** from **Class IX** clinched the **First Position** with remarkable photography skills.
- **Vansh Aglawat and Aariush Chauhan**, from **Class IX**, claimed the **First Position** in the **AI Beats - Audio Mixing Competition**, impressing everyone with their creativity and technical prowess.
- **Swastik and Kashvi Mehra**, from **Class IX**, earned the **Second Position** in the **AI Revive - E-Waste to Toy Making Competition** by creatively repurposing e-waste into innovative toys.
- In the **AI Techathon - Quiz Competition**, **Sidharth Dang and Diyansh Kumar** from **Class XII** showcased their quick thinking and extensive knowledge, securing the **Second Position** in a challenging quiz.
- **Saksham Pandita (Class X)**, along with **Vyom and Navya (Class XI)**, brought home the **Third Position** in the **AI Visual - Movie Making Competition**, demonstrating their storytelling and cinematography skills.



# SURUCHI MUSIC AWARD BY SURUCHI KALA KENDRA



The school won **First Position** at the **Suruchi Vocal Music Competition 2024**, competing against 22 other schools.

"Music is the divine way to tell beautiful, poetic things to the heart." – Pablo Casals



October 25, 2024

## INTER SCHOOL SCIENCE COMPETITION AT SALWAN PUBLIC SCHOOL



**Ishaan Singh and Aarush Chauhan of Grade IX** secured a **coveted Third Place** with their innovative game, **'CarbonQuest'** in the highly anticipated Inter-School Science Competition and Summit, Mindsparks 2024 .

'CarbonQuest' is an interactive educational game that raises awareness about the environmental impact of carbon emissions.



## ASTOUNDING PERFORMANCE AT CYBERBUZZ 2024



**Chromatic Circuits - Robo Race Competition:** Tanmay Singh (Class VIII) and Rohit Yadav (Class IX) secured Second Position, impressing everyone with their robotics expertise and outstanding teamwork.

- **Chalchitra (Short Film Making):** Raisha and Vansh Ahlawat (from Class IX) won Third Position for their creativity in storytelling and filmmaking, leaving a lasting impression with their unique artistic vision.

"The future belongs to those who believe in the beauty of their dreams." — Eleanor Roosevelt



## SHALOM TECH 2024: SUCCESS IN GAMING AND CODING COMPETITIONS



In the **Game Box - Valorant Gaming Competition**, our team, consisting of Samarpit Chhabra (Class XI), Bhavishya Dagar (Class XI), Priyansh Hooda (Class XII), Saubhagya (Class X), and Aditya (Class X), **secured the III Position with a stellar performance.**

Additionally, in the **Code Tales - Story Designing in the Scratch event**, Aryan and Mihika Bansal, both from Class VII, captivated the judges with their innovation and **clinched the III Position in this category.**

‘Technology is a catalyst for innovation, transforming great ideas into groundbreaking realities.’



October 26, 2024

## SCIAMALGAM – 2024 BY RAMAN MUNJAL VIDYA MANDIR



**Tejasvee Chandna (Class IV) and Naisha Singhal (Class V) clinched the Second Prize** at the prestigious Inter-School Competition, 'SCIAMALGAM – 2024,' hosted by Raman Munjal Vidya Mandir School, Gurugram.

“Confidence is the foundation of all great achievements.” – Brian Tracy



# SGFI STATE YOGA TOURNAMENT



Rudransh (Class VB) secured the 1st Position, and Ishita (Class VC) clinched the Third Position at the prestigious SGFI State Yoga Tournament, hosted by Agastya International School, Rohtak.

**"Yoga is the journey of the self, through the self, to the self." – Bhagavad Gita**



# GPSC VOLLEYBALL TOURNAMENT



The Girls' Under 17 team of BDBBPS participated in the GPSC Volleyball Tournament held at DPS Maruti Kunj and bagged the coveted **First Position**.

"Volleyball is more than just a game; it's a rhythm of teamwork, passion, and resilience, where every spike is a challenge conquered, and everyone serves a dream in motion."



## B-FINSMART 2.0 BY DAV SECTOR 49, GURUGRAM



### OVERALL WINNERS TROPHY

Tushar Sharma (XII C) and Vyom Gupta (XI C) clinched the **Second Position** in the Mic Drop (Stock Market Song Presentation) category.

In the Corp View (Company Research and Presentation) category, the **Third Position** was secured by Banaj (XII C), Dhruv Bahri (XII C), Saisha Kapoor (XI C), and Aryan (XI B).

"Financial literacy is the key to unlocking a future of independence and opportunity—empowering you to make informed decisions, build wealth, and secure your dreams."



## UNEXPLORED REALMS 8.0 HOSTED BY CCA



Garima Yadav and Ipsha from Grade XI proudly represented BDBBPS and brought laurels for the alma mater by securing a coveted Third Position in the **“Scientific Odyssey of Indian Food”**.

"Financial literacy is the key to unlocking a future of independence and opportunity—empowering you to make informed decisions, build wealth, and secure your dreams."



November 13, 2024

## 'LA FÊTE DE LA LANGUE: A FESTIVAL OF LANGUAGES AT BBMS



The **students of BDBBPS** lifted the prestigious **Overall Winner's Trophy** at 'LA FÊTE DE LA LANGUE: A Festival of Languages,' organized by Blue Bells Model School, Gurugram, under the aegis of GPSC.

- In the Kavya Abhinaya category (Sanskrit, Grade IX), Shreya and Vanshika won First Place, delivering a moving combination of poetry and classical dance that left a lasting impression on the judges.
- Divya (VII) and Nishtha Makkar (VIII) also captured First Place in Creative Photography (Grades VI-VIII) with a heartfelt photograph on the theme "Moments of Joy."
- In the Contra Opinion competition (Grade XI), Mannat Kaur clinched First Place with her persuasive bilingual argument on a proverb, demonstrating excellent language skills and thoughtful expression.
- Additionally, our participant earned Second Place in Perspective Photography (Grade XI), showcasing originality and technical prowess.

"Language is the road map of a culture. It tells you where its people come from and where they are going." — Rita Mae Brown



November 18, 2024

## FEST-A-FIESTA AT BLUE BELLS PREPARATORY



- **Arjun Garg from Grade LKG** charmed hearts in the **Tingle Jingle** event, clinching the **Second Position** with his imaginative flair and captivating performance, proving that brilliance knows no age.
- The **vibrant team from Grade II** lit up the stage with their mesmerizing group dance in **Peace with Beats**. Their soulful portrayal of peace and harmony, woven through graceful movements, earned them a well-deserved **Second Position** and heartfelt adulation from all present.

"Inter-school competitions are not just about winning; they are a celebration of talent, teamwork, and the joy of learning from one another."



# SUNCITY MI-ME COMPETITION



- In Group 1 (Grades X & XI), Paras Luthra stood out with an impressive second-place win in the Design Thinking Category.
- In Group 2 (Grades VIII & IX), Avani Puri followed suit, securing second place in the Making Connections Category.
- In Group 3 (Grades VI & VII), Bhavika Sharma participated and triumphed, clinching the First Prize in the same category. Additionally, Saisha Kapoor earned a well-deserved Third Place in the highly competitive ACE category.

"Inter-school competitions are not just about winning; they are a celebration of talent, teamwork, and the joy of learning from one another."



December 13, 2024

## INTER-SCHOOL DANCE COMPETITION, 'SWAY AND SYNC,' ORGANIZED BY HINDUSTAN TIMES



Grades III–V students achieved remarkable success by claiming the **Second Position** at the Inter-School Dance Competition, 'Sway and Sync,' organized by **Hindustan Times**. The event was held at KIIT World School, Sohna Road, Gurugram, as part of the Lit Fest commemorating 100 years of Hindustan Times.

'Great performances are born out of passion, perseverance, and the will to excel'



## BLAZING THE TRACK: GULMAAIRA'S WINNING FEAT



Gulmaaira Sharda, a Grade IV student clinched the prestigious **1st Position** at the Roll Ball Championship 2024.



"Wheels beneath your feet, wind in your hair, and a smile that goes everywhere."



# CYBER SECURITY





# SMART GAMING TIPS

Gaming can be fun, but stay safe while you are at it! It is easy to fall into cyber traps when you play games online. Hence, it's important to engage with online games safely and smartly.





# SMART GAMING TIPS

**Create a gaming Alias to maintain anonymity**

**Share your gaming achievements, but avoid sharing personal info**

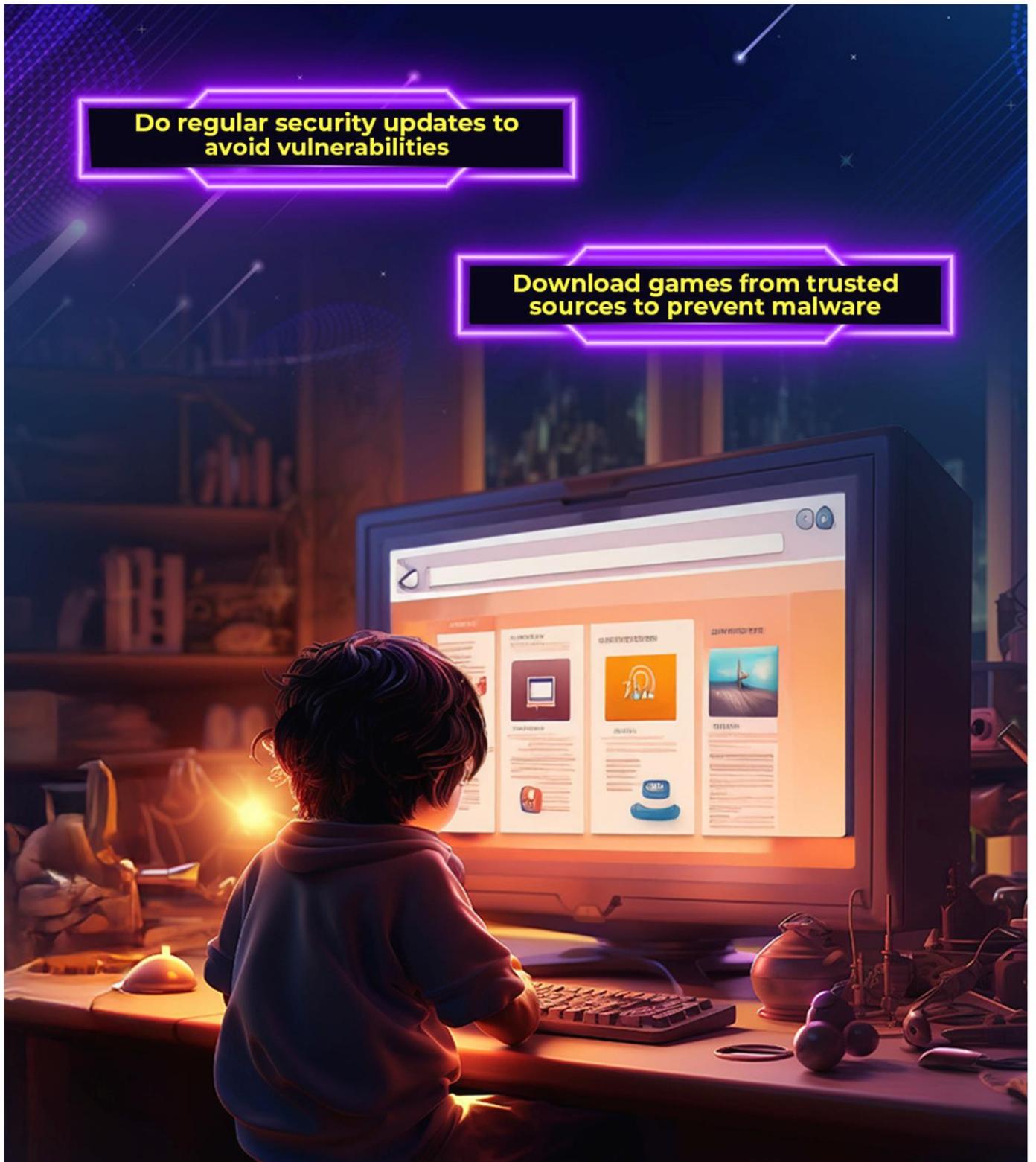




# SMART GAMING TIPS

**Do regular security updates to avoid vulnerabilities**

**Download games from trusted sources to prevent malware**





# SMART GAMING TIPS

**Set a limit on screen time for your mental & physical health**

**Keep in-game purchases in control**





# CELEBRATIONS GALORE



**CELEBRATION**



# GANDHI SHASTRI JAYANTI

"Real freedom is found in service, love, and the pursuit of truth."-Mahatma Gandhi





# STORY TELLING SESSION WITH GRANDPARENTS

Celebrating the Bond Between Generations: A Special Storytelling Session with Grandparents



**'Grandparents are our storytellers, weaving rich tales of love and wisdom that forever stay in our hearts.'**



# STORY TELLING SESSION WITH GRANDPARENTS



**'Grandparents are our storytellers, weaving rich tales of love and wisdom that forever stay in our hearts.'**



# CBSE SKILL EXPO 2024

The 'CBSE Skill Expo and Guidance Festival 2024' was organised on September 28, 2024, at Chitkara International School, bringing together talented students from North Indian states for a Regional Showcase. Our school proudly had two projects selected for this esteemed event. Arihant Rao from VII A and Dakshit from VII C presented their "Smart Medicine Dispenser," while Prisha Bhatia and Poorvi from Class X A introduced their innovative "Auto Cleaning Mode of AC."





# AIR FORCE DAY

The Grade XI Science Stream students organized a special assembly to honour the bravery and dedication of the Indian Air Force in commemoration of Air Force Day on October 08, 2024.



The event began with an engaging introduction that traced the history and growth of the Indian Air Force since its establishment in 1932. The scholars shared intriguing facts that highlighted the Air Force's essential role in national security and its contributions to disaster relief efforts.



# DUSSEHRA

"Festivals serve as beacons of light, guiding us toward harmony, peace, and a deeper sense of unity."





# UNITED NATIONS DAY

Brahm Dutt Blue Bells Public School celebrated United Nations Day with a special assembly conducted by Class VII students. The assembly commenced with an introduction to the UN's history and objectives. A captivating skit highlighted the Sustainable Development Goals (SDGs), emphasizing global cooperation and collective action.





October 26, 2024

# FOUNDATION DAY

**Brahm Dutt Blue Bells Public School Marks 24th Foundation Day with Pride and Zeal**





October 26, 2024

## VISIT TO TAU DEVI LAL PARK (NURSERY & LKG)

The children were captivated by the well-organized sections featuring a variety of plants, trees, and vibrant flowers amidst lush green surroundings.





October 26, 2024

# VISIT TO TAU DEVI LAL PARK

## Nursery & LKG Students Explore and Learn at Tau Devi Lal Park





## VISIT TO OSHO VATIKA

This visit offered them a wonderful chance to connect with nature and discover an array of diverse plants, trees, and vibrant flowers.





October 28, 2024

# COMMUNITY OUTREACH INITIATIVE

**Nurturing Compassion: Brahm Dutt Blue Bells Public School's  
Community Outreach Initiative**



**"The best way to find yourself is to lose yourself in the service of others."  
— Mahatma Gandhi**



October 29, 2024

## GRADE II-VISIT TO A FIRE STATION



"Safety isn't just a slogan; it's a way of life."



October 29, 2024

## GRADE I VISIT TO THE BIODIVERSITY PARK

**"In every walk with nature, one receives far more than he seeks." — John Muir**





# INTERNATIONAL CONNECT

International Conference on Global Leadership and Sustainable Future



### EXAMPLES OF GLOBAL LEADERSHIP



India has shown global leadership in sustainability through initiatives like the International Solar Alliance (ISA), co-founded with France, promoting solar energy use worldwide. India's leadership in renewable energy, ambitious targets for solar power, and strong advocacy for climate action exemplify its commitment to a sustainable global future.



October 30, 2024

# DIWALI ASSEMBLY

A Thematic Assembly by Grade VI



The light of Diwali illuminates not only our surroundings but also our hearts, guiding us toward a path of sustainability and cultural pride.



## DIWALI ASSEMBLY



The Inter-house Rangoli Competition focused on the theme, 'A Greener Diwali, A Brighter Tomorrow.' Each house designed intricate rangolis that beautifully conveyed the message of sustainability, urging everyone to celebrate Diwali with a green mindset. The competition results were as follows:

**I Position: C. V. Raman House**

**II Position: Sarojini Naidu House**

**III Position: Kalpana Chawla House  
and Radha Krishnan House**



**Diwali is not just a festival of lights; it's a celebration of creativity, togetherness, and the promise of a brighter, greener tomorrow.**



## Diwali Celebrations Spark Creativity and Environmental Awareness



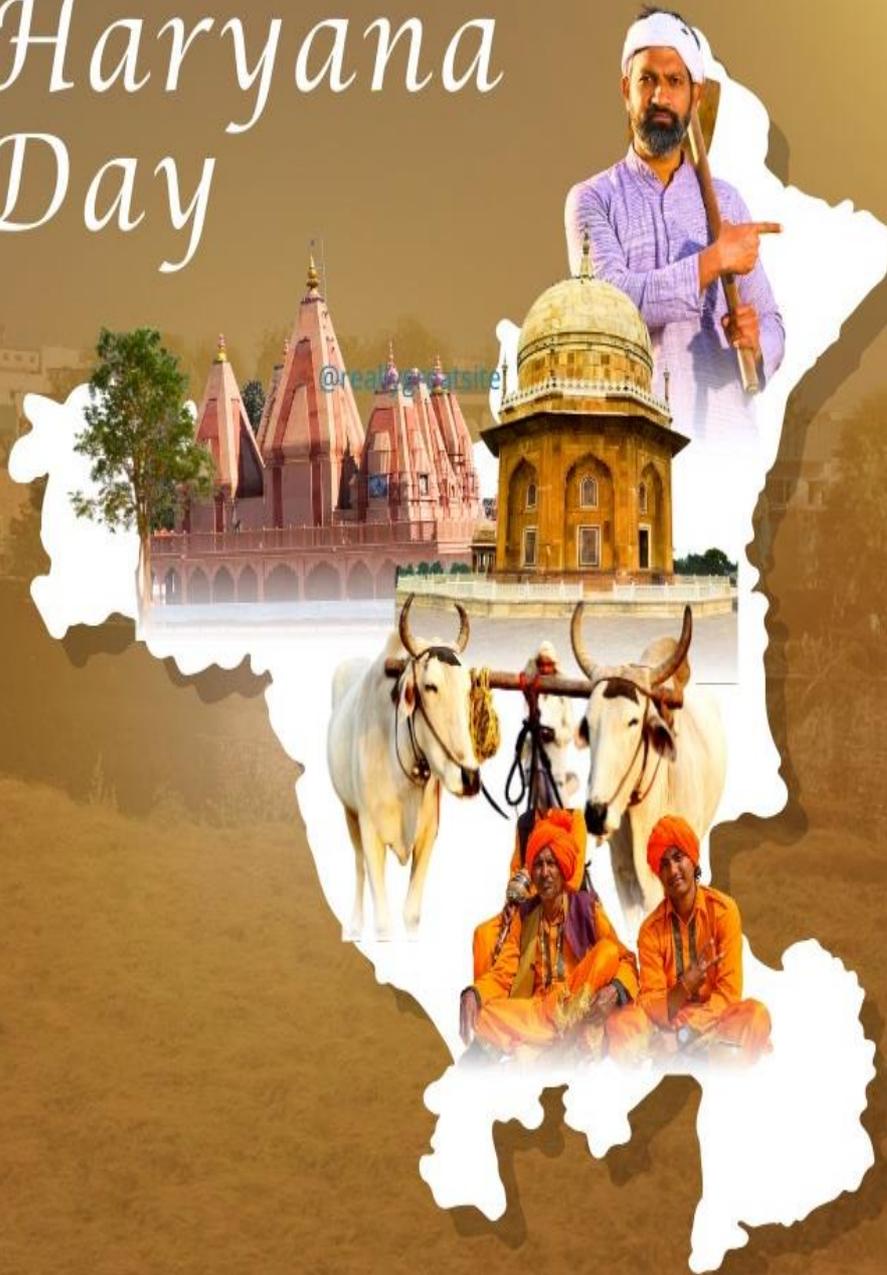
**Diwali is not just a festival of lights; it's a celebration of creativity, togetherness, and the promise of a brighter, greener tomorrow.**



November 01, 2024

# Haryana Day

*Happy  
Haryana  
Day*





# CHILDREN'S DAY

## PRIMARY WING



**'Children are life's greatest gift, and their smiles are the most beautiful sights in the world.'**



# CHILDREN'S DAY

## PRIMARY WING



**'Children are life's greatest gift, and their smiles are the most beautiful sights in the world.'**



November 16, 2024

## INTERNATIONAL CONNECT WITH BRAZIL

Brahm Dutt Blue Bells Public School in India joined hands with Colégio Positivo in Curitiba, Brazil, in a virtual climate action initiative aimed at promoting sustainability and deepening environmental awareness.





November 16, 2024

# CYBERTRONIX 2024

BDBBPS HOSTS CYBERTRONIX 2024: UNLEASHING DIGITAL HORIZONS





November 16, 2024

# GLIMPSES OF CYBERTRONIX 2024





November 30, 2024

# SPORTS DAY-SPARDHA 2024

SPARDHA 2024: A SPECTACULAR ANNUAL ATHLETIC MEET AT BDBBPS



"Sports do not build character; they reveal it." -- Heywood Broun



November 30, 2024

# SPORTS DAY-SPARDHA 2024





November 30, 2024

# SPORTS DAY-SPARDHA 2024





November 30, 2024

# SPORTS DAY-SPARDHA 2024



"Champions aren't made in gyms. They are made from something they have deep inside them—a desire, a dream, a vision." – Muhammad Ali



December 04, 2024

# GRADES III-V:TRIP TO RANTHAMBORE

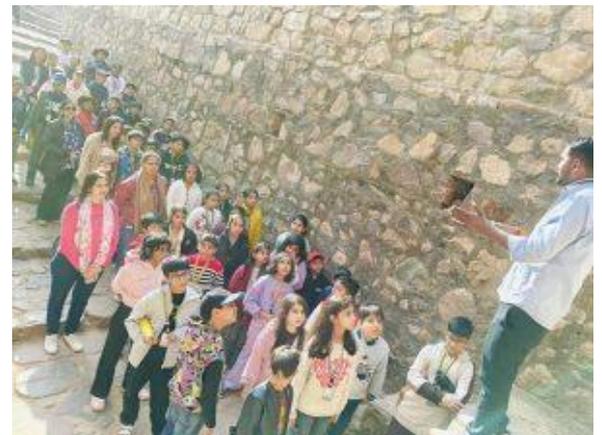
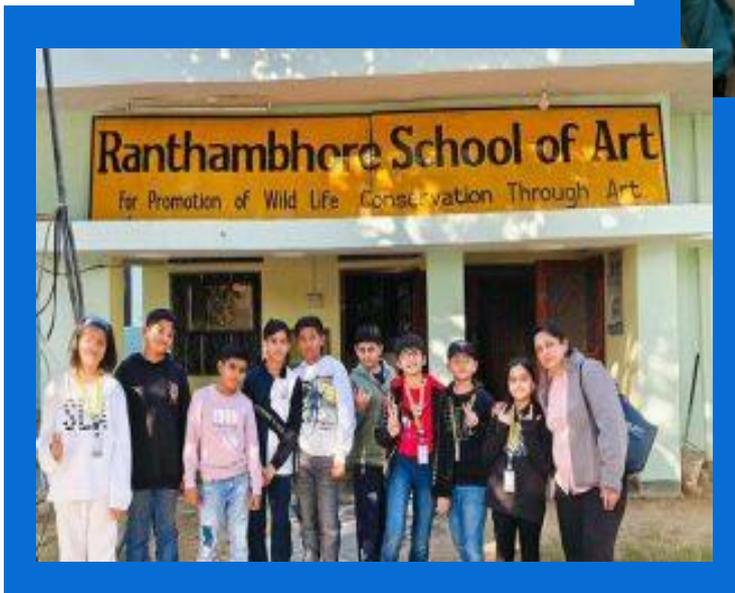
**A Journey of Discovery: Exploring Nature, Heritage, and Art in Ranthambore**





# TRIP TO RANTHAMBORE

A Journey of Discovery: Exploring Nature, Heritage, and Art in Ranthambore



"Travel is the best form of education." — Mark Twain



December 9-10, 2024

# SWARM ROBOTICS WORKSHOP

A two-day Swarm Robotics Workshop was conducted for students of Classes VI to IX





December 9-10,2024

# SWARM ROBOTICS WORKSHOP

National Level Championship at IIT Delhi on  
January 11-12, 2025



The qualifiers teams

**Class (IX)**  
**Ishaan Singh, Yatin,**  
**Rohit Yadav &**  
**Dakshesh Khatri**



**Class (VI)**  
**Chitransh Gupta, Tejaswi Gaur, Manan Kadian,**  
**Deivik Goyal & Omji Singh**



December 16–17, 2024

## ROBO SOCCER - ROBOTICS WORKSHOP

The school organized a Robotics Workshop for Classes III–V on December 16–17, 2024, focused on Robo Soccer. Conducted by Mr. Suraj Singh Shekhawat from Vigyantram, the event saw enthusiastic student participation.





December 16–17, 2024

## ROBO SOCCER - ROBOTICS WORKSHOP

National Level Championship at IIT Delhi on  
January 11–12, 2025



These talented young innovators demonstrated exceptional potential and have been chosen to showcase their skills on a prestigious platform.

### Class III

**Yakshit Yadav,  
Shaurya Yadav,  
Kartik**



### Class (IV - V)

**Adinath Nair (Class IV), Mudit Lamba (Class V),  
Amay Gupta (Class V)**



# ENERGY CONSERVATION

SMALL STEPS, BIG IMPACT: A JOURNEY TOWARDS SUSTAINABILITY



"Every effort, no matter how small, makes a difference!"



# CHRISTMAS

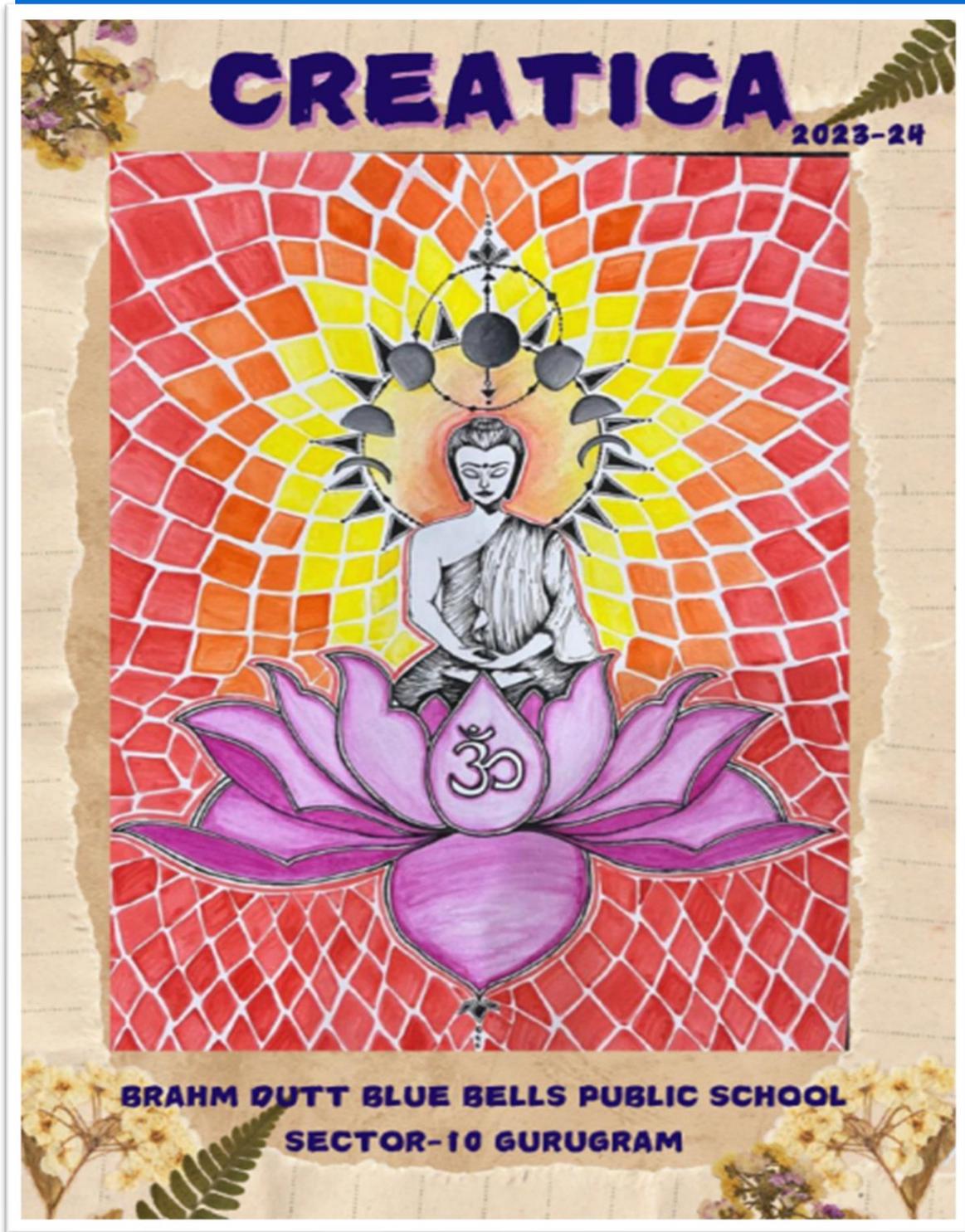


**"The greatest gift we can give is the gift of love, kindness, and generosity."**



December 30, 2024

# CREATICA 2023-24



Link to view [https://bbpublic.bluebells.org/?page\\_id=48187](https://bbpublic.bluebells.org/?page_id=48187)



# VEER BAL DIWAS



Veer Bal Diwas is a heartfelt tribute to the Sahibzadas, the four brave sons of Guru Gobind Singh Ji, whose unwavering courage and supreme sacrifices remain a shining testament to India's fight for justice and faith.



# ABHIVYAKTI NOVEMBER AND DECEMBER EDITION ISSUE 1

The Brahm Dutt Blue Bells Public School Bulletin

## Abhivyakti

Of the Students, By the Students, For the Students

Issue-1 November  
and December  
2024

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### BDBBPS Shines At Global Sustainability Awards

The school has achieved significant recognition at the Global Sustainability Awards. The school itself was awarded 'PEWTER' in the Collaboration and Innovation category. Furthermore, six student projects garnered accolades: Gold for 'Sense Smart' (SDG 10) by Neerav Panwar and Chairag Sharma (Class XII) and 'Bamborelle' (SDG 12) by Dhruv Bahri, Gauri, and Bhavya Jha (Class XII); Silver for 'EmpowerEd' (SDG 4) by Khushi Sharma, Sudiksha Jha, and Zesay Angmo (Class XII) and 'Pothole Detector and Filler' (SDG 9) by Saksham Pandita (Class XI); Pewter for 'Auto Cleaning Mode in AC' (SDG 9) by Prisha Bhana and Poorvi (Class XI); and a Junior award for 'Smart Medicine Dispenser' (SDG 9) by Arhant Rao (Class VII). These achievements underscore BDBBPS' dedication to fostering a sustainable future through innovative student projects.

### Cybertronix 2024 - The Mega Inter-School IT Fest Hosted By BDBBPS

Cybertronix 2024, hosted by the school on November 16, 2024, was a grand celebration of technology and sustainability. With the theme Tech for Sustainable Future: Innovate, Integrate, Create, the event showcased the creative and technical prowess of students from 18 schools across Delhi-NCR. The event was conceptualised and executed under the guidance of Ms. Anshika Anesa, Deputy Director, IT, whose vision and leadership ensured its success. The presence of Dr. Ajai Choudhry, Co-founder, HCL, as the esteemed Chief Guest, added immense value to the occasion. His inspiring address motivated students to leverage technology responsibly for a sustainable future. The Closing Ceremony of the event was also graced by Dr. Saroj Suman Gualti, esteemed Director, Blue Bells Group of Schools. Ma'am congratulated the winners and extended her best wishes to all the participating schools. Participants competed in fourteen online and offline events, displaying remarkable skills in coding, design thinking, and problem-solving. Cybertronix 2024 reaffirmed the school's commitment to fostering technological innovation, digital literacy, and environmental consciousness among future leaders.

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### Genesis – Health & Wellness Fiesta

In a bid to nurture a safe, respectful, and inclusive school environment, Health & Wellness Team, of Brahm Dutt Blue Bells Public School took a pioneering step by organizing Genesis - Health & Wellness Fiesta, an intra-school mega life skills event powered by Adept - A Program for Enhancing Life Skills, in collaboration with wellnesswise.in, on December 12, 2024. Under the esteemed mentorship of Dr. Alka Saxena, Deputy Director (Health & Wellness), BBGS, this initiative aims to empower the younger generation to unite against bullying. The event was aligned with World Mental Health Day 2024, and the students presented their symposium on the topic "Don't Stand By, Stand Up, Stand Together: Let's Unite to Stop Bullying and Create a Safe and Welcoming Environment for All."

Scan For  
Regular  
Updates

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### Annual Athletic Meet - SPARDHA 2024

The school witnessed an exhilarating and memorable day as it hosted its much-anticipated Annual Athletic Meet for the students of Classes VI to XII, SPARDHA 2024, on the 30th of November 2024. The event was held on the school grounds and showcased the athletic talents, teamwork, and sportsmanship of its students. The event commenced with the arrival of the esteemed Chief Guest, Air Vice Marshal R.K. Khatri, whose illustrious career, and dedication to the nation inspired everyone present. He was accorded a grand welcome by the school management, staff, and students. The event also witnessed the presence of Dr. Saroj Suman Gualti, honourable Director, Blue Bells Group of Schools who congratulated the students and declared the event open. The ceremonial lighting of the torch and a splendid march-past by the students set the tone for the day. AVM Khatri, in his address, commended the school for its efforts in promoting holistic education and encouraged the students to embrace the values of discipline, resilience, and teamwork. The day featured a variety of events, including sprints, relay races, obstacle courses, and team games. The parents also enjoyed being a part of fun games like tag-of-war, crafted especially for them. CV Raman House was announced as the overall champion house amid loud cheers, and the sports meet ended with the singing of the National Anthem. SPARDHA 2024 was a resounding success.

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Regular  
Updates

## Abhivyakti Nov. & Dec. 2024

Link to View: [https://bbpublic.bluebells.org/?page\\_id=343](https://bbpublic.bluebells.org/?page_id=343)





***“The key to Wellness is to accept responsibility for your health and wellbeing.”***

We, at Blue Bells, believe that to provide wholesome education to children we must nurture in them the interconnected dimensions of wellness. Under the inspirational guidance of **Dr. Alka Saxena, Deputy Director (Health & Wellness), Blue Bells Group of Schools, the Health & Wellness Programme** at Blue Bells Model School has been structured with a strong vision of equipping the students with the knowledge and awareness of their Health & Wellbeing thus ensuring a strong foundation for their development.

## **EVENTS ORGANIZED UNDER THE HEALTH & WELLNESS PROGRAMME**



## PEER EDUCATORS' INTRODUCTORY SESSION (2024-25)

“Coming together is a beginning, staying together is progress, and working together is success.” — Henry Ford

The Health & Wellness Programme at Blue Bells Group of Schools offers a holistic education that integrates values, life skills, and well-being. Dr Alka Saxena, Deputy Director (Health & Wellness), Blue Bells Group of Schools, an avant-garde educationist and visionary, developed this comprehensive Peer Educator Programme with a clear vision: to empower students to become effective role models and serve as an accessible and approachable health education resource both inside and outside the classroom.

On September 26, 2024, a Peer Educator Introductory Session at Brahm Dutt Blue Bells Public School brought together newly elected Peer Educators and school leaders from Blue Bells Group of Schools. The session featured activities, discussions, and a highlight: an Anti-Bullying workshop. Dr. Saxena guided the students in understanding their roles, emphasizing responsibility, and encouraging excellence. The students will engage in research projects on bullying, inspired by Dr. Saxena's advice to create a positive impact on their peers and the wider community



# PEER EDUCATORS' INTRODUCTORY SESSION





# PEER EDUCATOR ACTION PROJECT

## COMMITMENT TO CREATING AN ANTI-BULLYING ENVIRONMENT

Bullying thrives when left unaddressed. By voicing concerns, taking a stand, and supporting one another, we can shape a world where compassion and respect overshadow cruelty and fear. The **Peer Educators of BGS launched** the first presentation of **their Anti-Bullying Action Project** on October 24, 2024.

The team was strategically divided into six groups, each consisting of three mentors and seven peer educators. Each group was assigned topics related to various dimensions of bullying and its impact on all parties involved. Through thorough research, collaborative presentations, and teamwork, the students made meaningful contributions to the ongoing efforts against bullying, promoting a culture of kindness and respect.

Addressing the occasion, Dr. Alka encouraged the team to carry forward with these lessons and embody kindness, empathy, and courage in all aspects of life. Ma'am emphasized that through collective effort, a safer and more supportive environment can be achieved for everyone.



# PEER EDUCATOR ACTION PROJECT





## AN INDIGENOUS INITIATIVE: EXPERT SESSION ON CAREER PATHS AND COLLEGE ADMISSIONS

"Education is the passport to the future, for tomorrow belongs to those who prepare for it today." — Malcolm X



The school strives to engage students in activities beyond the curriculum, ensuring they connect their academic knowledge to real-life scenarios. This holistic approach prepares them to make well-informed decisions about their future.



## CAREER AWARENESS & STREAM SELECTION

### An Empowering Session on Career Awareness & Stream Selection

"Decisions determine destiny, and today's choices pave the way for tomorrow's opportunities." —Unknown

At Blue Bells, our approach to education focuses on nurturing attributes in our students: a solid foundation and the confidence to pursue their aspirations, enabling them to grow into self-reliant individuals. We aim to extend learning beyond the confines of the classroom, inspiring students to connect their academic knowledge with real-world experiences.

In furtherance of this vision, the school organized a **Career Awareness & Stream Selection Session on October 19, 2024**, under the aegis of **Adept—A Program for Enhancing Life Skills, powered by Wellnesswise.in**. This event was designed to equip students with the knowledge and skills necessary to make informed decisions about their stream, career, and life choices.

Esteemed mentor and career consultant **Mr. Binit Kumar Binod** guided the session, illuminating a wide array of emerging career paths across science, commerce, and humanities.



# CAREER AWARENESS & STREAM SELECTION

## An Empowering Session on Career Awareness & Stream Selection



**"Decisions determine destiny, and today's choices pave the way for tomorrow's opportunities."**



## EMPOWERING PEER EDUCATORS: STANDING UP TO BULLYING THROUGH AWARENESS AND ACTION

### PEER EDUCATOR WORKSHOP ON ANTI-BULLYING

The **Health & Wellness Programme**, under the flagship of Dr. Alka Saxena, Deputy Director (Health & Wellness), BBGS, established the **Peer Educator Programme** to foster a sense of community and belonging among students by promoting a positive attitude toward bullying prevention, mental health, and overall well-being.

The third session of the workshop, titled “**Draw the Line: Stand Up to Bullying**,” was conducted for the Peer Educators of BBGS on December 5, 2024.

The primary objective of the workshop was to educate Peer Educators about the effects of bullying and its impact on individuals. The Resource Center team focused on equipping the Peer Educators with various strategies to build their confidence and empower them to stand up to bullying effectively.

The session began with an engaging **icebreaker activity**, followed by a presentation on strategies to combat bullying and the roles of an **upstander**. Role-playing exercises were conducted to practice assertiveness, and students were also briefed on the **Anti-Bullying Policy**, which aims to prevent bullying incidents and ensure protection from any form of harassment.

Empowering students with knowledge and skills to address bullying can significantly reduce such incidents. The session included a discussion on the upcoming **Symposium**, emphasizing the importance of responsibility and ownership in making the Peer Educator Programme an effective initiative for promoting positive change.



# EMPOWERING PEER EDUCATORS: STANDING UP TO BULLYING THROUGH AWARENESS AND ACTION





## UNDERSTANDING PUBERTY: A NEW CHAPTER IN LIFE

The Health & Wellness Programme under ADEPT - A Program for Enhancing Life Skills, Powered by wellnesswise.in conducted session on Understanding Puberty with girls of grade 4 & 5 from October to November 2024 in different slots.

The girls were apprised that Puberty is a natural process that prepares them for adulthood. During this period, the body starts producing hormones that trigger physical and emotional changes which can be both challenging and thrilling. Through an informative video the girls were given firsthand information on how they can identify the changes happening in their body and accept them with grace. Each child was provided an open and safe space to discuss their experiences. The girls were made aware about the importance of having a balanced diet and maintaining personal hygiene. The session concluded with an open discussion and also talking about certain do's and don'ts which become imperative and need to be followed.





## UNDERSTANDING PUBERTY: A NEW CHAPTER IN LIFE





## GENESIS – HEALTH & WELLNESS FIESTA

**“Tell me and I forget, teach me and I remember, involve me and I learn-” Benjamin Franklin**

In a bid to nurture a safe, respectful, and inclusive school environment, Health & Wellness Team, of Brahm Dutt Blue Bells Public School took a pioneering step by organizing **Genesis – Health & Wellness Fiesta**, an intra-school mega life skills event powered by **Adept – A Program for Enhancing Life Skills**, in collaboration with [wellnesswise.in](http://wellnesswise.in), on December 12, 2024.

Under the esteemed mentorship of **Dr. Alka Saxena, Deputy Director (Health & Wellness), BBSGS**, this initiative aims to empower the younger generation to unite against bullying. The event was aligned with World Mental Health Day 2024, and the students presented their symposium on the topic **“Don’t Stand By, Stand Up, Stand Together: Let’s Unite to Stop Bullying and Create a Safe and Welcoming Environment for All.”**



## GENESIS – HEALTH & WELLNESS FIESTA

Adding a distinctive dimension, the two-day Symposium as part of Genesis 2024, was conducted under the school's **Peer Educator-Led Programme (PELP)** framework wherein students of **grade IX and XI** emphasised the need to create a safe space for students, teachers, and staff towards bullying, its impacts, and strategies for prevention. The Preliminary round was conducted on **December 10, 2024**, which comprised of **Eight Teams: Four teams from Grade IX and Four teams from Grade XI**. The key takeaways were - Importance of empathy, Inclusivity, Role of bystanders, Effective communication strategies etc.

The top two teams from each class were finally selected to present their research findings on **December 12, 2024**. The event provided a dynamic platform for these young changemakers to emphasize the importance of addressing bullying while fostering a culture of solidarity and compassion. The Peer Educators had further showcased a theme-based dance- drama presentation sensitizing the audience towards the impact of bullying on each stakeholder.

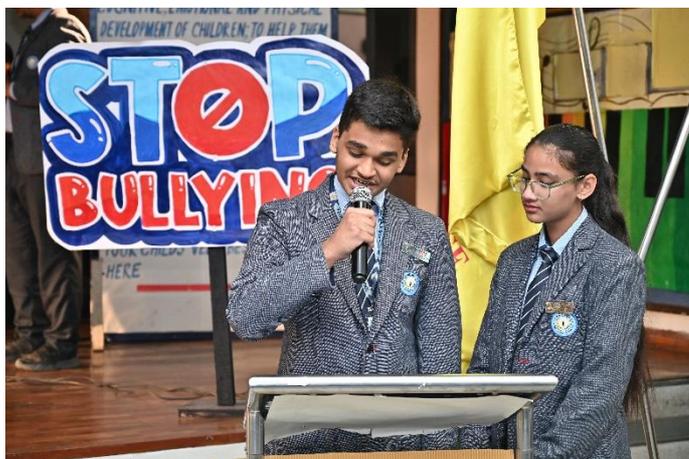


# PRELIMINARY ROUND ON DECEMBER 10, 2024





# FINAL ROUND ON DECEMBER 12, 2024





# SAFE TOUCH

The Health & Wellness Programme organized a significant initiative to raise awareness about personal safety among students and foster a sense of security and safety. From October to December 2024, a series of Safe Touch sessions were conducted for Primary and Middle school students during their Value Education & Life Skills Education classes to promote awareness of personal safety and security. The core objective of these sessions, which were tailored separately for boys and girls, was to educate students on recognizing potential risks in their environment and to empower them to understand the importance of maintaining & respecting personal boundaries.

In addition to discussing personal and stranger safety, the sessions provided information about the school's health and wellness programmes, including access to counsellors and the Child Helpline Number, ensuring each student is aware of the available resources and seeks help when needed. Life Skills Facilitators played a key role in guiding open discussions and encouraging students to build self-confidence and consciousness. The sessions were a vital component of the school's ongoing efforts to safeguard and support its students.



# BUILDING CONFIDENCE, ENSURING SAFETY: SAFE TOUCH AWARENESS SESSIONS





## DISTRESS TO DE-STRESS: HANDLING EXAMINATION STRESS

Examinations and assessments are an integral part of the learning process in a student's life. It is important for the students to deal with any emotion which may cause distress during examination. To address the concerns of students, the **Health & Wellness Resource Centre team** prepared an interactive module for the students under the mentorship of **Dr. Alka Saxena, Deputy Director (Health & Wellness), BBGS.**

With the objective of equipping the students with practical tools and strategies to manage exam stress, a session was conducted for the students of Classes X & XII on December 13 & December 17, 2024. The session included a brief about signs and symptoms of stress along with some internal and external factors that may lead to stress during examinations.



## DISTRESS TO DE-STRESS: HANDLING EXAMINATION STRESS

Students were briefed about the different learning styles. They were encouraged to identify the time wasters like phone calls, social networking, poor planning, cluttered desk and procrastination; especially when they are preparing for their examinations. These were followed by tips that can help them to increase their productivity.

The students acquired a range of stress management techniques, including mindfulness, deep breathing, progressive muscle relaxation, and time management skills.

The importance of a **healthy lifestyle**, which includes a balanced diet, regular exercises and good sleeping habits, was also emphasized upon.

The students were apprised that they could connect individually with the counsellors for any further support.

For further reading, kindly visit following links:

<https://wellnesswise.in/resilience-and-coping-with-stress/>

<https://wellnesswise.in/tips-for-staying-healthy-during-exams/>

<https://wellnesswise.in/skills-to-acquire-in-2022-time-management/>

<https://wellnesswise.in/using-smart-timetables-in-your-daily-life/>

<https://wellnesswise.in/hands-on-tips-for-your-learning-sty>



## WELLNESS WISE BY DR. ALKA



**“Wellness is a connection of paths; Knowledge and Actions”- Joshua Holtz**

Dr. Alka Saxena is a futurist who is constantly working to integrate the best emergent practices of Health & Wellness with education. She created her blog, Wellness Wise by Dr. Alka. The purpose was to reach out to a broad audience with the aim of sharing her vast knowledge and practices on life skills, health, and wellbeing. Her blog postings based on her experiential knowledge as an educator covers a wide range of topics which connects and relates to all the age groups alike. ([www.wellnesswise.in](http://www.wellnesswise.in))



Wellness Wise Specials  
By  
**Dr. Alka**

*Festive Detox*  
to Cleanse Your  
Mind & Body

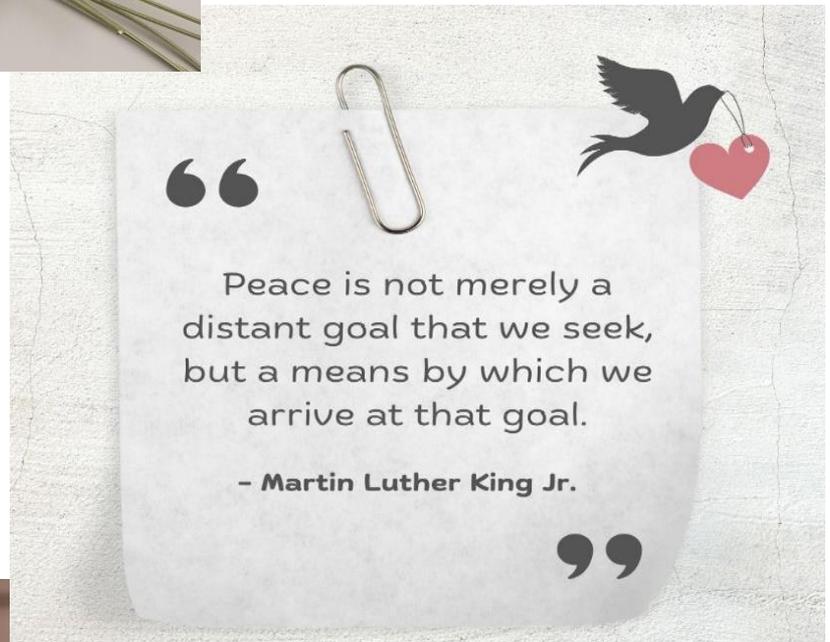
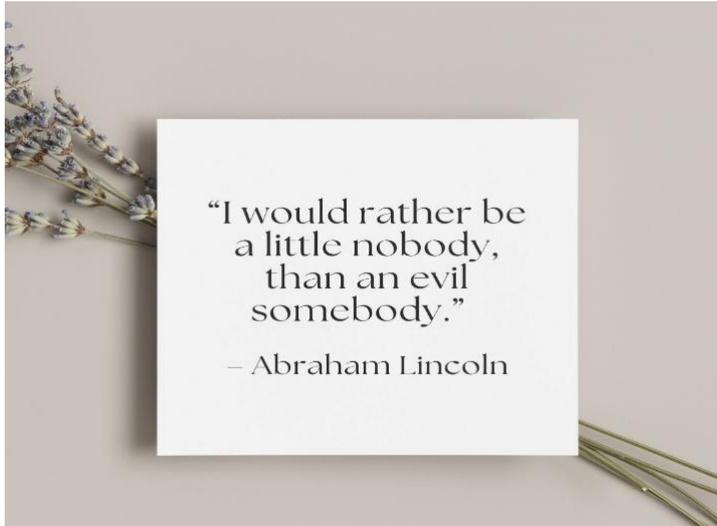


"Every dawn brings  
with it the chance to  
rewrite the story of  
your life"

- Rabindranath Tagore



www.wellnesswise.in







## WELLNESS WISE SOCIAL MEDIA UPLOADS

### Wellness Wise Social Media Uploads

**Monday:** Quotes from Wellness Wise Blog

**Tuesday:** Thoughtful Tuesday creative on Critical thinking, Problem-Solving, Lateral Thinking, Aptitude questions, Puzzles on County names and unfinished statements, etc.

**Wednesday:** Wellness Wise Blog

**Friday:** School activity / Video on infographic content from Wellness Wise blog

**Saturday:** Selfcare Saturday content on Environmental Selfcare, Recreational Self-Care, Spiritual Selfcare, Social Selfcare, Emotional Selfcare, Eco-Friendly Selfcare, Mindful Eating, Breakfast Selfcare, Feather Breathing, Self-care routine, Handling Burnout.

‘Self-Care is not being selfish’, Selfcare - Myths vs Facts, Self Compassion, Incorporating Yoga into Your Self-Care Routine, Assertive Communication, music for the soul, Self-care can become challenging and hard to adhere, Self-care during festivals, Staying Active during festivals, Eating right during festivals, etc.



## BLOG LINK OF WELLNESS WISE BY DR. ALKA

Blog Link of Wellness Wise by Dr. Alka-

<https://wellnesswise.in/>

Instagram Links-

<https://www.instagram.com/wellnesswisebydr.alka?igsh=MTFhcDZ3cGRrMzJ4Zg==>

[https://www.instagram.com/dr\\_alkasaxena/?hl=en](https://www.instagram.com/dr_alkasaxena/?hl=en)

Facebook Link –

<https://www.facebook.com/profile.php?id=61550726024471&mibextid=ZbWKwL>

LinkedIn Links -

[https://www.linkedin.com/in/adept-a-program-for-enhancing-life-skills-21b387229?utm\\_source=share&utm\\_campaign=share\\_via&utm\\_content=profile&utm\\_medium=android\\_app](https://www.linkedin.com/in/adept-a-program-for-enhancing-life-skills-21b387229?utm_source=share&utm_campaign=share_via&utm_content=profile&utm_medium=android_app)

<https://www.linkedin.com/company/dr-alkasaxena/>



Dear Reader

Warm Greetings!

As we step into the year 2025, we carry with us the promise of fresh starts, endless possibilities and opportunities to grow. Let us embrace the journey ahead with courage, hope and determination, knowing that every day is a chance to learn, evolve and make a difference. Here is to a year filled with purpose, positivity, and progress.

May 2025 bring out the best in all of us!

Regards

Editorial Team

BDBBPS



**'Each sunrise marks a new beginning, and this year is your canvas—paint it with bold dreams, vibrant actions, and unshakable hope. The best is yet to come!'**

*Thank You!*