



Blue Bells Public School  
Sector-10 , Gurugram  
**e-Newsletter**  
July – September 2021  
Session 2021-2022

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*"Life always begins with one step outside of our comfort zone." - Shannon L. Alder.*

## **Dear Reader**

**Life is a perennial journey of excellence, infused with learning experiences. Every experience empowers the learner to be even more enriched with confidence. To thrive in the modern world, we need to be equipped with divergent thinking, creative ideas, and inspired learning. Along with literacy, creativity and innovation hold a prominent position in education today.**

**In this globally and digitally interconnected world, all learners, from cradle to career, need new skills and knowledge to succeed. We often hear about the importance of “21st Century Skills” – but what are they exactly? More than a fancy buzzword, 21st Century Skills are, in plaintive words, the skills we will need to be successful in an increasingly digital world.**

**Let’s emphasize on 21st Century Skills, the 4Cs – Communication, Collaboration, Critical thinking, and Creativity – the skills that all learners need for success in school, work, and life. These skills not only provide a framework for successful learning in the classroom, but ensure we thrive in a world where change is inevitable and learning never stops.**





With these foundational outcomes and the 4Cs in mind, let's focus not only on content knowledge but also ensure that we develop innovative solutions, think critically through complex problems, and possess the ability to work and communicate across the globe. We need to optimally and structurally utilise every moment to prepare ourselves to be global citizens of this ever-growing world by honing skills and exploring avenues to reach potential.

We as an institution are ardently known for cultivating innovation in the school system where the joy of learning is reflected in the happy smiles of the scholars along with imbibing confidence that comes with knowledge enrichment.

As rightly said LIFE is all about learning, innovation, fulfilment and enrichment, let's embark on this journey with creativity...where all our dreams find fruition.

We earnestly thank all the stakeholders for their ardent support in all our endeavours.

Warm Regards and Best of my Wishes

Meenakshi Malhotra  
Primary Wing Leader  
Blue Bells Public School  
Sector 10, Gurugram

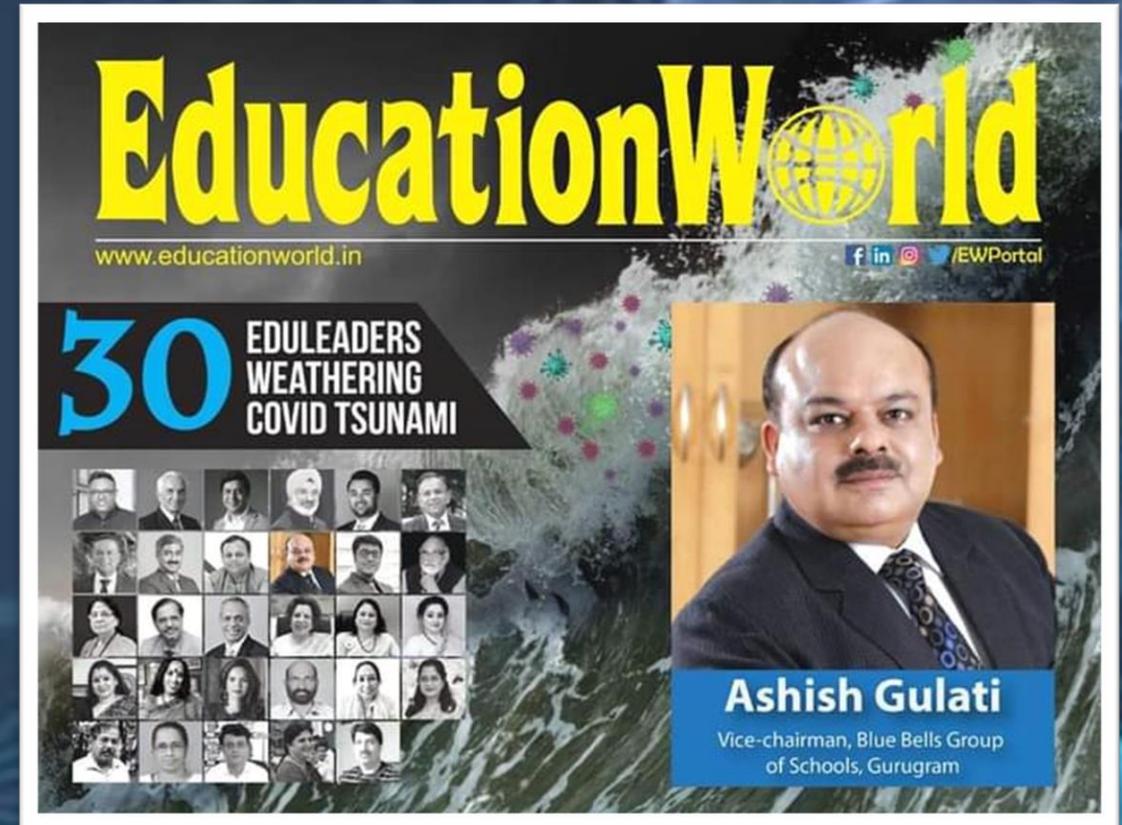
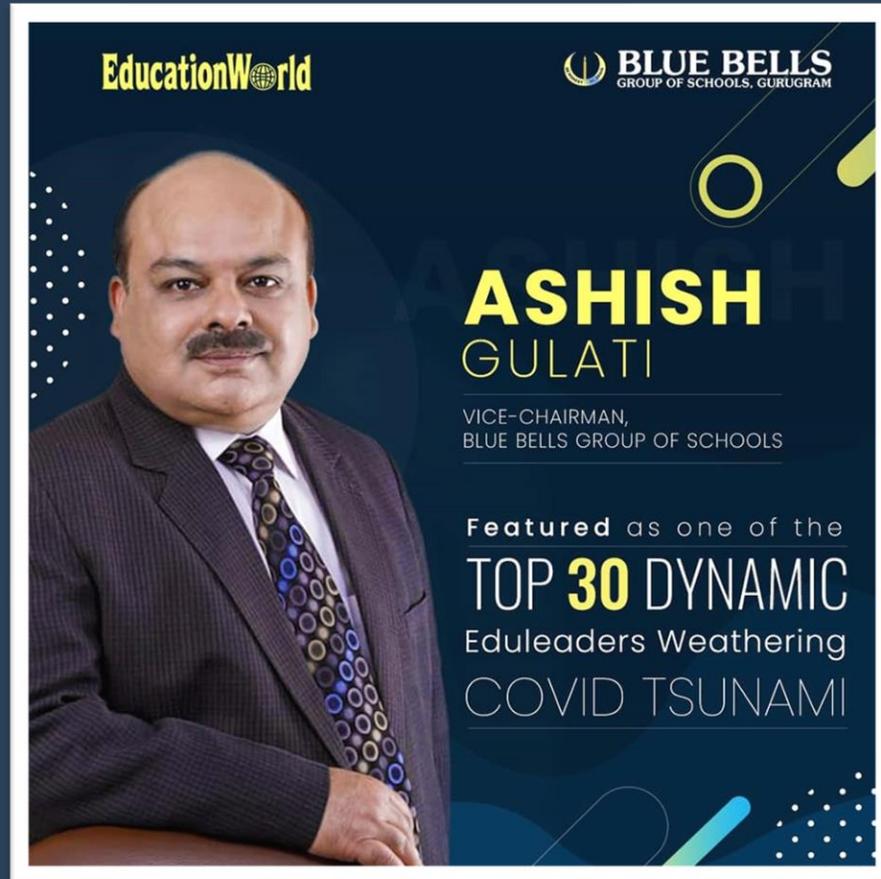


HALL OF FAME



# INNOVATIVE AND DYNAMIC EDULEADER

Mr. Ashish Gulati, Vice Chairman, BBGS has been featured as one of the Top 30 Innovative and Dynamic Eduleaders Weathering the Covid Tsunami by Education World India



“ A leader is the one who knows the way, goes the way and shows the way.”-John C. Maxwell

September 26, 2021

# ELETS WORLD EDUCATION AWARDS 2021



Dr Saroj Suman Gulati, Director, Blue Bells Group of Schools, Gurugram, was conferred with the Top Women Entrepreneurship Award in School Education by the Elets World Education .



Leadership is not about designation; it's about impact, influence and inspiration .

September 01, 2021

# GLOBAL SCHOOL AWARD

was conferred for the innovative teaching methodology implemented by the school with an effective blend of technology for the holistic education and well-being of the scholars.



Success is the sweetest nectar and is attained by ardent hard work.

# GLOBAL PRINCIPALS' AWARD



Ms. Arpita Acharya, Principal (Off.) was conferred with Global Principals' Award for excellent leadership acumen, winner's spirit, significant work and contribution in the field of education.

**"A dream becomes a goal when action is taken towards its achievement."—Bo Bennet**



Ms. Arpita Acharya, Principal (Off.) was felicitated with 'Covid Crusader Award' by Rishihood University for her unmatched efforts towards providing seamless education during the pandemic.

“Opportunities don’t happen, you create them.”— Chris Grosser



## Certificate of Appreciation for Creating Environmental Awareness



“Champions keep playing until they get it right.” — Billie Jean King



# INCREDIBLE ACHIEVEMENT BY BBPS ALUMNUS, NISHANT SINGH HADA

#BestBeginsHere

Blue Bells  
PUBLIC SCHOOL

**A PROUD**  
MOMENT INDEED  
*Congratulations!*

**Nishant**  
Singh Hada

BBPS Alumni bags  
**₹1.51 Cr Package** at  
Bloomberg, New York

Nishant Singh Hada, from the Batch of 2017 -18 , Blue Bells Public School Gurugram , has been recruited at Bloomberg, New York with the starting package of Rs. 1.51 Crores.

“If you can imagine it, you can achieve it.” — Abhijit Naskar



# OUR INGENIOUS ENDEAVOURS



July 7, 2021

# RAZZMATAZZ' 21- A VIRTUAL CREATIVE COLLABORATION AT SHERWOOD CONVENT SCHOOL



## Overall Winners and a Certificate of Honour

Juhi Arora ( Class IX) - First Prize in  
'Cinematography event'

Aratrika Rana (Class VI) , Sonakshi (Class VI),  
Saubhagya Singh (Class VII) and Chaitanya (Class  
VII) - First Prize in 'Dance Twirl'

Goohika Joshi ( Class IX) -Second Prize in 'Blog  
Writing' on Developing a Sustainable Lifestyle

Atulya Vats and Harshita Kandwal ( Class IX)- Third  
Prize in 'Kavyatmak Abhinay'

Creativity is the manifestation of pervading consciousness in man.



# COMM-SHETRA : COMMERCE FEST AT BLUE BELLS MODEL SCHOOL

**Blue Bells Public School, Gurugram**

**School Code : CK33**

**Winner**

**RIYA YADAV  
KASHISH SHARMA  
KHUSAL SANWAN**



**Kashish Sharma (Class XII),  
Riya Yadav (Class XII ) and  
Kushal Sangwan (Class XI) -  
First Prize in 'Adverto-dynamo'**

**" The best way to predict the future is to create it." -Peter Drucker**



# CONGLOMERATE-2021 AT G. D. GOENKA PUBLIC SCHOOL , ROHINI

**Tushar Dudeja ( Class X B) and Lipika Dudeja (Class XII A) - First Prize in 'A Comic Guide to Science'**

**Tarushi Kalra and Ishika Jain from Class XII D - First Prize in 'Political La Revista', E-Magazine on Sustainable Tourism**

**Samya Sharma from Class VI C- Second Prize in 'Cooking Without Fire'**

**Harshita Kandwal and Atulya Vats from Class IX A - Second Prize in 'Mathematical Approach Everyday Life'**



**Creativity is the whetstone of talent .**



Featured as Best Five in all categories

‘Rock N Roll (Science Through Dance) ‘ - Pariniti Phalswal - Class IVC , Nishtha Makkar- Class V C and D.A. Nrupal - Class VC

‘Research Poster Presentation’ - Charvee Sankla- Class XI , Shweta Banerjee- Class XII, Harshit Gaur- Class XII and Karunesh Gaur - Class XII

‘Fact or Fiction’ - Lavansh- X, Atulya - IX and Harshita Kandwal- IX



“Innovation is taking two things that exist and putting them together in a new way.” - Tom Freston



# FIRST ONLINE CHESS TOURNAMENT-2021



## **Overall Winners Trophy**

### **Sub-Junior Category**

**Bronze Medal:- Utkarsh Kukade, Class I**

**Best Player: - Utkarsh Kukade, Class I**

### **Junior Category**

**Gold Medal:- Swaroop Kukade, Class VI**

**Bronze Medal:- Shauryaveer Singh, Class V**

**Best Player: - Swaroop Kukade , Class VI**

### **Senior Category**

**Gold Medal:- Prabhpreet Singh, Class X**

**Best Player:- Prabhpreet Singh, Class X**

July 31,2021

# BINARY BOTS 2021 AT LOTUS VALLEY INTERNATIONAL SCHOOL



**Aditya Singh Raghav ( XII)**

**First Prize In Lensenation - Photography Competition**

**Arjun Singh ,Yash Srivastav, Arya Yadav and Karunesh Yadav(XII)**

**Second Prize in Lotus Film Festival**

**Any advanced technology is indistinguishable from magic .**

August 1, 2021

# 'CAPAX INFINITUM - GRASPING THE INFINITE' INTER-SCHOOL SCIENCE FEST - 2021 AT DPS, SEC 45, GURUGRAM



Tushar Dudeja - Class X B  
Aastha Gupta - Class X B  
Tanishq Malhotra - Class X B  
Devansh Mittal - Class X B  
Second Position in the event 'CHEMPUTLI'.

Yash Srivastav - Class XII B  
Pranjal Chakraborty - Class XII B  
Kasak Yadav - Class XI B  
Third Position in the event  
'TIME LAPSE- Voyage into the Future'

"Innovation is the only way to win."-Steve Jobs



# 'SAY NO TO PLASTIC CAMPAIGN' - PLASTIC FREE JULY 2021



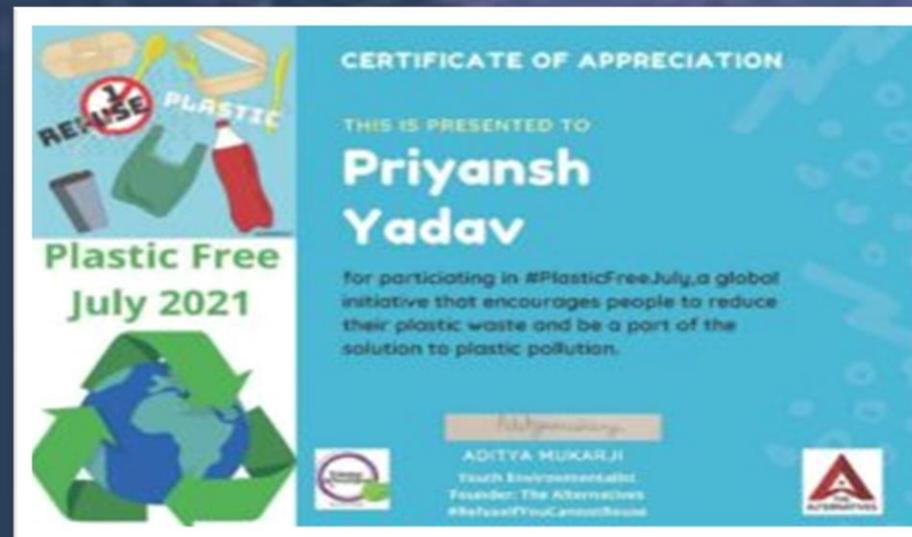
**CERTIFICATE OF APPRECIATION**

THIS IS PRESENTED TO

## Geet Arora

for participating in #PlasticFreeJuly, a global initiative that encourages people to reduce their plastic waste and be a part of the solution to plastic pollution.

ADITYA MUKARJI  
Youth Environmentalist  
Founder: The Alternatives  
#BeFastIfYouCannotBeGood



**CERTIFICATE OF APPRECIATION**

THIS IS PRESENTED TO

## Priyansh Yadav

for participating in #PlasticFreeJuly, a global initiative that encourages people to reduce their plastic waste and be a part of the solution to plastic pollution.

ADITYA MUKARJI  
Youth Environmentalist  
Founder: The Alternatives  
#BeFastIfYouCannotBeGood



**CERTIFICATE OF APPRECIATION**

THIS IS PRESENTED TO

## Jivansh Girdhar

for participating in #PlasticFreeJuly, a global initiative that encourages people to reduce their plastic waste and be a part of the solution to plastic pollution.

ADITYA MUKARJI  
Youth Environmentalist  
Founder: The Alternatives  
#BeFastIfYouCannotBeGood



**CERTIFICATE OF APPRECIATION**

THIS IS PRESENTED TO

## Satyapran Chopra

for participating in #PlasticFreeJuly, a global initiative that encourages people to reduce their plastic waste and be a part of the solution to plastic pollution.

ADITYA MUKARJI  
Youth Environmentalist  
Founder: The Alternatives  
#BeFastIfYouCannotBeGood

An ardent effort to create a plastic free world.

# 'LITERATI 2021'- A FESTIVAL OF LANGUAGES' AT AMITY INTERNATIONAL SCHOOL

Second Position in the competition Director's Cut ( Movie Making )



Student Achievement  
2021-2022

HEARTIEST CONGRATULATIONS!

**JUHI ARORA**  
Class IX A

**GUROCHANA GUPTA**  
Class IX A

For achieving 2nd position in  
**Kindness Matters - Director's Cut**

LITERATI 2021-A FESTIVAL OF LANGUAGES  
Organised by Amity International School-46

Blue Bells PUBLIC SCHOOL

Shakespeare

Juhi Arora - IX A

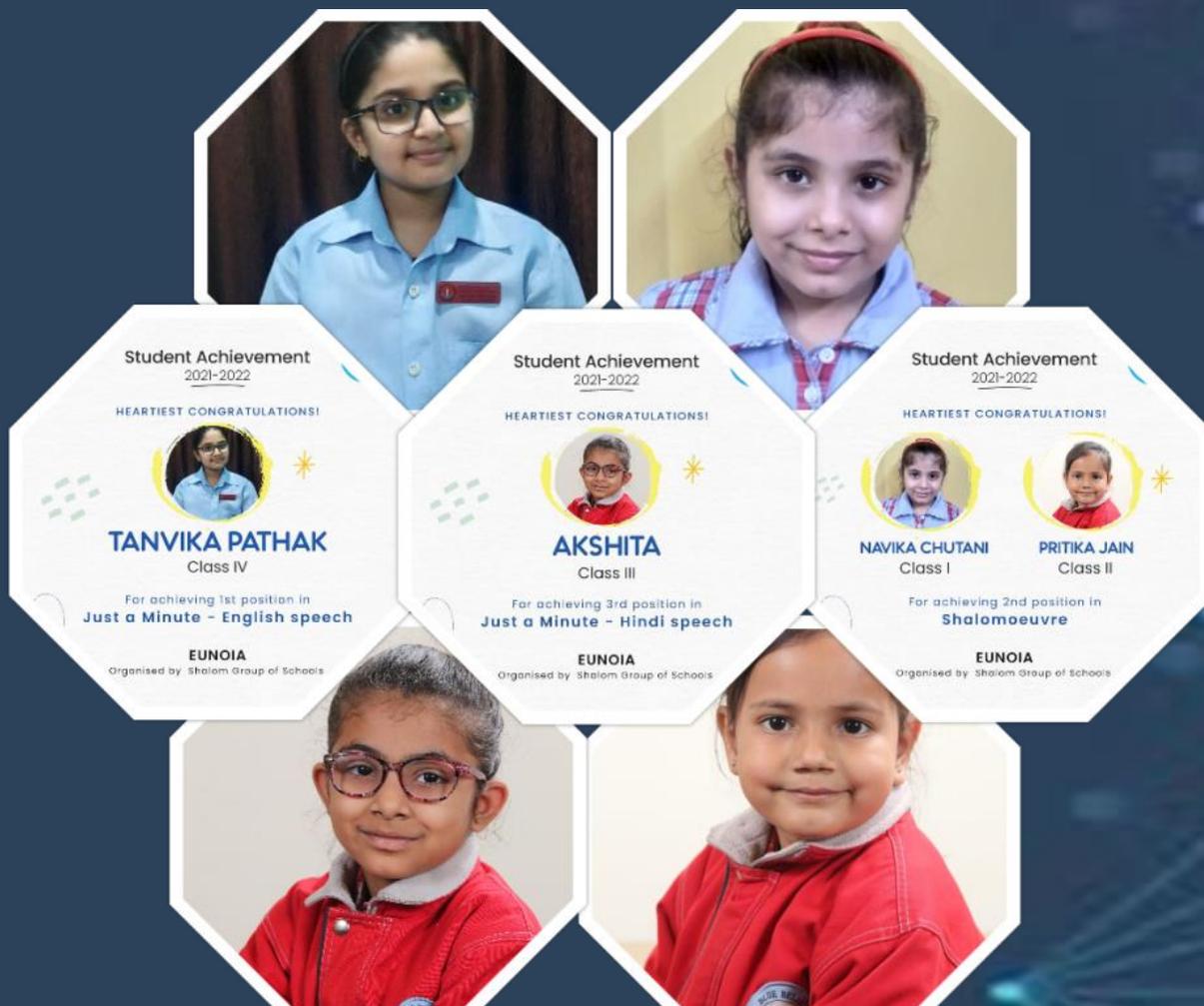
Gorochana Gupta - IX D

Triumph builds self-esteem and self-confidence.

August 19, 2021



# EUNOLA- AN INTER SCHOOL COMPETITION AT SHALOM GROUP OF SCHOOLS



**Tanvika Pathak( Class IV)**  
**Winner 'Just a Minute'**  
**English Speech**

**Akshita ( Class III)**  
**Second Runner Up - Hindi Speech**

**Navika Chutani (Class I )**  
**Pritika Jain (Class II)**  
**First Runner Up**

“When your desires are strong enough, you will appear to possess superhuman powers to achieve.”N. Hill

August 23, 2021

# IGNITE 2021- AN INTER SCHOOL IT FEST AT G.D. GOENKA PUBLIC SCHOOL, ROHINI - Blue Bellians Showcasing Excellent Technical Skills



**Shreya Aggarwal of Class IX**  
First Prize in  
'Movie Mania'



**Pari from Class XII**  
Second Prize in the  
Blog Writing event – 'Pen It'

**"Technology like art is a soaring exercise of the human imagination." – Daniel Bell**



Special Mention Award –  
Kushal Sangwan, Tanvi and Yash  
Srivastav of Class XII

Theme Lockdown - A Challenge  
for the Economy as a part of the  
event 'A Shot for the Short.'

“All our dreams can come true, if we have the courage to pursue them.”- Walt Disney TT

August 24, 2021

# PRATIBIMB 2021- AN INTER SCHOOL COMPETITION AT G.D.GOENKA PUBLIC SCHOOL, GURUGRAM



‘Code Divers’ – First Position.  
Kashish Rajpal and Garima Grover from Class XII

‘Arguably the Best’ - Second Position.  
Navya Sharma from Class XI

‘Musical Theatre’ – Second Position.  
Pari Ahuja from Class X  
Sneha Yadav from Class X  
Juhi Arora from Class IX  
Japsimran from Class X  
Bhumika from Class X  
Toshi Singh from Class X

‘Sports Saga’ – Third Position.  
Khushi, Kushagra Luthra, Anishka Yadav and  
Rishabh Patel from Class X

“Tough times never last, but tough people do.”- Robert H. Schuller



# INTER-SCHOOL ROLE PLAY COMPETITION AT MANAV RACHNA INTERNATIONAL SCHOOL



Special Mention Award –  
Risha Falswal of Class IV -  
Environmental Crusader in the event  
'Reverse! Verse'

"There are always new, grander challenges to confront, and a true winner will embrace each one." - Mia Hamm



Ayaan Dang of Class UKG –  
‘Bookmark Making – ‘Crafty Fingers’ - First Prize

Navya Kumari and Shivangi of Grade III  
Solo Singing Competition- ‘Confluence of Rhythms’ Second Prize and Third Prize respectively

Aaradhya Singh of Grade IV  
Coding with Scratch – ‘Smartechia’ - Second Prize

Parneet Sangwan of Grade V  
‘Ars Poetica- ‘Creating a Limerick Poetry’ - Second Prize

Success is a result of steadfast approach and diligent preparedness to accomplish the set goal.

# AFFINITY 2021 AT K. R. MANGALAM WORLD SCHOOL



**‘Tinker Bells’ - First Position  
Saksham Pandita from Class VII**

**‘Art of Yoga’ - First Position  
Khushi Bhardwaj from Class X**

**‘Newscasters’ - First Position  
Pari Chouhan from Class XII**

**“Things work out best for those who make the best of how things work out.” -John Wooden**

September 07, 2021

# **GALAXY INVADERS - AN INTER SCHOOL ASTRONOMY COMPETITION AT BAL BHARTI PUBLIC SCHOOL, MANESAR**



## **‘Beyond the Horizon’ - Video Podcast - Second Position**

**Anmol Arora from Class XII  
Yash Srivastava from Class XII  
Shashwat from Class XI  
Meghna Yadav from Class XI**

## **‘Cosmology Connoisseurs’, RJ Show - Third Position**

**Muskan Dudeja from Class X  
Khushi from Class X**

## **‘War of Words’, Debate - Third Position**

**Saumya Yadav from Class IX  
Deepika Gupta from Class IX**

**“Take up one idea. Make that one idea your life – think of it, dream of it, live on that idea.” Swami Vivekananda**



# E-COLOSSEUM 2021 AT DAV PUBLIC SCHOOL, SEC 49, GURUGRAM

**‘Sketch Up’ – Third Prize**  
Rakshita Pandita of Class III

**‘Memes Of Everything’ – Second Prize**  
Tushar Dudeja of Class X  
Chirag Singh of Class X



A strong pulsating desire with an extraordinary idea brings forth magic.



# VISSIONAIRE : AN INTER-SCHOOL COMPETITION AT DPS, SUSHANT LOK

**‘Camera Buff’ –  
Consolation Prize  
Ambika Anubhav Almadi of  
Class Nursery**



**‘Eposcience’-  
Consolation Prize  
Bhavika Sharma of Class IV**



**‘Cinematex’ – Second Prize  
Nishtha Makkar of Class V**



**Dreams are illustrations from the book our soul is writing about us.**



# **MONTAGE 2.0: A VIRTUAL INTER SCHOOL FEST 2021 AT VIDYA MANDIR SCHOOL, FARIDABAD**

**Amay Gupta of Class II won the Award in the event 'Swastham Bhavati' for his terrific advertisement on an 'Immunity Booster'.**

**Aanya Arora of Class V bagged the Award in the event 'Minibeast-A Role Play Competition'.**



**"Success is where preparation and opportunity meet." - Bobby Unser**



# “MATHEMATICS EUPHORIA-2021’ AT SALWAN PUBLIC SCHOOL

**‘Tale with a Mathematical Twist’ –  
Second Prize  
Ashvi Gupta of Class IV**

**‘Mathematical Dance’ - Consolation Prize  
Vismayi Nilesh Bande,  
Shreya Ravi Srivastava,  
Ishi Tiwari,  
Prisha Bhatia  
Sachi Garg**



**Success is achieved with a steadfast approach and grand vision.**



**‘Math Relevance’ (Poster Making) –  
First Prize  
Anjali Choudhary of Class VII B**

**‘Mathtrix’ (Comic Strip) –  
Third Prize  
Harshita Kandwal of Class IX**



**“Mathematics expresses values that reflect the cosmos, including orderliness, balance, harmony, logic, and abstract beauty.” — Deepak Chopra**

September 20, 2021

# SPLENDOUR 2021 AT SUMMER FIELDS SCHOOL



**'Role Play' - Third Position  
Ayshi Gupta from Class VIII**

**"Excellence is the gateway to an infinite world of possibilities." - Iain Cameron**



# CHRYSALIS-AN INTER SCHOOL IT FEST -CHANGE IS INEVITABLE

Winners in the events :-

Drisha Gauthwal of Class LKG  
'A Tale to Tell'

Yukta Bhardwaj of Class UKG 'Personify  
Me'

Gitanshi Gupta of Class UKG 'Doodling  
with Numbers'

Shatakshi Nigam of Class II  
'Mime Act'

Vivaan Kamboj of Class II  
'Divine Yoga'





# STATE ROLLER SKATING CHAMPIONSHIP 2021



Aayush Bhatt of Grade II  
Won Two Gold Medals  
In  
'Open Haryana State Roller Skating  
Championship 2021'

"Preparation is the key to success." – Alexander Graham Bell



# Celebrations Galore

A decorative graphic element on the right side of the text. It consists of a large, stylized letter 'S' or a similar flourish, rendered in a gradient of colors from green at the top to red at the bottom. The text 'Celebrations Galore' is written in a colorful, outlined font, with 'Celebrations' on the top line and 'Galore' on the bottom line. The letters are filled with a rainbow gradient and have a thin black outline.

# CELEBRATIONS : A PLATFORM TO PERFORM AND EXCEL

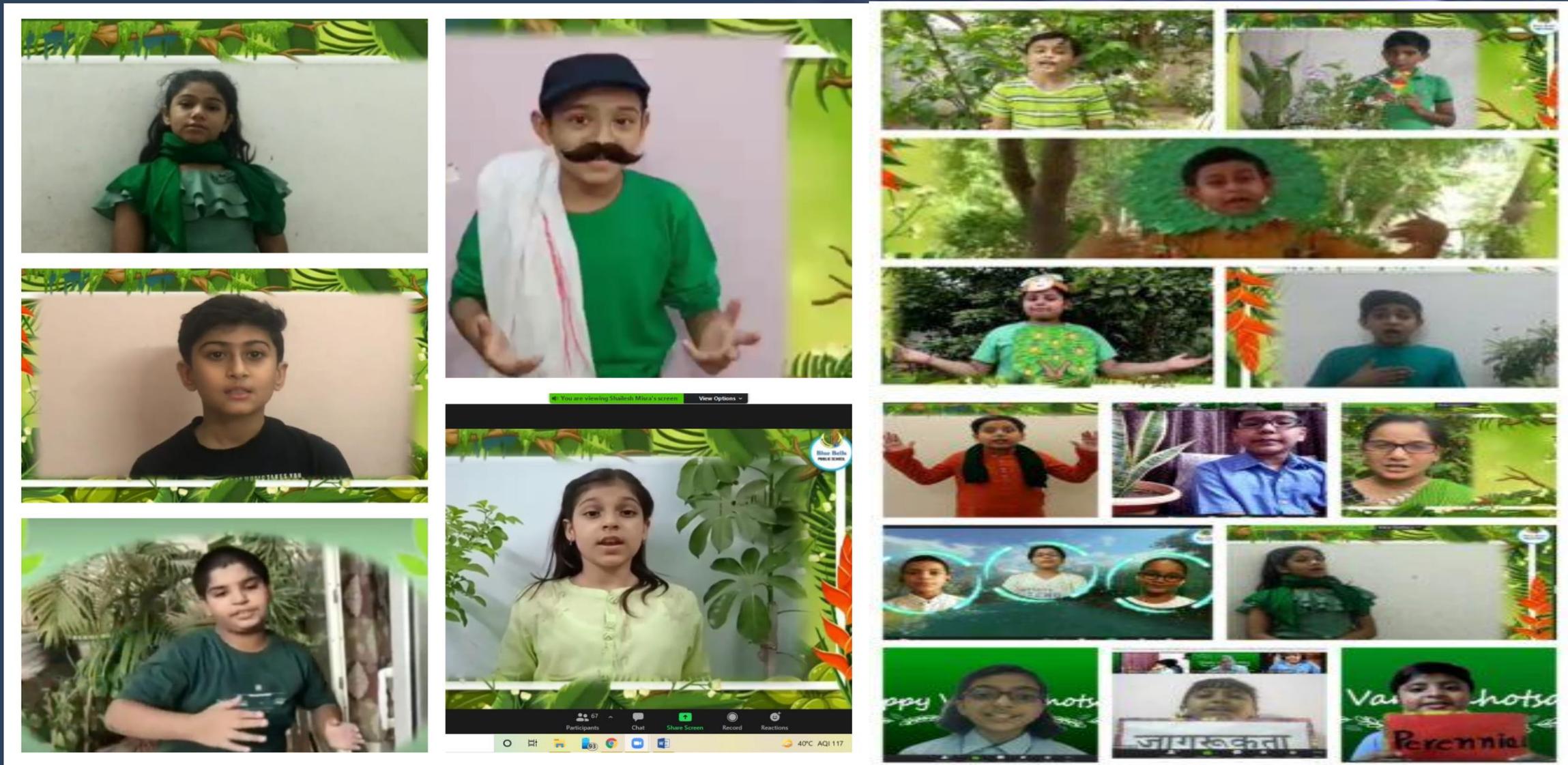


# DOCTOR'S DAY



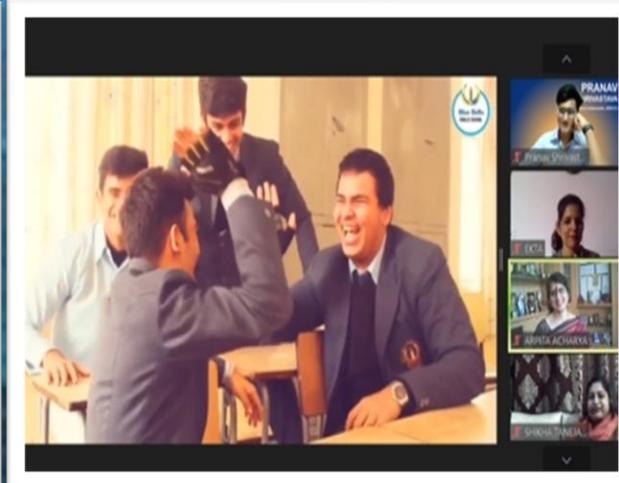
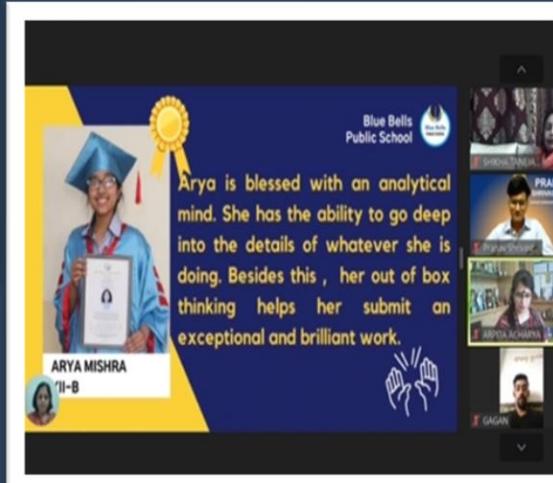
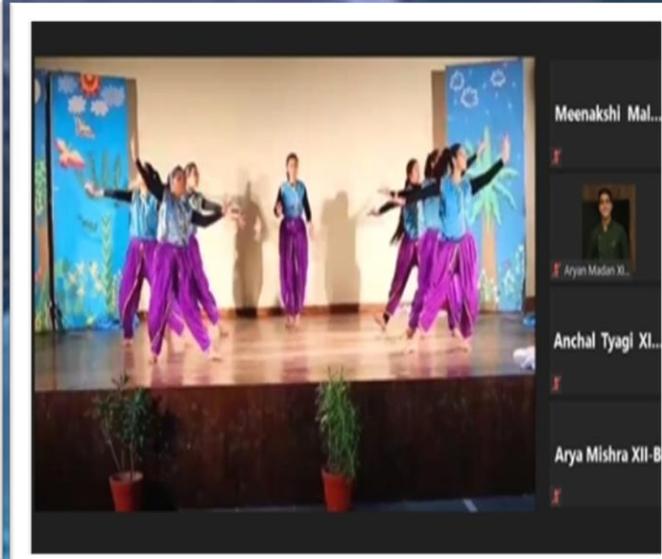
"Medicines cure diseases, but only doctors can cure patients." - Carl Jung

# VAN MAHOTSAV



**“Trees are poems that the earth writes upon the sky.”- Khalil Gibran**

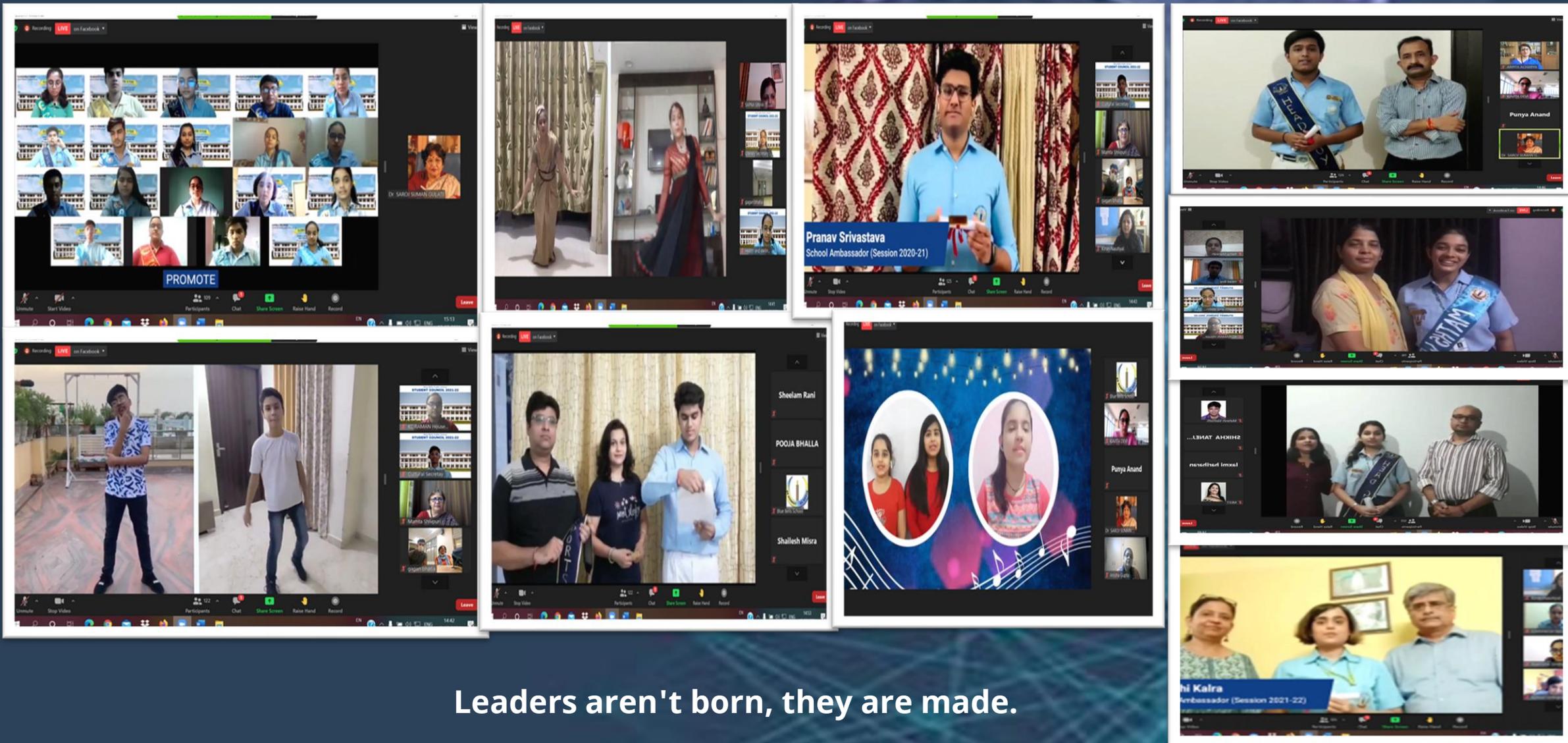
# CITATION CEREMONY- ADIEU BATCH 2020-21



Believe in the beauty of your dreams to create a vibrant destiny.



# INVESTTURE CEREMONY 2021-22: CARVING THE LEADERS OF TOMORROW



Leaders aren't born, they are made.

July 21, 2021

# INTERNATIONAL CHESS DAY



**“The strength of the team is each individual member. The strength of each member is the team.”**  
— Phil Jackson

# WORLD NATURE CONSERVATION DAY



Conservation of nature is our sacred duty . Arise , awake , stop not! Till we achieve the goal.

# GURU PURNIMA



Guru is an inspiration and aspiration.

# FRIENDSHIP DAY



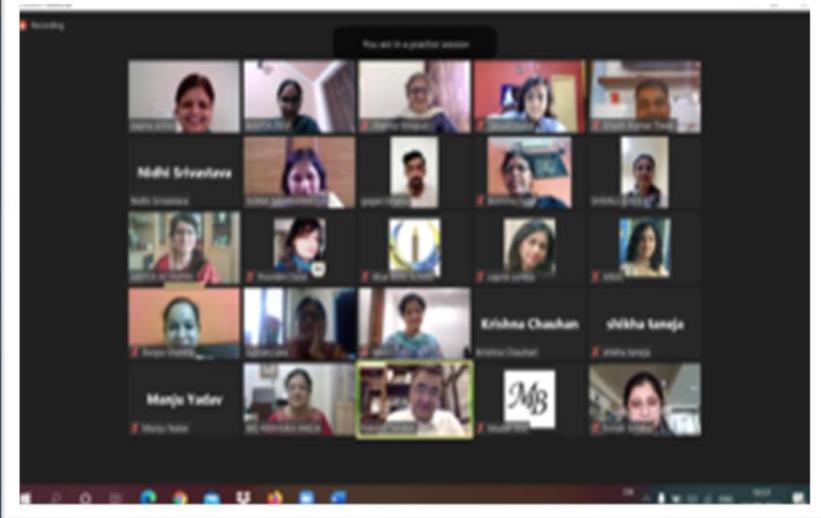
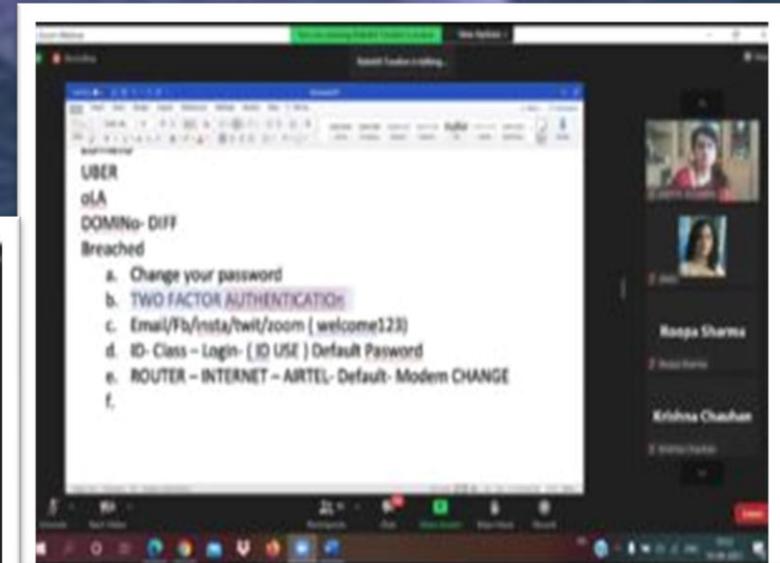
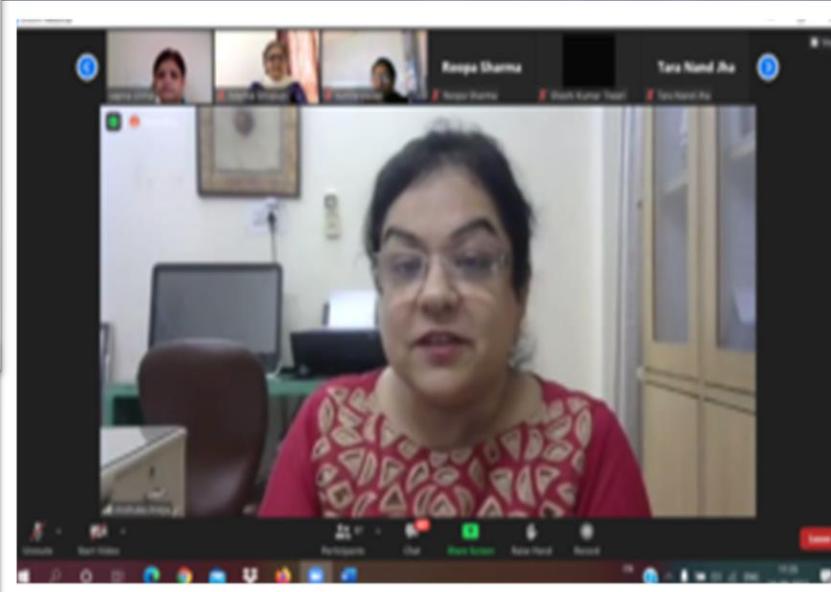
“A friend is someone who knows the song in your heart and can sing it back to you when you have forgotten the words.” – Shania Twain

# INVESTITURE CEREMONY - PRIMARY WING



Leadership is an art honed by grit and hard work.

# CYBER SAFETY WORKSHOP



Commitment for cyber smartness & safety.

# INDEPENDENCE DAY



One nation, one vision, one identity, meri jaan hai, yeh mera Hindustan hai!



### Regularity & Punctuality Session: 2020-21











Diya IA, Vatsal Mittal IA, Myra Yadav IA, Charu Sharma IA, Dhareesh Agarwal IA, Mahira Sarkar IA, Akshat Kaushik IA, Shatakshi Nigam IA, Chahat Yadav IA

### Regularity & Punctuality Session: 2020-21









Shlok Mehgal IIA, Chahak Makkar IIA, Tejus IIA, Tiya Sharma IIA, Harshpreet Singh IIA, Chaitanya Bhardwaj IIA, Akshita Chutani IIA

### Regularity & Punctuality Session: 2020-21








Chitransh Gupta IIB, Rishaank Yadav IIB, Shivangi IIB, Siddh Yadav IIB, Shreya Yadav IIB, Manvi Yadav IIB

### Academic Award Ceremony Session: 2020-21



Aanvi Sharma is affectionate with a pleasing disposition. She quickly understands the concept and retains the same. She has shown an exemplary academic performance.



### Regularity & Punctuality Session: 2020-21





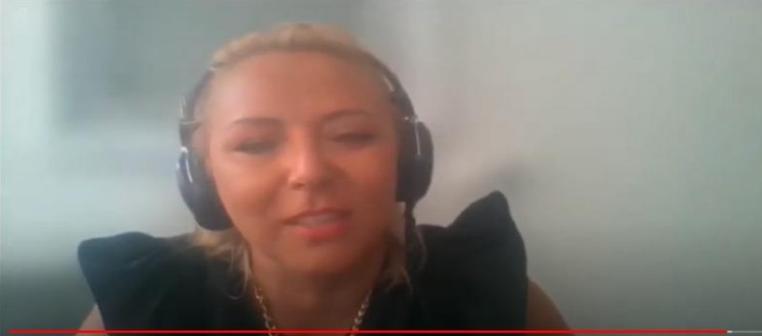



Saarya Bhalla Nursery Rose, Ayaan Dang LKG Tulip, Ayush Balodi LKG Tulip, Navika Chutani UKG Rose, Aanvi Sharma UKG Rose, Aarvi Yadav UKG Rose

### Academic Award Ceremony Session: 2020-21



Manvi Yadav is an inquisitive and a confident student. She has a logical mind and uses her time constructively. She has shown a stellar performance in academics.


“Success in life is for those who keep running and are always on the move.”  
— Bangambiki Habyarimana, Pearls of Eternity



# ACADEMIC AWARD CEREMONY FOR CLASSES III-V

**Academic Award Ceremony**  
Session: 2020-21



Shambhavi Agrawal is a polite and diligent student. She tackles new challenges eagerly with a positive attitude. She has shown an outstanding academic performance.



Academic Achiever  
Session 2020-21

**Academic Award Ceremony**  
Session: 2020-21



Naysha is a cordial and an amicable student. She has a logical mind and uses her time constructively.



Academic Achiever  
Session 2020-21

**Academic Award Ceremony**  
Session: 2020-21



Param Narula is a smart and confident student. He is an inquisitive learner and has good analytical skills. He has shown an outstanding academic performance.



Academic Achiever  
Session 2020-21



**Regularity & Punctuality**  
Session: 2020-21



Cheshta Gambhir  
V C



Kaavya Sharma  
V C



Dishita Sharma  
V C



Aahana Tiwari  
V C



Avneet Mishra  
V D



Academic Achiever  
Session 2020-21

**Regularity & Punctuality**  
Session: 2020-21



Vansh Kumar Yadav  
III A



Anshuman Routray  
III A



Academic Achiever  
Session 2020-21

**Academic Award Ceremony**  
Session: 2020-21



Samya Sharma is a cordial and an amicable student. She executes her duties well and is popular amongst her friends. She is an inquisitive learner and has good analytical skills. She has shown an outstanding academic performance.



Academic Achiever  
Session 2020-21

**Regularity & Punctuality**  
Session: 2020-21



Manya Gupta  
IV A



Jivansh Girdhar  
IV A



Chhavi Goel  
IV A



Gunjan Dhiman  
IV A



Soham Srivastava  
IV A



Shourya Khattar  
IV A

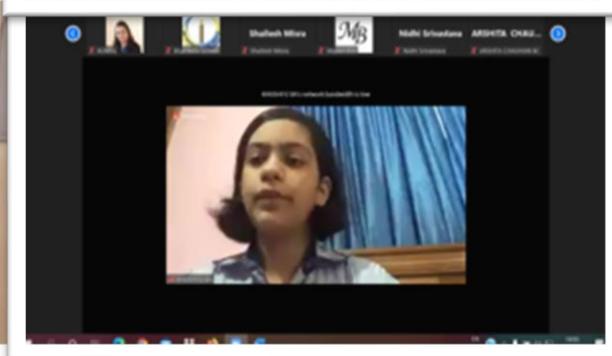
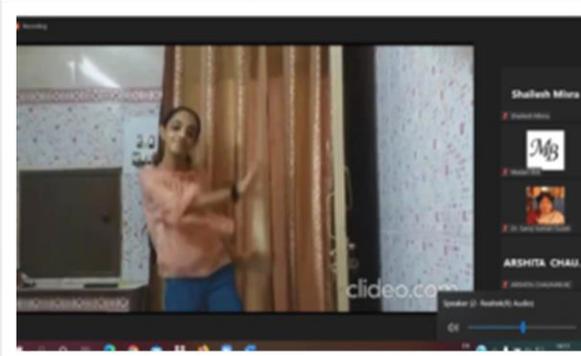
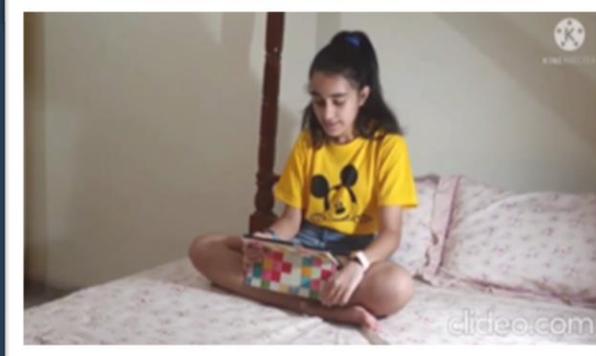
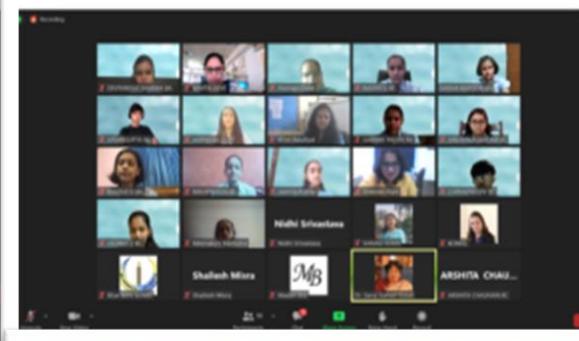


Academic Achiever  
Session 2020-21

**“Magic always happens when you direct your inner powers to the object you want to change.”  
— Bangambiki Habyarimana, Pearls of Eternity**

August 25 ,2021

# WORLD WATER WEEK BY GRADE VIII STUDENTS



Water is an elixir for life , let's us all work towards conserving this precious resource for the future generations.

# WEBINAR ON SKILL BASED LEARNING



Recording

You are connected to computer audio

## CHOOSE THE RIGHT DOOR

## TO SURVIVE

Kiran Nautiyal KAVITA DEVI ANJU

Shallesh Misra POOJA BHALL

Blue Bells School Shallesh Misra POOJA BHALLA

SHIVALI JOSHI Kiran Nautiyal sunita yadav

Madan Bist shalini gupta

### Use Logic

Logical thinking is involved in every step of coding. One must access all the given conditions carefully before taking the next step, otherwise, all the effort made so far goes into vain. Hence practicing coding helps all kids improve their logical skills.

In today's world, we have a surplus of data, and the demand for learning data science has never been greater. The students need to be provided a solid foundation on data science and technology for them to be industry ready.

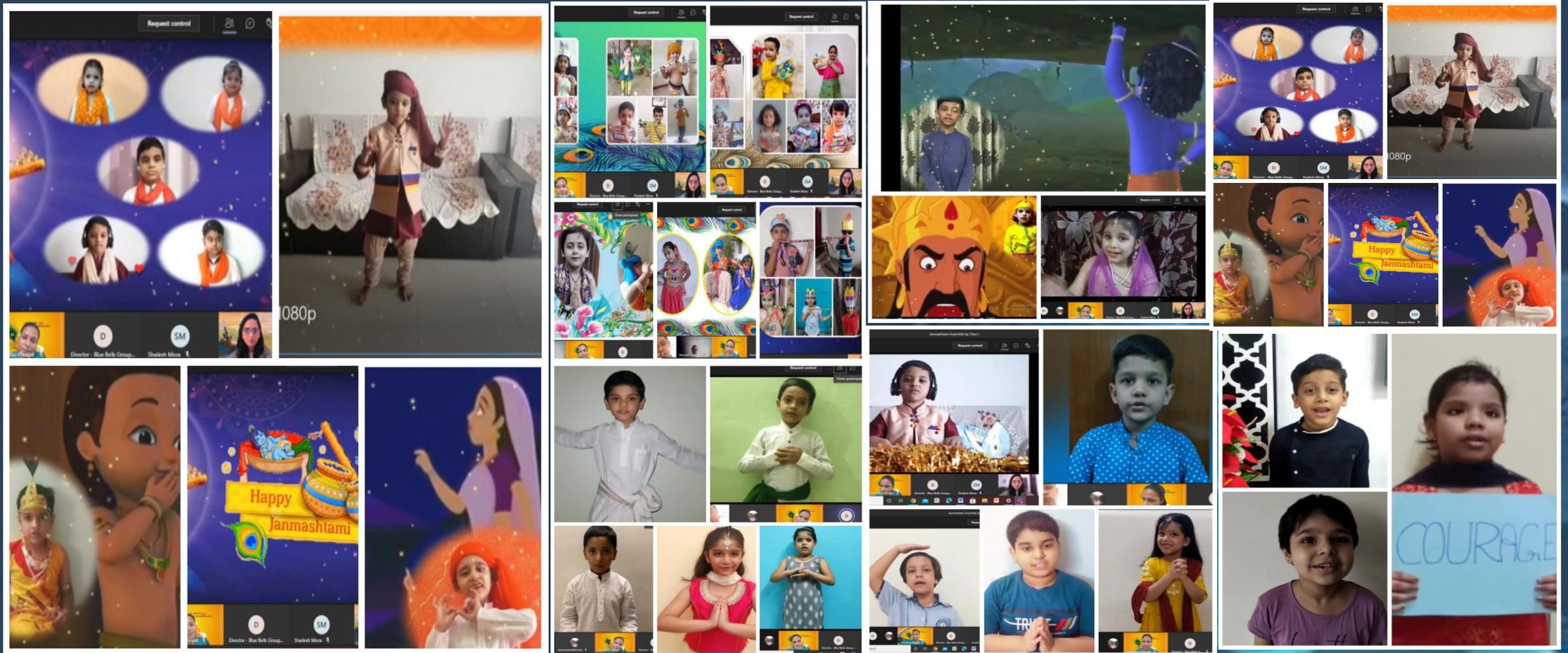
The objective of this program is to lay the foundation for Data Science, understanding how data is collected, analyzed and, how it can be used in solving problems and making decisions. It will cover several areas with data including data governance and builds foundation for AI based applications of data science.

Therefore, CBSE is introducing 'Data Science' as a skill module of 10 hours duration in class VIB and as a skill subject in classes IX- XII.

## DATA SCIENCE CLASS - VIII

Skill is the unified force of experience, intellect and passion.

# JANMASHTAMI



Festivals are occasions of great happiness and togetherness.



# INTRA-CLASS ECO-FRIENDLY FANCY DRESS COMPETITION (PRE-PRIMARY)



“Enthusiasm is excitement with inspiration, motivation, and a pinch of creativity.”~Bo Bennett

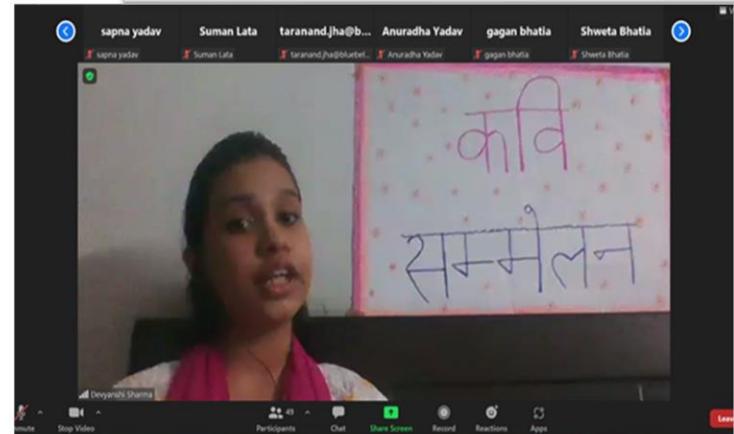
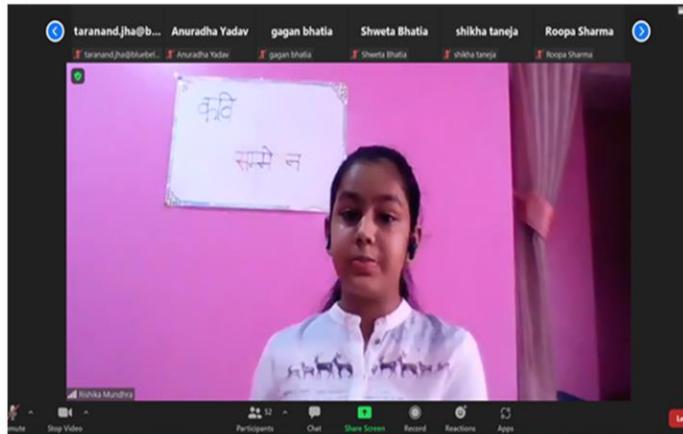
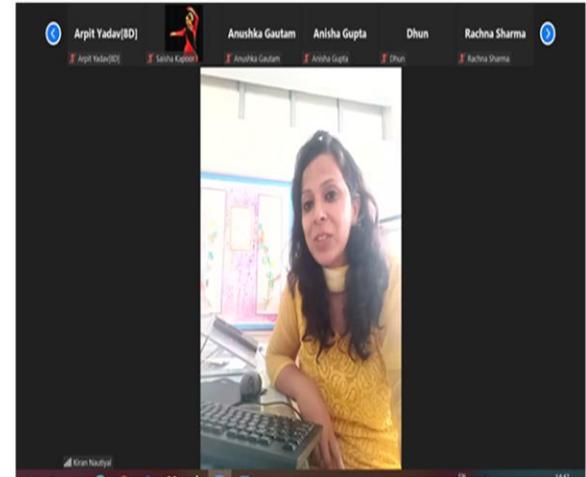
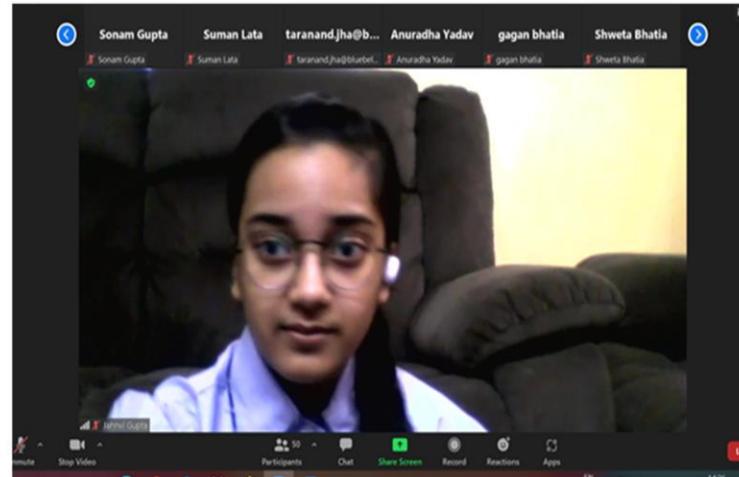


# INTER HOUSE DEBATE COMPETITION



**“It’s better to debate a question without settling it than to settle a question without debating it .”  
Joseph Joubert**





Poetry is the hidden language of the soul.

# INTER HOUSE DECLAMATION COMPETITION



Glimpses  
Students  
of  
Class II



Glimpses  
Students  
of  
Class V



Glimpses  
Students  
of  
Class IV



Feedback  
of  
Judges

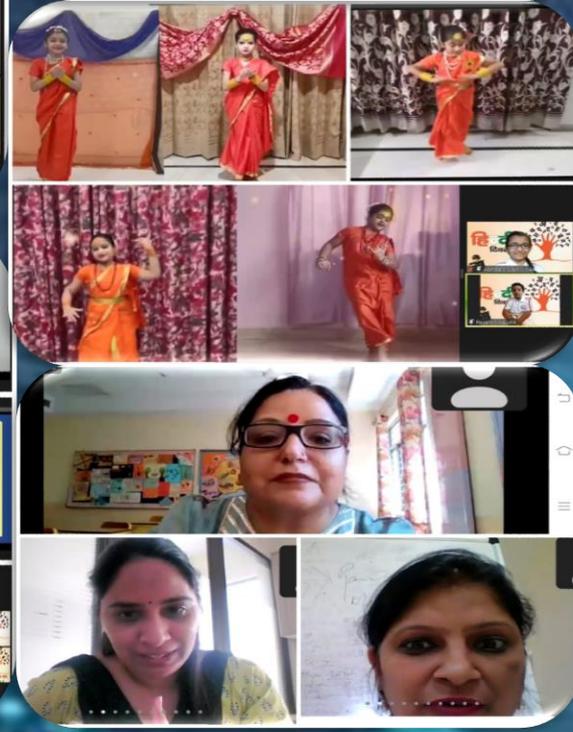
“Our words have creative power. With our words, we can speak blessings over our future.” - Joel Osteen

# GANESH CHATURTHI



Festivals are the crest of our culture and fill our life with eternal delight.

# HINDI DIWAS

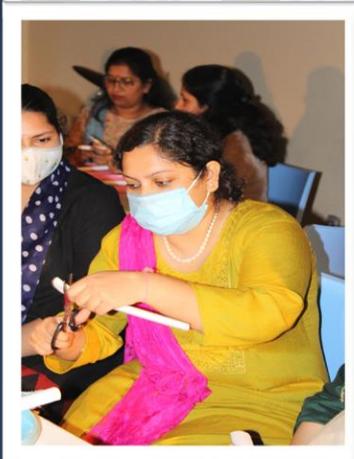


Language is the mirror of the society and the reflection of the soul.

September 15 , 2021

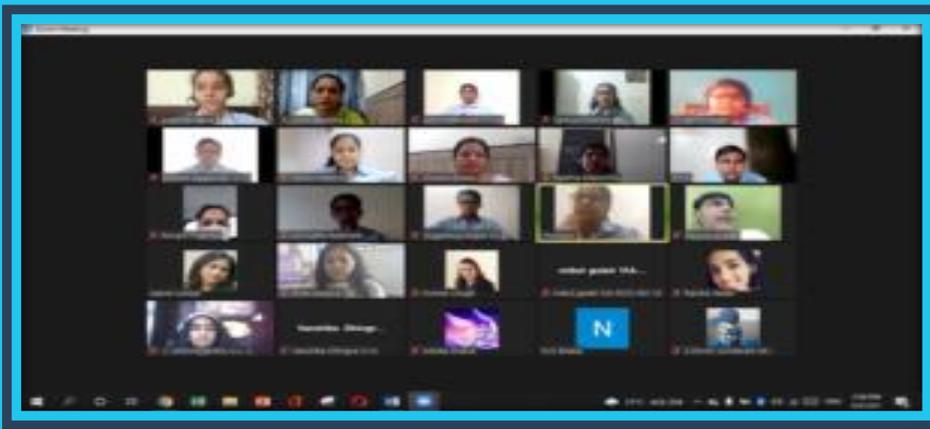
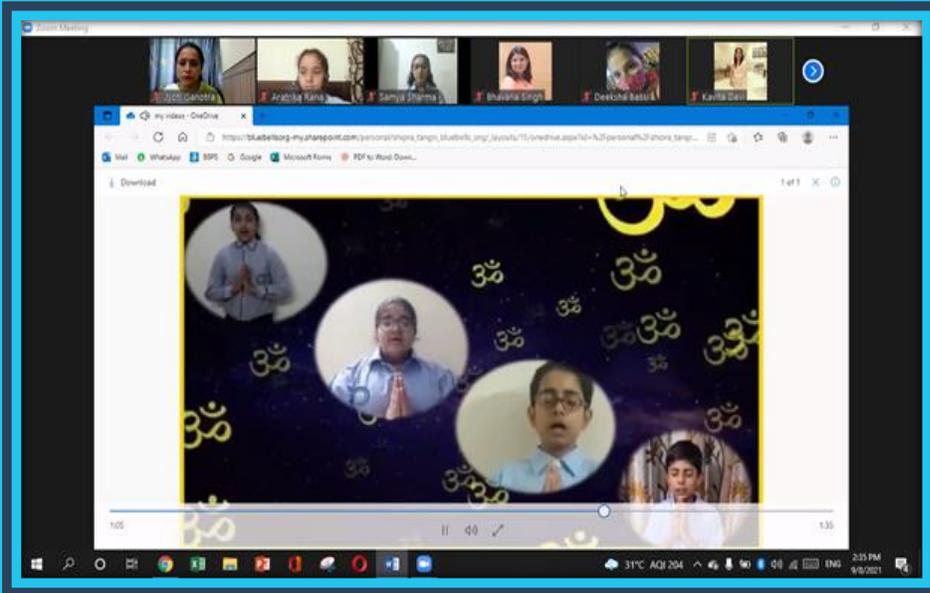


# TEACHER'S DAY : A DAY DEDICATED TO TEACHERS( SENIOR WING)



"They inspire you, they entertain you, and you end up learning a ton even when you don't know it."  
- Nicholas Sparks

# INTERNATIONAL LITERACY DAY



Education empowers you to move from the subject to the object and then abstract.

September 17 ,2021

# SPECIAL ASSEMBLY ON WORLD OZONE DAY



Ozone layer is like a blanket around the earth, protecting us all against the harmful ultraviolet rays of the sun



“So long as you do not take the broom and bucket in your hands, you cannot make your towns and cities clean”, - Mahatma Gandhi

# INTERNATIONAL PEACE DAY



“Every breath we take, every step we make, can be filled with peace, joy and serenity.”  
Thich Nhat Hanh

# WORLD TOURISM DAY



“Travelling – it leaves you speechless, then turns you into a storyteller.” – Ibn Battuta



# HEALTH & WELLNESS PROGRAMME



**Dr Alka Saxena, Deputy Director (Health & Wellness), Blue Bells Group of Schools structured the Health & Wellness Programme with the strong vision of equipping the students with knowledge and awareness of their Health and Wellbeing thus ensuring a strong foundation of their childhood. Over the years, she has groomed a full-fledged team of Doctors, Nurses, Counsellors and Life Skill Facilitators to carry forward her vision of empowering students.**

**Along with the new challenges and opportunities emerging in the current situation as hybrid learning, it was also necessary to cater to the socio emotional needs of the students. The Health & Wellness Programme of the school has been striving continuously to help students adapt to the changing scenario and meet everyday challenges successfully.**

**The Health & Wellness Resource Center, a unique initiative, was established in the year 2015 by Dr. Saxena, with the sole aim of catering to the needs and demands of Blue Bells Group of Schools as well as other schools. The main focus of the Resource Center is to create modules, workshops and policies for the students, teachers and parents after a meticulous and extensive research. The Health & Wellness Resource Center team is headed by Dr. Alka Saxena and comprises of Ms. Renu Khare and Ms. Shreya Kumar, (Counsellors and Content Developers) along with Ms. Priyanka Chaturvedi, Ms Sapna Sinha (Value Education /Life Skills Facilitators and Content Developers) and Ms. Premlata Yadav (Office Executive, Health & Wellness). Under the aegis of the Health & Wellness Programme, the Resource Center team plans and conducts various Sessions, Workshops and Modules for the students, teachers and parents after a meticulous and extensive research.**



# WORKSHOP ON INTRODUCTION TO MINDFULNESS : GYM FOR BRAIN



Dr. Alka Saxena, Deputy Director, Blue Bells Group of Schools took up the initiative to organize a workshop on “Introduction to Mindfulness” for the students of the age group 5 to 10 years. The workshop was conducted by Mind On, under the aegis of Circle of Life, on June 5, 2021. The Resource person, Dr. Soamya Arora, a well-known Consultant Psychologist at Circle of Life, India, shared some effective tools that

can help students to discover engaging and enjoyable ways to practice mindfulness. The aim of the workshop was to help students to stay focused, manage stress and deal with emotions effectively .

The poster is for a live workshop. At the top left, it says 'Live Workshop' in a red box. The title 'Introduction to Mindfulness' is in large red letters, with 'Gym For Brain' in blue below it. A small cartoon character is next to 'Gym For Brain'. On the right, there is a circular portrait of Dr. Soamya Arora, a woman with long dark hair, wearing a blue patterned top. Below her name, it says 'Consultant Psychologist, MindOn' and 'Core Member, Delhi Happiness Curriculum'. To the left of the portrait, there are three icons: a calendar, a person's head, and a document with a pencil. The date and time are '5<sup>th</sup> JUNE, SATURDAY 4:00 - 5:00 PM'. The age group is '5 - 10 yr'. Below that, it says 'Enroll Your Child' with a red button that says 'Register now'. At the bottom, there is a red bar with the website 'www.mindon.in', social media icons for Facebook and Instagram, and the contact number '788899423 8800116691'.

## DOCTOR'S DAY

Doctor's Day is celebrated every year on 1st July. This year too, the school celebrated it with enthusiasm. The assembly was graced by the august presence of Dr. Saroj Suman Gulati, esteemed Director, BBGS and Dr. Alka Saxena, Deputy Director (Health & Wellness) BBGS. Dr. Rohit Arora, an eminent Orthopaedic Surgeon, also a member of the parent fraternity of our school was the Guest Speaker along with Dr. Vinita Yadav, an Alumna of BBPS. Dr Saxena spoke about the importance of taking care of one's mental health, along with physical health. She emphasised on the practice of Mindfulness to be aware of our thoughts and feelings. Dr. Rohit spoke about the Covid situation and on the importance of vaccination. The students presented a well-orchestrated cultural activity to highlight the importance of doctors in our society. Dr. Vinita Yadav, our Alumna also stressed on the importance of following the Covid protocol. Speaking on the occasion, Director ma'am praised the work done by the medical fraternity during the pandemic and encouraged everyone to keep faith in their ability to bring our nation out of these turbulent times.



SAYESHA NAVYA SHAR... MEENAKSHI... ARPITA ACHARYA... Lazmi Harthar...

isra's screen

We've seen your light shine through.

isra's screen

HAPPY DOCTORS DAY

ya yadav

isra's screen

SAYESHA NAVYA SHAR... Dr. Alka Saxena Vinita yadav

isra's screen

# TEACHER EMPOWERMENT PROGRAMME



## Advanced Teacher Training Programme

### Category 1- Recap Session

Health & Wellness Resource Center, Blue Bells Group of Schools



## Group 2 Presentation

**Topic:** Self-Regulation

**Methodology:** Role Play & Discussion

**Incredibles:**

Ms. Supriya Arora	Ms. Ekta Sharma
Ms. Jyoti Ganotra	Mr. Mihi Bhatt
Ms. Prema Karkhanis	



Health & Wellness Resource Center, Blue Bells Group of Schools

Dr Alka Saxena, Ms. Prenlata..., Ms. Sunita Yad..., Ms. Sonia Me..., Mr. Mihi datt B..., Ms. Komal Ch..., Ms. Ruchi Mangla, Ms. Renu Khare, Mr. Santosh T..., Ms. Shuchi Jain, Ms. Jyoti Gano..., Ms. Lakshmi Har..., HB&W Resourc..., Ms. Prema Ka..., Ms. Supriti Sw..., Ms. Shreya Ku..., Ms. Nidhi Kau..., Ms. Alka Sood, Ms. Mamta Sh..., Ms. Shweta G..., Ms. Ritu Raj, Ms. Annamma..., Ms. Neelam K..., Ms. Supriya Ar...

# ADVANCED TEACHER TRAINING PROGRAMME

## CATEGORY 1-'EMPOWERING SELF' RECAP SESSION

Advance Teacher Training Programme is an in-service training programme formulated by the Health & Wellness Resource Center Team under the inspirational guidance of Dr. Alka Saxena, Deputy Director (Health & Wellness), BBGS. The first category (Empowering Self) a 4-day programme was conducted from 30th March to 2nd April 2021 for the teachers and staff of BBGS.

Self- work and Self-learning is the most effective tool which helps one feel inspired and motivated . In sync with this, a 1-day recap session on the first Category (Empowering Self) was conducted on 18th June 2021, wherein the participants shared their learning experience.

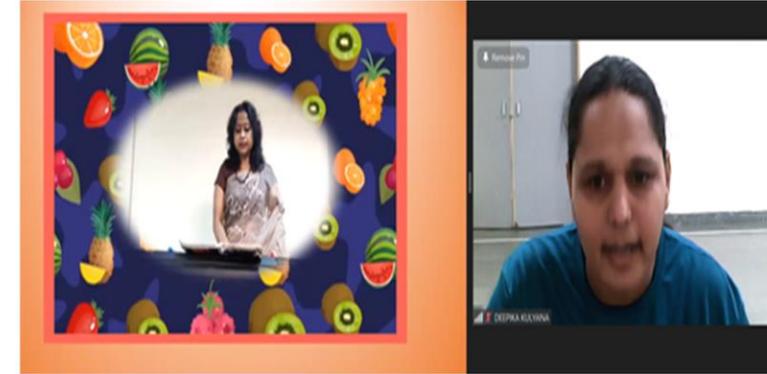
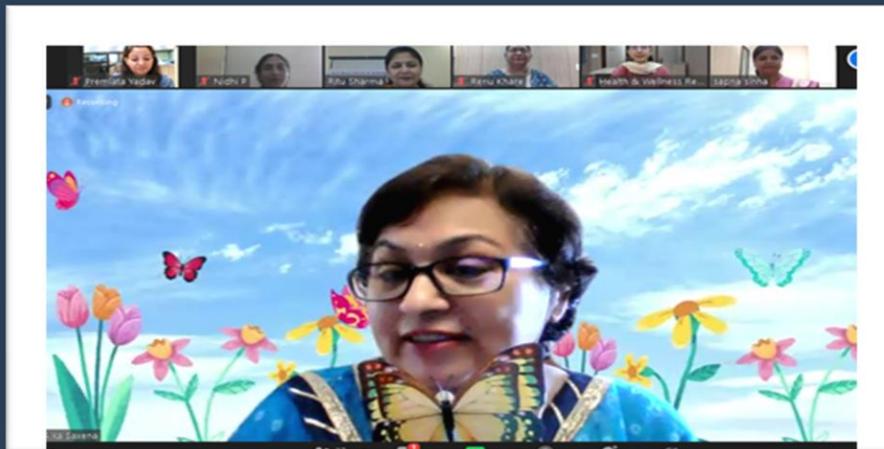
The Session was engaging and 32 Incredibles took part with full enthusiasm and presented their understanding about different topics. The presentations were made and executed in a very innovative and engaging way by using different methodologies like dance drama, talk show, and role play etc.

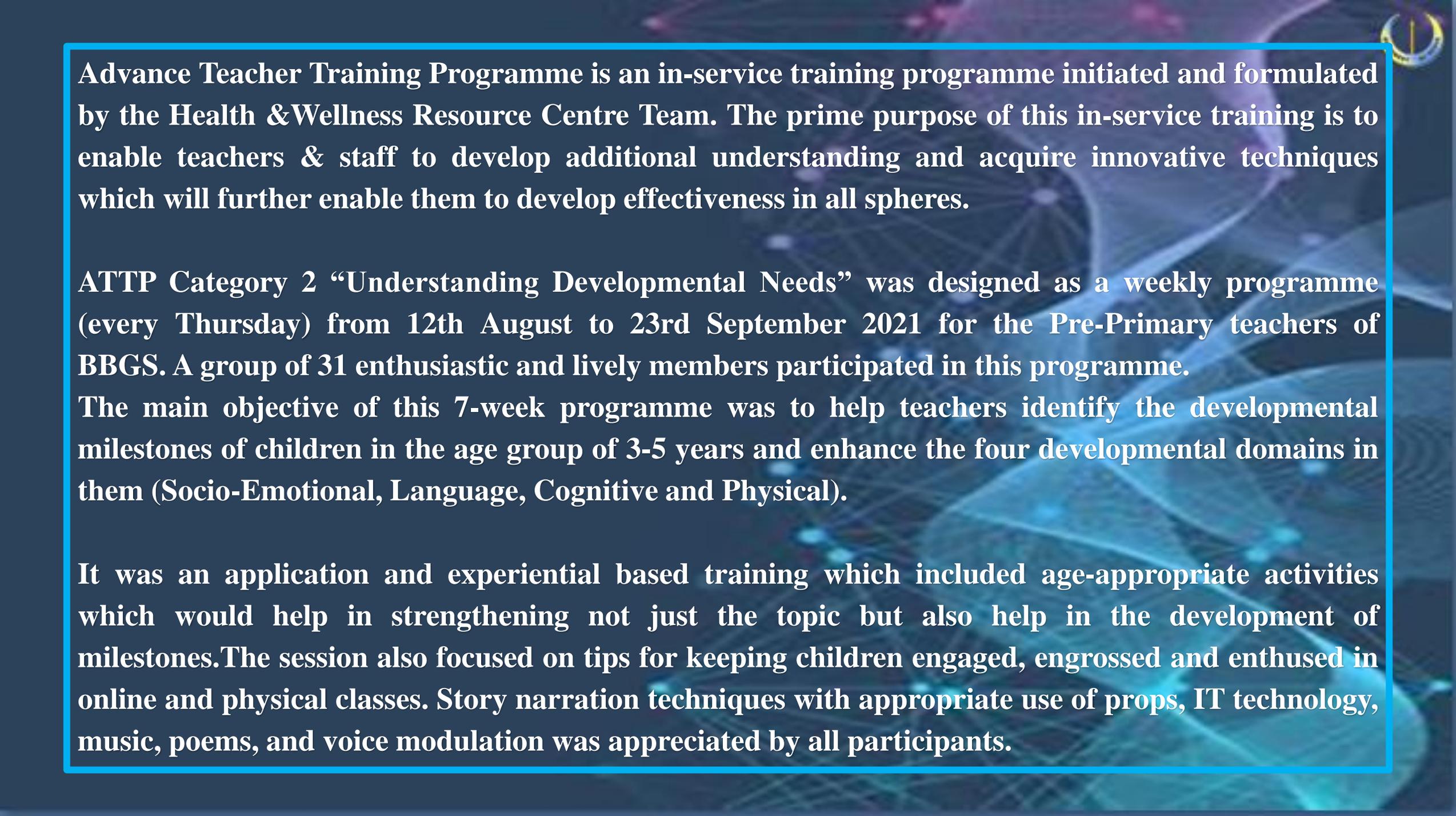
Glimpses into the four-day Advance Teacher Training Programme was showcased beautifully through a presentation followed by a powerful poem on self-knowledge by Kahlil Gibran. The glimpses depicted new insights and abilities of each incredible as they felt more informed and inspired after using their strengths at work, and their confidence.

The session ended with a famous quote by Antonio Machado saying that for a “traveller there is no path, the path must be forged as you walk”



# ADVANCED TEACHER TRAINING PROGRAMME, CATEGORY 2- 'UNDERSTANDING DEVELOPMENTAL NEEDS'





**Advance Teacher Training Programme is an in-service training programme initiated and formulated by the Health & Wellness Resource Centre Team. The prime purpose of this in-service training is to enable teachers & staff to develop additional understanding and acquire innovative techniques which will further enable them to develop effectiveness in all spheres.**

**ATTP Category 2 “Understanding Developmental Needs” was designed as a weekly programme (every Thursday) from 12th August to 23rd September 2021 for the Pre-Primary teachers of BBGS. A group of 31 enthusiastic and lively members participated in this programme.**

**The main objective of this 7-week programme was to help teachers identify the developmental milestones of children in the age group of 3-5 years and enhance the four developmental domains in them (Socio-Emotional, Language, Cognitive and Physical).**

**It was an application and experiential based training which included age-appropriate activities which would help in strengthening not just the topic but also help in the development of milestones. The session also focused on tips for keeping children engaged, engrossed and enthused in online and physical classes. Story narration techniques with appropriate use of props, IT technology, music, poems, and voice modulation was appreciated by all participants.**

# INDIGENOUS INITIATIVES OF HEALTH & WELLNESS PROGRAMME

## SPREADING AWARENESS THROUGH SOCIAL MEDIA POSTS

### ‘HEALTHY HABITS FOR THE SUMMER’

With the aim of churning out responsible citizens and spreading mass awareness, the Health & Wellness team shared important tips on staying safe and developing healthy habits during summer season. The purpose was to sensitize them about remaining diligent in adopting a healthy lifestyle like wearing cotton clothes, maintaining proper hygiene, and staying hydrated.



# '6 DIMENSIONS OF WELLNESS WHEEL'

The Health and Wellness Programme believes that wellness is holistic and requires efforts in all aspects. In sync with this, Wellness Wheel, encompassing six dimensions that are all interconnected and equally contribute to a well-rounded and balanced lifestyle, was showcased.

The objective behind sharing the dimensions was to sensitize about wellness is a holistic growth, which includes Physical health and other aspects of life like Social, Emotional, Intellectual, Occupational and Spiritual.



# MONSOON CARE TIPS

Monsoon is a period of joy, relief and pleasantness but also brings with it fungal and other infections. To encourage our students to follow a hygienic routine during the rainy season, the Health & Wellness Team shared some important tips about a safe and healthy lifestyle. The main motive was to sensitize students about importance of clean surroundings, use of mosquito repellent, consuming home cooked food and fresh seasonal fruits.



# THE DECA QUEST : AN ONLINE RENDEZVOUS



Dr. Alka Saxena was invited for THE DECA QUEST organized by Ignited Mindz Innoventures wherein the best thought leaders from the Education sector shared their views about education post pandemic. Dr. Saxena discussed the physical and mental health problems faced by children post pandemic, importance of Life-Skills in school curriculum, making learning a joyful experience for children. She discussed in depth about the Health & Wellness Programme of the school and about 'STEAM'.

In the end she advised everyone to follow the COVID protocols diligently as it would take some time for everything to return to normalcy.

IGNITED MINDZ INNOVENTURES PRESENTS

## THE DECA QUEST

TEN QUESTIONS | THE JOURNEY | THE MISSION | THE VISION



GUEST SPEAKER

DR ALKA SAXENA

DEPUTY DIRECTOR

BLUE BELLS GROUP OF SCHOOLS

HEALTH AND WELLNESS COACH



HOST

MS. MALSHREE KALLA

EDUPRENEUR, MICROBIOLOGIST

CO FOUNDER, IGNITED MINDZ

STEAM INNOVATOR



# ONLINE INTERNSHIP PROGRAMME - 'BUILDING LEADERS FOR LIFESKILLS'

A 3 Week Online Internship Programme - 'Building Leaders for Life Skills' was organized for students of classes IX-XII under the aegis of Health and Wellness Programme from June 4th to June 28th 2021. The programme was conducted by Anon Global Foundation, Pan India with the motive to foster the development of life skills among the students, and help qualities like perseverance, leadership, resilience and communication thrive in them. The internship programme also had an eminent jury, and the members of the jury gave their guidance and support to all the participating students. Our students received awards and Certificates during the Internship programme. The internship was truly a phase of mental development, learning and constructive effort.



# STUDENT ONLINE PROGRAMME

## GRATITUDE : DISCOVERING THE NEW ME

**Our students participated in the Gratitude: Discovering the New Me organized by Anon Global Foundation, Pan India for students of classes VI-VIII under the aegis of Health and Wellness Programme on September 21, 2021. The motive was to foster the development of life skills among the students and promote acts of kindness in them. The students shared their experiences through the topics, 'Pandemic: The New Me' & 'Random Acts of Kindness'. They were judged by a panel of renowned jury members. All the participants were provided E-Certificates by the Foundation.**



# PLASTIC FREE JULY 2021

## BE A PART OF THE SOLUTION TO PLASTIC POLLUTION

Dr. Saxena initiated Plastic Free July 2021 which is a global initiative to encourage millions of people to reduce their plastic waste and be a part of the solution to plastic pollution. Aditya Mukarji, a youth Environmentalist, founder of '*The Alternatives-Refuse If You Cannot Reuse*' from Gurugram took up the initiative to raise awareness about making our earth plastic free by providing resources and ideas to reduce single-use plastic waste everyday.

In order to create social awareness about the harmful effects of plastic, the team encouraged students to be a part of this mission which included-

- Refuse minimum 3 Single Use Plastic (SUP) in daily life.
- Influence 5 people in family and friends to refuse minimum 3(SUP)
- Collect all the plastic waste from their homes and their neighbors' house for recycling.

Three students of our School, Priyansh Yadav (IA), Jivansh Girdhar(VA), and Satyapran Chopra (VIIC) put in their conscious effort towards helping the environment sustain its balance. They were awarded certificate of appreciation for their commitment towards creating a plastic free environment. The mission opened vistas to work towards the vision of seeing a world free of plastic waste. This mission will encourage each one of us to responsibly contribute towards creating a better environment.



### CERTIFICATE OF APPRECIATION

THIS IS PRESENTED TO

# Priyansh Yadav

for participating in #PlasticFreeJuly, a global initiative that encourages people to reduce their plastic waste and be a part of the solution to plastic pollution.

## Plastic Free July 2021



*Aditya Mukarji*

ADITYA MUKARJI  
Youth Environmentalist  
Founder: The Alternatives  
#RefuseIfYouCannotReuse



### CERTIFICATE OF APPRECIATION

THIS IS PRESENTED TO

# Jivansh Girdhar

for participating in #PlasticFreeJuly, a global initiative that encourages people to reduce their plastic waste and be a part of the solution to plastic pollution.



## Plastic Free July 2021



*Aditya Mukarji*

ADITYA MUKARJI  
Youth Environmentalist  
Founder: The Alternatives  
#RefuseIfYouCannotReuse



### CERTIFICATE OF APPRECIATION

THIS IS PRESENTED TO

# Satyapran Chopra

for participating in #PlasticFreeJuly, a global initiative that encourages people to reduce their plastic waste and be a part of the solution to plastic pollution.



## Plastic Free July 2021



*Aditya Mukarji*

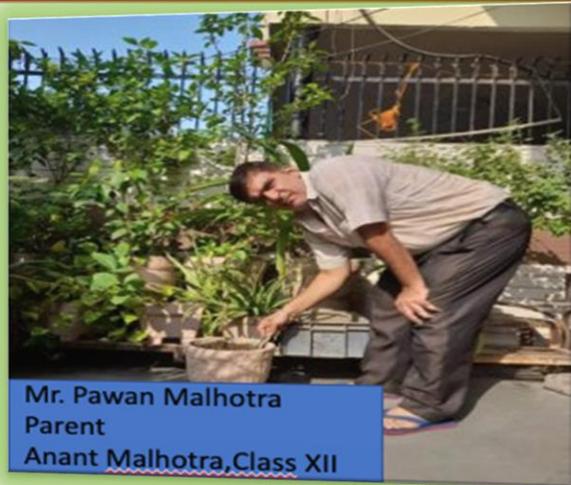
ADITYA MUKARJI  
Youth Environmentalist  
Founder: The Alternatives  
#RefuseIfYouCannotReuse



# KINDNESS MATTERS CAMPAIGN

With the objective of inculcating values and life skills among students, Kindness Matters Campaign was conducted as a part of Peer Educators Programme, under the aegis of Health & Wellness Pro-gramme, Blue Bells Group of Schools. The School collaborated with UNESCO MGIEP for their #KindnessMatters Global Campaign, with an aim to create a positive culture of kindness and to strengthen empathy and compassion across the learning environments of students. The campaign saw participation from 107 schools across India.

The Peer Educators of Blue Bells Public School conducted this campaign from July 2021 to September 2021 with students, teachers and parents of the school. The campaign was carried out by the Health & Wellness Ambassador, Lipika Dudeja, along with senior school peer educators and students of the school. They collected kindness stories and pictures through google forms. There was an active participation from all age groups. The names of the participating schools have featured on the official website of the UNMGIEP. These stories will add to the youth voices that are collectively working towards mobilising an International Day of Kindness later in the year.



Mr. Pawan Malhotra  
Parent  
Anant Malhotra, Class XII



Chirag Yadav  
Class VIII



Ishanvi Gupta  
Class VIII

# Kindness Matters



Lipika Dudeja  
Class XII



Riya Yadav  
Class XII

#BeKind



Dear All

In the words of Ex. President and Missile Man of India, Dr. A.P. J. Abdul Kalam,

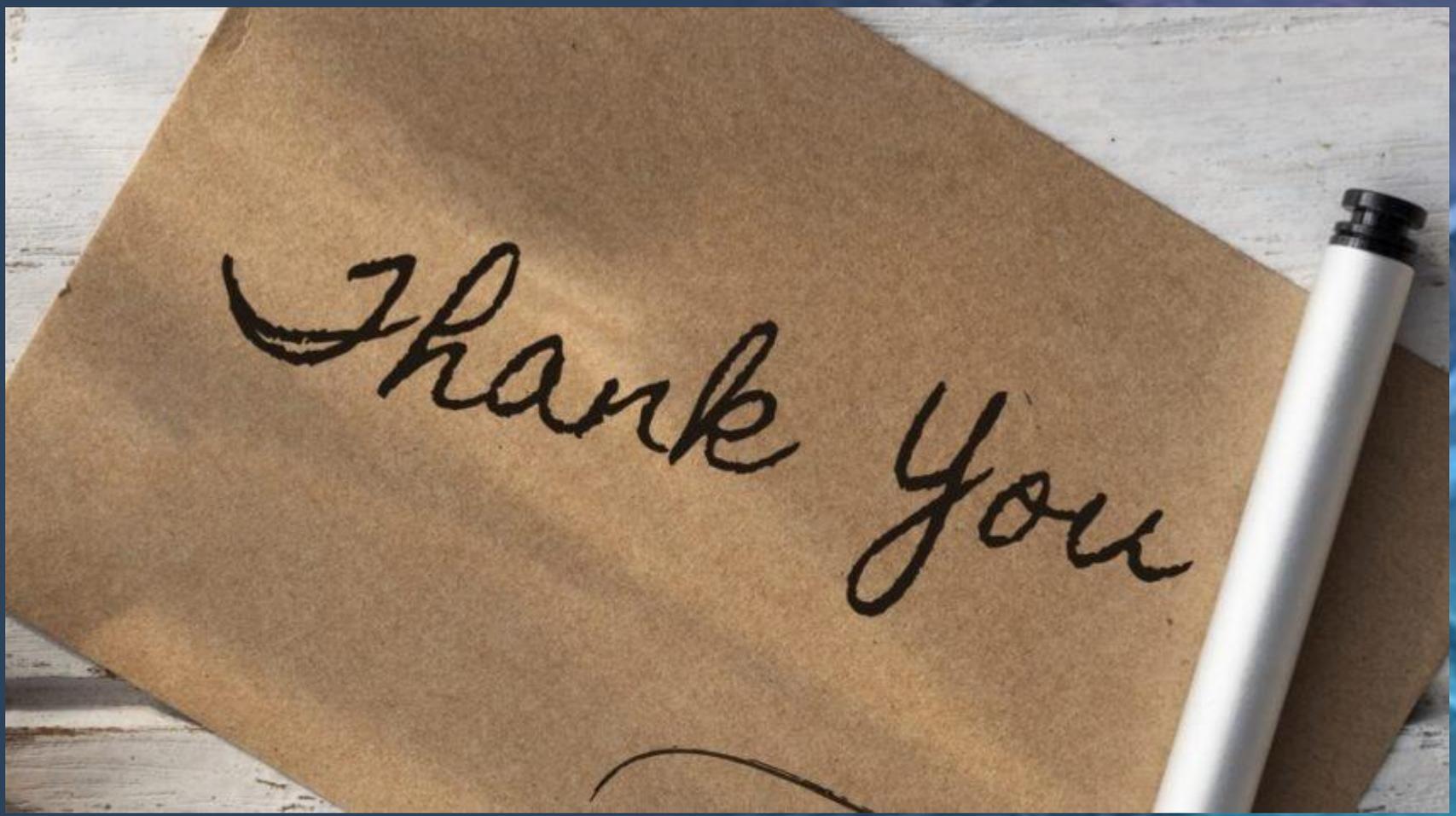
“When you wish upon a star, makes no difference who you are,  
anything your heart desires, will come true.”

Our dear readers, with your strong pulsating desire and inherent uniqueness,  
may you move untrammelled on the path of glory with conviction and  
commitment.

Wishing everyone a pleasurable treat down the memory lane!

Stay Tuned and Stay Blessed.

Warm Regards  
Editorial Team  
Blue Bells Public School



Thank You